

Life Information News KOMAKI

9
2026

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Aichi Prefectural Komaki Junior High School (Evening School) will hold an information session

In April 2026, Aichi Prefectural Komaki Junior High School (Evening School) opened inside Komaki High School. We will hold an information session for students interested in enrolling at Komaki Junior High School and their families. Relatives and guardians are also welcome to attend.

Date/time Sep 18 (Fri) from 18:00 (Reception from 17:30)

Venue Komaki Junior High School (inside Komaki High School)

Contents School information, classroom observation, and individual consultation (for those who wish to participate) Register for the information session by scanning the 2D code on the right by **Sep 11 (Fri)**.

Apply to participate with this 2D code



Information is available in multiple languages on the [Aichi Prefectural Komaki Junior High School website](https://komaki-njh.aichi-c.ed.jp/cms/) (https://komaki-njh.aichi-c.ed.jp/cms/).



Inquiries Aichi Prefectural Komaki Junior High School (in Komaki High School) TEL.0568-77-1231 (ext. 4)

The rules regarding vehicle speed limit will be reduced to maximum 30 km/h from Sep 1

Applies to these roads:

Roads used by local residents in their daily lives

Roads where you can drive at 60 kilometers per hour, just as before

- Roads with a center line or vehicle lanes
- Roads that are separated with barriers, etc.
- Highways
- Vehicle only roads

Details



From Sep 1, the speed limit will be reduced to 30 km/h.

We ask you ...

If there is a speed limit sign on the road, please obey the speed limit indicated on it. Also, on rainy days or in crowded areas, drive slowly and safely.

Inquiries Civic Safety Division TEL.0568-76-1137

Mother/Child Health Examination Calendar

Type	Date	Venue	Reception Hours	Eligibility/Description/Application/etc.
Health examinations for 4-month-old infants, dental examinations for mothers	Sep 1 (Tue)	Health Center	13:05 to 13:55	Born Apr 21 to 30, 2026
	Sep 8 (Tue)			Born May 1 to 10, 2026
	Sep 15 (Tue)			Born May 11 to 20, 2026
Health examinations for 18-month-old infants	Sep 4 (Fri)	Health Center	13:05 to 14:15	Born Mar 1 to 10, 2025
	Sep 11 (Fri)			Born Mar 11 to 20, 2025
	Sep 18 (Fri)			Born Mar 21 to 31, 2025
Dental examinations for children aged 2 years, 3 months	Sep 3 (Thu)	Health Center	9:00 to 10:10	Born Jun 1 to 15, 2024
	Sep 17 (Thu)			Born Jun 16 to 30, 2024
Health examinations for 3-year-old children	Sep 2 (Wed)	Health Center	13:05 to 14:15	Born Sep 1 to 10, 2023
	Sep 9 (Wed)			Born Sep 11 to 20, 2023
	Sep 16 (Wed)			Born Sep 21 to 30, 2023
Health examinations for 5-year-old children	Sep 3 (Thu)	Health Center	13:00 to 14:15	Born Sep 1 to 10, 2021
	Sep 10 (Thu)			Born Sep 11 to 20, 2021
	Sep 24 (Thu)			Born Sep 21 to 30, 2021

*We will send a letter in advance to relevant persons. Please check the letter for detailed reception hours.

*Don't forget to bring your Maternal and Child Health Handbook and a bath towel.

*Please be sure to attend your health checkup. If you are unable to attend for some reason, contact the Health Center.

Baby food class (Initial Gokkun (swallowing) class)	Sep 2 (Wed)	Health Center	10:00 to 11:00	●Eligibility: Guardians of children 4 months or older. Babies can participate too. ●What to bring: Maternal and Child Health Handbook, bath towel, tea and writing utensils. ●Fee: 0 yen ●Application: Health Center	Reservation required
Baby food class (Later kami-kami (biting) class)	Sep 18 (Fri)	Health Center	10:00 to 11:00	●Eligibility: Guardians of children 9 months or older. Babies can participate too. ●What to bring: Maternal and Child Health Handbook, bath towel, tea and writing utensils. ●Fee: 0 yen ●Application: Health Center	Reservation required
Niko-niko cavity prevention class	Sep 28 (Mon)	Health Center	10:00 to 11:30	●Eligibility: Nursing children (especially about one-year-old) ●Content: Consultation regarding worries/concerns about brushing teeth or teeth alignment ●What to bring: Maternal and Child Health Handbook, toothbrush and bath towel ●Fee: 0 yen ●Applications: Health Center	Reservation required
Provision of Maternal and Child Health Handbook	Reservation Form 			●Content: Public health nurse or the midwife will hand out the Maternal and Child Health Handbook. Please feel free to consult with us about any worries or concerns you may have during pregnancy. ●Location: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) ●What to bring: Pregnancy notification or medical certificate, Zairyu Card, My Number Card and bank book in the name of the pregnant person ●Application: Make a reservation using the 2D code	Reservation required
Nursing counseling	Reservation Form 			●Description: Nursing and parenting consultation including breastfeeding ●Location: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) ●Fee: 0 yen ●Application: Make a reservation using the 2D code	Reservation required
Low-weight Infant Notice	Apply using the 2D code if your child's birth weight is under 2,500g. ●Send to: Kosodate Sedai Houkatsu Shien Center				
1st Birthday Celebration	About 10 months after birth, we will send a questionnaire to the baby's home. You can receive a gift by sending in the questionnaire. ●Place to submit: Kosodate Sedai Hokatsu Shien Center (Lapio 3F) or Jidokan in Komaki City.				

For more information, see the numbers on the right.

Inquiries

Health Center TEL.0568-75-6471 FAX.0568-75-8545
Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor)
TEL.0568-71-8611 FAX.0568-71-8612

Information about examinations for adults

▼ Cancer screening

	Type	Schedule	Venue	Eligibility/Fees/Application/etc.
Group screening	Screening test for colorectal cancer (Testing of the stool for occult blood)	Dec 9 (Wed) AM	Health Center	● Eligibility: 30 years old and over ● Fee: 500 yen
	Cervical cancer screening (cervix only)	Dec 21 (Mon) AM	Health Center	● Eligibility: 20 years old and over Persons who fall under one of the ★ in the chart below ● Fee: 1,000 yen
	Screening test for breast cancer (Mammography screening)	Dec 21 (Mon)	Health Center	● Eligibility: 40 years old and over Persons who fall under one of the ★ in the chart below ● Fee: 1,000 yen
	Breast cancer (Ultrasound)	Dec 9 (Wed) AM	Health Center	● Eligibility: 30 to 39 years old ● Fee: 1,000 yen
Individual examination (medical facility)	Individual cervical cancer screening (gynecological, visual and cytological screening)	● Consultation period Until Mar 31 (Wed) 2027	Ob/ Gyn clinic in Komaki City	● Eligibility: 20 years old and over who fall under one of the ★ in the chart below ● Fee: cervical cancer screening: 1000 yen Cervical/body cancer screening: 2,000 yen *Body cancer examination is only for people determined to require the examination by the physician ● Applications: Persons who fall under ★ ① to ③ in the chart below: Ob/Gyn clinic in Komaki City Persons who fall under ★ ④ in the chart below: Please contact the Health Center in advance.
	Individual screening test for breast cancer (Mammography screening)		Komaki Daiichi Hospital/ Miwa Lady's Clinic	● Eligibility: 40 years old and over who fall under one of the ★ in the chart below ● Fee: 1,500 yen ● Applications: Persons who fall under ★ ① to ③ in the chart below: Komaki Daiichi Hospital (TEL 0568-71-4390), Miwa Lady's Clinic (TEL 0568-76-2603) - Persons who fall under ★ ④ in the chart below: Please contact the Health Center in advance.
	Stomach cancer screening Colorectal cancer screening Lung cancer screening Prostate cancer screening Hepatitis screening	● Consultation period Until Feb 14 (Sun) 2027	Participating local medical institution	● Contact the designated local medical facility directly to make a reservation. 

[Regarding breast cancer (Mammography) screening] Screening performed once every two years.

★ Eligibility	① Persons that have received a free coupon	② Born on Jan 7, 1989 and odd numbered years before
	③ Born on Jan 8, 1989 and even numbered years after	④ Other than ① to ③ did not receive the screening in FY2025.

* Application for group health checkup: Application form or Health Center from 9:00 on Sep 1 (Tue)

* 500 yen for people that are 70 or older.

* Eligibility: Registered Komaki residents



◀ **【Group screening】**
Application for for cancer screening



◀ **Type Cancer screening details**

▼ Detailed medical checkup

Detailed medical checkup	● Consultation period Until Feb 14 (Sun) 2027	Participating local medical institution	● Description: Physical measurement, blood pressure, urine examination, blood test and cancer screening (X-ray on stomach, large intestine and chest) ● Eligibility: Registered Komaki residents over 40 years old who are enrolled in National Health Insurance or Late-Term Medical Insurance for the Elderly, or dependents of Japan Health Insurance Association ● Fees: Persons enrolled in National Health Insurance/Late-Term Medical Insurance for the Elderly: 4,800 yen (1,800 yen if 70 or older) - Dependents of Japan Health Insurance Association: 6,100 yen (3,100 yen if 70 or older) *Health checkup ticket sent from each insurance is required when receiving Thorough medical checkup. ● Application: Designated local medical institution
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Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Next tax payment deadline: Sep 30 (Wed)

**National Health Insurance
tax (4th term)**

**Nursing care insurance
(3rd term)**

**Late-term medical insurance
for the elderly (2nd term)**

Submit your
payments
promptly!

Avoid missed payments by setting up direct debit payments from your bank account.
If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due.
You can pay taxes using smartphone apps including PayB or PayPay.

* Persons using direct deposit to account cannot use payment by app.
Instructions are available on the website of the app.



When you are unable to pay by the predetermined date due to decreased wages or other reason, consult with the taxation division.
If the deadline passes, you will need to pay arrears (penalty for late payment).

If you are too busy during the day on weekdays to make your payment...

You can pay at a tax payment service counter open on Sunday.
(Except year end/New Years)

① The main building's second floor will be open to answer tax-payment related questions.
Payments are accepted as well.

Hours ▶ Sep 27 (Sun) 9:00 to 12:00

② The main building's first floor will be open to pay taxes.

Hours ▶ Sep 13 (Sun), 27 (Sun) 9:00 to 16:00

③ You can pay for payment notices with bar codes at convenience stores.

*Only effective during the period written on the payment slip.

*Certificates.....Tax payment certificates are available at the Tax Collection Division (2F⑥).
Income tax certificates are available at the Taxation Division (2F④).

Inquiries Tax Collection Division TEL.0568-76-1117/0568-76-1118

Consultation for status of residence in Japan

You can consult about status of residence with the staff of the Nagoya Regional Immigration Bureau ("Nagoya Nyukan").

September and October
consultation dates

Date/time **Sep 2 (Wed), Oct 7 (Wed) From 13:00, 14:00, and 15:00**

Consultation time 45 min per group Fees 0 yen

Venue Komaki City Hall (Multicultural Symbiosis Promotion Room)
(It is possible to consult from home by phone or Teams)

Languages Simple Japanese, Spanish, English, Portuguese, Vietnamese (interpretation available)
Other languages can be used for consultation using video calling.

Application Reservation required. Call the Multicultural Symbiosis Promotion Room at least two days before the consultation.

Notice regarding counseling for Foreigners

**Multicultural Symbiosis Promotion
Room, Main Government Office
Bldg 2F, City Hall 9:00 to 16:00**

Portuguese/Spanish/English/
Vietnamese

Monday through
Friday

In addition, the Health Insurance and Medical Division (9:00 to 16:00) has staff available to help in Portuguese, and the Nursery and Child Education Division (9:00 to 16:00), the Welfare Administration Division (9:00 to 16:00), and Kosodate Sedai Hokatsu Shien Center (9:30 to 17:30, TEL:0568-71-8611) have staff available to help in Portuguese and Spanish. Children's Policy Section (9:00 to 16:00) 4 days a week from Monday to Friday with Portuguese and Spanish speaking staff.

* Consult in Japanese as well. * Video phone assistance is also available for other languages.

Inquiries Multicultural Symbiosis Promotion Room TEL.0568-39-6527, 0568-76-1675 (Direct interpretation)

Do you know the rules of garbage disposal?

Rule 1 Observe the rules for separation and disposal of waste



Rule 2 Observe the collection date

Garbage is placed in designated bags on the designated days.

日	月	火	水	木	金	土	日
			1	2	3	4	
				ペット	可燃		
				金属	発火		
5	6	7	8	9	10	11	
			プラ	びん	可燃		
			資源	田			

Rule 3 Place out by 8:30 in the morning

Ensure garbage is placed out on time.



Garbage separation app "Sanaru"



iOS



Android



Check the app for collection dates and sorting methods!

Danger!

Disposing of mobile batteries, etc.

Products containing lithium-ion batteries (rechargeable batteries) can be extremely dangerous if disposed of improperly, so please follow the proper disposal procedures.



Mobile batteries



Handheld fans

Be sure to place it in a clear bag and dispose of it as flammable hazardous waste.



Watch the video to dispose of it correctly!

Click "Subtitles" to select a language other than Japanese.

Inquiries Carbon Neutral Promotion Office TEL.0568-76-1181

Avoid Consumer Issues!



Beware of sales pitches like this

Inspection business

They may offer to inspect your roof for free, and after the inspection, they might try to sell you repairs that aren't actually necessary. Please proceed with caution when entering into a contract.

Remote purchases

When you buy something online or through other channels, a subscription may be required. Check the terms and conditions of the contract before applying.



Points to keep in mind when applying and making payments

- ▶ Be sure to check the contract and terms of use when applying.
- ▶ Credit card installment payments (revolving payments, etc.) incur interest, so only use them for planned purchases.
- ▶ Personal information should not be easily shared with others. Be careful with your identification cards to avoid misuse.

If you need help

Komaki City Consumer Lifestyle Center
TEL.0568-76-1119
Mon to Fri 9:30 to 12:00, 13:00 to 16:00

Inquiries Civic Safety Division TEL.0568-76-1120



Consumer Agency Consumer Hotline 188
Mascot Character: Iyayan



Beginner Spanish lessons

Don't you wish you could have more conversation after greetings (¡Hola!)?

This is a beginner-level course that focuses on listening and speaking, making learning fun.

- Date/time** Oct 3 (Sat) to Dec 19 (Sat) 10:00 to 12:00 10 sessions in total, Dec 26 (Sat) spare date
* No lesson on Oct 24 and Nov 14
- Venue** Komaki Civic Hall 4F Chess Room **Instructor** Michelle Kuwagaki
- Eligibility** 18 years of age or older and persons living, working or studying in Komaki or KIA members
- Number of participants** 16 people (in order of application) * Cancelled if less than 6 people apply
- Fees** Members: 5,000 yen (includes 2,000 yen KIA membership) General: 6,000 yen (includes cost of texts)
- Application** Bring the fee to Komaki International Association (KIA) from Sep 1 (Tue) to Sep 19 (Tue).



Basic Autumn English lessons

Want to interact in English
with a native teacher?

- Date/time** Beginner class: Oct 2 to Dec 18 (Every Friday from 10:00 to 12:00) * No lesson on Oct 23 and Nov 13
Intermediate class: Oct 6 to Dec 15 (Every Tuesday 14:15 to 16:15) * No lesson on Nov 3
(Total 10 lessons)
- Venue** Komaki Civic Hall 4F Chess Room
- Eligibility** 18 years of age or older, and living, working or studying in a school in Komaki City or a KIA member.
- Number of participants** 16 students each in beginner and intermediate classes
* Priority given to first time participants.
* It will be decided by lottery in case of more than 16 applications.
(This excludes first time participants)
* Lessons cancelled if less than 6 people apply.
- Fees** Members: 6,000 yen (includes 2,000 yen KIA membership) General: 7,000 yen
- Application period** Sep 1 (Tue) to Sep 19 (Sat)
- Application** Please come to the Komaki International Association (KIA) with the fee.



Inquiries Komaki International Association (KIA) TEL.0568-76-0905 FAX.0568-71-8396
E-mail: kia@ma.ccnw.ne.jp Komaki Civic Hall 4F, 2-107 Komaki, Komaki City
* 9:00 to 17:00 (Closed 12:00 to 13:00, Sundays, Mondays, and Holidays)

Come study at Nihongo Hiroba Komaki!

Let's learn kanji and
Japanese.

- Date** Sep: 6, 20, 27, Oct: No classes, Nov: 1, 22, 29
- Venue** Study Room 4-4, 4F Komaki Civic Hall (2-107 Komaki, Komaki City)
- Time** 13:00 to 15:00 **Eligibility** Foreigners wanting to learn kanji or Japanese! **Fee** 0 yen
- Application** No application necessary. Come to the study venue. There's no commitment so come any time.

Inquiries Nihongo Hiroba Komaki (Tanaka TEL 090-9898-4598)

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and
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Multicultural Symbiosis Division, Multicultural Symbiosis
Promotion Room, Civic Life Department Komaki City Hall
3-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650
Tel: 0568-39-6527 Fax: 0568-72-2340 <http://www.city.komaki.aichi.jp/admin/lifeinfo/10821.html>

※Please see the relevant service counter for more details regarding any of the items contained herein.

Komaki Life Information

