

# Life Information News

# KOMAKI

1  
2026

- P1 ● Tokyo Rakutake-dan Concert: Healing Harmony with Bamboo Instruments
- P2 ● Mother/Child Health Medical Checkup Calendar
- P3 ● Information about Examinations for Adults
- P4 ● Next tax payment deadline: Feb 2 (Mon)
  - Did you apply for the 2026 academic year Jidou club?
- P5 ● National Pension for All Persons from 20 Years Old
  - Certificates of Deduction for National Pension Premiums

- P5 ● National Health Insurance Tax holiday consultations will be held
- P6 ● (KIA) International Exchange with Food: Exciting Colorful Japanese Bento
  - (KIA) International Friendship Festival
  - Progress Update on the Komaki Urban Development Promotion Plan

## Tokyo Rakutake-dan Concert: Healing Harmony with Bamboo Instruments

Concert by Tokyo Rakutake-dan, which plays healing sounds unique to bamboo instruments. The bamboo instruments used in the performance are made by the members of the group, who go into the bamboo grove and cut them out one by one. A workshop for making bamboo musical instruments will also be held! The students will make bamboo instruments in the workshop, practice the instruments they have made, and perform in the concert the next day!

Date/time

- ▶ Concert: **Jan 18 (Sun)**,  
Concert start: **14:00** (doors open 13:30)
- ▶ Workshop: **Jan 17 (Sat)**  
Reception: **13:00** Workshop start: **13:30**

\* Children younger than elementary students are not allowed to enter.

Venue

- ▶ Concert: **Ajioka Civic Center Auditorium**
- ▶ Workshop: **Ajioka Civic Center Creative Room**

Fee

- ▶ Concert: General: 2,000 yen; 18 and under: 1,000 yen Art friend members: 1,500 yen
- ▶ Workshop: 500 yen (material cost)

Number of participants

Workshop capacity: 18 \* first-come first-serve basis

Open to anyone who bought a concert ticket and signed up for a workshop.

Application

Tickets for sale at Ajioka Civic Center, Tobu Civic Center, Kitasato Civic Center, Shiminkaikan (Community Center) and Manabi Sozo Hall

Inquiries General Incorporated Foundation Komaki Civic Cultural Foundation TEL.0568-71-9700



## Mother/Child Health Examination Calendar

Type	Date	Venue	Reception Hours	Eligibility/Description/Application/etc.
Health examinations for 4-month-old infants, dental examinations for mothers	Jan 6 (Tue)	Health Center	13:05 to 13:55	Born Aug 21 to 31, 2025
	Jan 13 (Tue)			Born Sep 1 to 10, 2025
	Jan 20 (Tue)			Born Sep 11 to 20, 2025
Health examinations for 18-month-old infants	Jan 9 (Fri)	Health Center	13:05 to 14:15	Born Jul 1 to 10, 2024
	Jan 16 (Fri)			Born Jul 11 to 20, 2024
	Jan 23 (Fri)			Born Jul 21 to 31, 2024
	Jan 30 (Fri)			Born Aug 1 to 10, 2024
Dental examinations for children aged 2 years, 3 months	Jan 8 (Thu)	Health Center	9:00 to 10:10	Born Oct 1 to 15, 2023
	Jan 22 (Thu)			Born Oct 16 to 31, 2023
Health examinations for 3-year-old children	Jan 7 (Wed)	Health Center	13:05 to 14:15	Born Jan 1 to 10, 2023
	Jan 14 (Wed)			Born Jan 11 to 20, 2023
	Jan 28 (Wed)			Born Jan 21 to 31, 2023
Health examinations for 5-year-old children	Jan 15 (Thu)	Health Center	13:00 to 14:15	Born Dec 21 to 31, 2020
	Jan 22 (Thu)			Born Jan 1 to 10, 2021
	Jan 29 (Thu)			Born Jan 11 to 20, 2021

\*We will send a letter in advance to relevant persons. Please check the letter for detailed reception hours.

\*Don't forget to bring your Maternal and Child Health Handbook and a bath towel.

\*Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

Baby food class (Initial Gokkun (swallowing) class)	Jan 14 (Wed)	Health Center	10:00 to 11:00	<ul style="list-style-type: none"> <li>Eligibility: Guardians of children 4 months or older. Babies can participate too.</li> <li>What to bring: Maternal and Child Health Handbook, bath towel, tea and writing utensils. Fee: 0 yen</li> <li>Application: Health Center</li> </ul> <span style="border: 1px solid green; padding: 2px;">Reservation required</span>
Baby food class (Later kami-kami (biting) class)	Jan 30 (Fri)	Health Center	10:00 to 11:00	<ul style="list-style-type: none"> <li>Eligibility: Guardians of children 9 months or older. Babies can participate too.</li> <li>What to bring: Maternal and Child Health Handbook, bath towel, tea and writing utensils. Fee: 0 yen</li> <li>Application: Health Center</li> </ul> <span style="border: 1px solid green; padding: 2px;">Reservation required</span>
Niko-niko cavity prevention class	Jan 26 (Mon)	Health Center	10:00 to 11:30	<ul style="list-style-type: none"> <li>Eligibility: Nursing children (especially about one-year-old)</li> <li>Content: Consultation regarding worries/concerns about brushing teeth or teeth alignment</li> <li>What to bring: Maternal and Child Health Handbook, toothbrush and bath towel</li> <li>Fee: 0 yen Applications: Health Center</li> </ul> <span style="border: 1px solid green; padding: 2px;">Reservation required</span>
Provision of Maternal and Child Health Handbook	Apply here  			<ul style="list-style-type: none"> <li>Content: Public health nurse or the midwife will hand out the Maternal and Child Health Handbook. Please consult with us with any anxiety or worry about pregnancy.</li> <li>Location: Kosodate Sedai Houkatsu Shien Center (Lapio 3F)</li> <li>What to bring: Pregnancy notification or medical certificate, Zairyu Card, My Number Card, and bank book in the name of the pregnant person</li> <li>Application: Make a reservation using the 2D code</li> </ul> <span style="border: 1px solid green; padding: 2px;">Reservation required</span>
Nursing counseling	Apply here  			<ul style="list-style-type: none"> <li>Description: Nursing and parenting consultation including breastfeeding</li> <li>Location: Kosodate Sedai Houkatsu Shien Center (Lapio 3F)</li> <li>Fee: 0 yen</li> <li>Application: Make a reservation using the 2D code</li> </ul> <span style="border: 1px solid green; padding: 2px;">Reservation required</span>
Parenting, pregnancy, and giving birth health counseling	Jan 13 (Tue)	Komaki Minami Jidokan TEL. 0568-77-0454	10:00 to 11:15	<ul style="list-style-type: none"> <li>Application: Please make an appointment </li> </ul>
	Jan 19 (Mon)	Oshiro Jidokan TEL. 0568-78-0046	10:00 to 11:15	<ul style="list-style-type: none"> <li>Content: Consultation regarding worries/concerns for raising children, body measurements (optional)</li> </ul>
	Jan 30 (Fri)	Kitasato Jidokan TEL. 0568-71-1183	10:00 to 11:15	<ul style="list-style-type: none"> <li>Reservations can also be made by phone for the Komaki Minami Jidokan and the Oshiro Jidokan.</li> </ul> <span style="border: 1px solid green; padding: 2px;">Reservation required</span>
Low-weight Infant Notice	<p>Please submit the Low-weight Infant Notice if your child's birth weight is under 2,500g.</p> <ul style="list-style-type: none"> <li>Submit: Kosodate Sedai Houkatsu Shien Center (Lapio 3F), City Hall (Hoken Iryou Division) or using the 2D code.</li> </ul> 			
1st Birthday Celebration	<p>About 10 months after birth, we will send a questionnaire to the baby's home. You can receive a gift by sending in the questionnaire.</p> <ul style="list-style-type: none"> <li>Locations: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) or Jidokan in Komaki City.</li> </ul>			

For more information, see the numbers on the right.

Inquiries

Health Center TEL.0568-75-6471 FAX.0568-75-8545  
Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor)  
TEL.0568-71-8611 FAX.0568-71-8612

## Information about examinations for adults

### ▼Cancer screening, etc.

	Type	Date	Venue	Eligibility/Fees/Application/etc.
Group screening	Screening test for colorectal cancer (Testing of the stool for occult blood)	Feb 20 (Fri) AM	Health Center	<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 30 years old</li> <li>Fee: 500 yen</li> </ul>
	Cervical cancer screening (cervix only)	Feb 9 (Mon) AM	Health Center	<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 20 years old who fall under one of the ★ in the chart below</li> <li>Fee: 1,000 yen</li> </ul>
	Screening test for breast cancer (Mammography screening)	Feb 9 (Mon)	Health Center	<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 40 years old who are one of the stars ★ in the chart below</li> <li>Fee: 1,000 yen</li> </ul>
	Breast cancer (Ultrasound)	Feb 20 (Fri) AM	Health Center	<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 30 to 39 years old</li> <li>Fee: 1,000 yen</li> </ul>
	Lung cancer (Sputum test)	<ul style="list-style-type: none"> <li>Examination period: Until Feb 28 (Sat)</li> <li>*Sputum examination. Collect sputum for three days in the container and send the samples via postal mail.</li> </ul>		<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 50 years old who smokes cigarettes more than 600 (calculating, number of cigarettes you smoke a day × number of years you have been smoking)</li> <li>Fee: 500 yen</li> <li>Application: Come to the counter at the Health Center between and Feb 13 (Fri).</li> </ul>
Individual examination	Individual cervical cancer screening (Gynecological, visual and cytological screening)	<ul style="list-style-type: none"> <li>Consultation period until Mar 31 (Tue)</li> </ul>	Ob/Gyn clinics in Komaki City	<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 20 years old who applies to the chart★ below</li> <li>Fee: Cervical cancer screening: 1,000 yen / Pelvic screening: 2,000 yen</li> <li>*Pelvic screening is only for people determined to require the examination by the physician</li> <li>Applications: Persons applies to ① ② ③ in the eligibility chart★ below: Ob/Gyn clinics in Komaki City, Persons applies to ④ in the chart★ below: Please contact the Health Center in advance.</li> </ul>
	Individual breast cancer screening (Mammography)		Komaki Daiichi Hospital/ Miwa Lady's Clinic	<ul style="list-style-type: none"> <li>Eligibility: Registered Komaki residents over 40 years old who applies to the chart★ below</li> <li>Fee: 1,500 yen</li> <li>Applications: Persons applies to ① ② ③ in the eligibility chart★ below: Komaki Daiichi Hospital (TEL. 0568-71-4390), Miwa Lady's Clinic (TEL. 0568-76-2603), Persons applies to ④ in the chart★ below: Please contact the Health Center in advance.</li> </ul>
	Cancer screening, (Gastric cancer, colorectal cancer, prostate cancer). hepatitis screening, etc	<ul style="list-style-type: none"> <li>Consultation period until Feb 14 (Sat)</li> </ul>	Designated local medical institutions in Komaki City	<ul style="list-style-type: none"> <li>Contact the designated local medical facility to make a reservation.</li> <li>For details use the 2D code (cancer screening details)</li> </ul>

#### [Regarding breast cancer (Mammography) screening/ cervical cancer screening]

Screening performed once every two years according to the Ministry of Health, Labour and Welfare's guidelines. Thank you for your understanding and cooperation.

★ Eligibility	① Persons that have received a free coupon	② Born on Jan 7, 1989 and even numbered years before
	③ Born on Jan 8, 1989 and odd numbered years after	④ Persons don't apply to ①, ② or ③ and did not receive the screening on FY2024

\* Group screening application: Application Form (use 2D Code)

\* 500 yen for people that are 70 or older.

\* On Feb 9 (Mon), childcare will be provided by volunteers in the morning (only while riding in the mobile health clinic). Let us know you want childcare ("takuji kibo") when applying.



For details about Health Center interpretation



【Group screening】 Application for cancer screening



Cancer screening details

### ▼Medical checkup

Medical checkup	<ul style="list-style-type: none"> <li>Consultation period until Feb 14 (Sat)</li> </ul>	Designated local medical institutions in Komaki City	<ul style="list-style-type: none"> <li>Content: Physical measurement, blood pressure, urine examination, blood test, X-ray on stomach, large intestine, chest for cancer screening</li> <li>Eligibility: Registered Komaki residents over 40 years old who is enrolled in National Health Insurance or Late-Term Medical Insurance for the Elderly, and dependents of Japan Health Insurance Association</li> <li>Fees: 4,800 yen for insured person of National Health Insurance and Late-Term Medical Insurance for the Elderly (1,800 yen if 70 or older), 6,100 yen for dependents of Japan Health Insurance Association (3,100 yen if 70 or older) *Medical checkup ticket sent from each insurance is required when receiving thorough medical checkup.</li> <li>Application: Implementing local Komaki medical institution</li> </ul>
-----------------	--	--	--

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

## Next tax payment deadline: Feb 2 (Mon)

Ordinary Municipal Tax and Forest Environment Tax (4th term)

National Health Insurance tax (8th term)

Nursing care insurance (7th term)

Late-term medical insurance for the elderly (6th term)

Submit your payments promptly!

Avoid missed payments by setting up direct debit payments from your bank account.

If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due.

You can pay taxes using smartphone apps including PayB or PayPay.

\*Persons using direct deposit to account cannot use payment by app.

Instructions are available on the website of the app.



When you are unable to pay by the predetermined date due to decreased wages or other reason, consult with the taxation division.

If the deadline passes, you will need to pay arrears (penalty for late payment).

If you are too busy during the day on weekdays to make your payment...

A tax payment service counter will be open every Sunday.  
(Except year end/  
New Years)

① The main building's second floor will be open to answer tax-payment related questions.  
Payments are accepted as well.

Hours ▶ Jan 25 (Sun) 9:00 to 12:00

② The main building's first floor will be open to pay taxes.

Hours ▶ Jan 11 (Sun), 25 (Sun) 9:00 to 16:00

③ You can pay for payment notices with bar codes at convenience stores.

\*Only effective during the period written on the payment slip.

\*Certificates..... Tax payment certificates are available at the Tax Collection Division (2F⑥).

Income tax certificates are available at the Citizens Tax Division (2F④).

Inquiries Tax Collection Division TEL.0568-76-1117 / 0568-76-1118

## Did you apply for the 2026 academic year Jidou Club?

Application is required **every academic year** (each time a new academic year starts) when children (elementary students) meeting certain criteria such as having guardians (father, mother, etc.) that are not home due to work, want to join the Jidou Club from April 1, 2026.



### Eligibility

1 to 6 graders in a Komaki City elementary school.

### Application venue

Komaki City Hall Child Policy Division

### Fees

Monthly fee: 5,000 yen (snack fee is separate) \* August only is 8,000 yen

### Application period

Weekdays from 9:00 to 16:00 Before Jan 15 (Thu)

\* Closed Saturdays, Sundays, Holidays and Year end/New Years (Dec 29 to Jan 3).

Inquiries Child Policy Division TEL.0568-76-1129 (direct line)

## National Pension for all persons from 20 years old



The National Pension is a system that ensures the livelihood of citizens with a pension after becoming elderly or in case of some unfortunate occurrence. All persons living in Japan between ages 20 and 59 are required to pay national pension premiums (basic pension) regardless of occupation. After the 20th birthday, a basic pension number notification (pension number page) and payment slip (page for making payment) will be sent by the Japan Pension Service. If payment of premiums is difficult, persons under 49 years of age and students can use the payment deferment system or the student payment special deferment system.

Please contact us for more details.

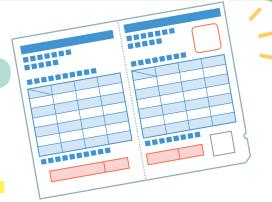
### 3 Benefits of the National Pension (Basic Pension)

- ① Support from when you become elderly: **Basic pension for the elderly**
- ② Support when you become sick or injured: **Basic disability pension**
- ③ Support for children and spouse with children if you die: **Basic survivor pension**

#### Inquiries

Japan Pension Service Nagoya North Branch Office TEL.052-912-1246  
Citizen Inquiry Division TEL.0568-76-1124

## Certificates of Deduction for National Pension Premiums



\* This notice **system applies** to people paying National Pension premiums.

When making **year-end adjustments or filing tax returns**, the entire amount paid for the **National Pension Insurance premiums** can be deducted from the **income calculation and declared**. Doing so may result in slightly lower taxes.

When you file your income tax return, you must submit documents proving the National Pension Insurance premiums you paid between January 1, 2025 and December 31, 2025. The Certificate of Deductions for National Pension Premiums for the first payment of National Health Insurance premiums after October 1, 2025 will be sent by Japan Pension Service in early February.

Also, those who paid between January 1 and September 30, 2025 have already received theirs in early November 2025. This certificate or receipt is required whenever you file an income tax return.

\*If you want to use the certificate of premiums paid for two years together separately for the yearly return, please see the Japan Pension Service website or ask the pension office.

#### Inquiries

- For tax returns (declaration of income) (Information is available on the National Tax Agency's website.)  
: Komaki Tax Office TEL.0568-72-2111 \*Please listen to the automated voice guidance and operate the system.
- Citizen's tax return: Municipal Tax Division TEL.0568-76-1182
- Certificate contents and reissuance: Japan Pension Service Nagoya North Branch Office TEL.052-912-1246

## National Health Insurance Tax holiday consultations will be held

Tax payment counseling is available for those who have not paid their National Health Insurance Taxes.

Payment may be made on the same day.

\* Interpretation is available in Portuguese (9:00 to 12:00).

Date/time **Jan 25 (Sun) 9:00 to 12:00**

Venue Insurance and Health Division  
National Health Section ⑨  
(1F Main City Hall Building)

Inquiries Insurance and Health Section TEL.0568-76-1123





## International Exchange with Food: Exciting Colorful Japanese Bento

Japanese cooking classes

Date/time Feb 7 (Sat) 10:00 to 13:30

Venue

Komaki Civic Hall 3F Cooking Room

Instructor Ms. Ryuko Kurachi

**Eligibility** Elementary grade 4 students and older KIA members, Komaki City residents or persons working or studying in Komaki.  
(Elementary students may participate with their parents)



Number of participants 15 people (in order of application)

Participation fee Members 200 yen, General 700 yen

What to bring Mask, apron, bandana, pen or pencil

Application period Jan 6 (Tue) to Jan 24 (Sat)

Application Please come to KIA with the fee.



## International Friendship Festival

Dance, music, chusenkai, kimono experience, tea ceremony, ninja experience, foreign games, kitchen car, etc.

Date/time Jan 18 (Sun) 12:00 to 15:30

Venue Community Center Auditorium, Exhibition Space, Seseragi Square

Eligibility People who wants international friendship.

Participation fee No fee required (Please purchase a ticket to eat at the kitchen car)

Tickets It will be sold at the KIA office starting Jan 6 (Tue). 500 yen/ticket (Foods, drink, and a lottery ticket)



Komaki International Association (KIA) TEL.0568-76-0905 FAX.0568-71-8396  
Inquiries E-mail: [kia@ma.ccnw.ne.jp](mailto:kia@ma.ccnw.ne.jp) Komaki Civic Hall 4F, 2-107 Komaki, Komaki City  
\*9:00 to 17:00 (Closed 12:00 to 13:00, Sundays, Mondays, and Holidays)

## Progress Update on the Komaki Urban Development Promotion Plan

Every year, we examine the progress of Komaki City's most important plan, the Komaki Urban Development Promotion Plan Second Basic Plan. In FY2024, approximately 65% of the city's projects were in good shape. All results are available on the city website.



Registered volunteers	R4:0	➤ R5:348	➤ R6:696
Percentage of citizens who have prepared water and food for disasters	R3:54.3%	➤ R5:53.3%	➤ R6:63.7%
Percentage of citizens wearing helmets when riding bicycles	R3:7.1%	➤ R5:25.2%	➤ R6:31.2%
Quantity of garbage per person per day (garbage from house)	R4:439.2g	➤ R5:421.0g	➤ R6:407.3g
Consultations with foreigners	R4:12,840 cases	➤ R5:11,868 cases	➤ R6:13,892 cases
Percentage of respondents who received their residence certificates, etc. at convenience stores	R4:20.0%	➤ R5:28.3%	➤ R6:31.4%

Inquiries Secretarial Policy Division TEL.0568-76-1105

Edited and Published

Multicultural Symbiosis Division, Multicultural Symbiosis Promotion Room, Civic Life Department Komaki City Hall

3-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650

Tel: 0568-39-6527 Fax: 0568-72-2340 <http://www.city.komaki.aichi.jp/admin/lifeinfo/10821.html>

\*Please see the relevant service counter for more details regarding any of the items contained herein.

