

# Life Information News KOMAKI

7  
2025

**P1** ● Call for Participants at the 46th Komaki City Festival

**P2** ● Mother/child health medical checkup calendar

**P3** ● Information about Examinations for Adults

**P4** ● Consultation about status of residence in Japan:

Notice regarding counseling for Foreigners

● Joint Consultation Meeting for Foreigners

**P4** ● H. pylori examination for Second-year Junior High

Students

**P5** ● Next tax payment deadline: Jul 31 (Thu)

● Unable to pay National Pension Premiums? Please consult with us!

**P6** ● Recruiting Komaki Volunteers for Disaster Support for Foreigners

● KIA Japanese Language Expedition NAKAMA



## Call for Participants at the 46th Komaki City Festival

**We're going to have a great time together!**

**Come and participate in the Komaki Citizen's Festival,  
the largest local event; held on October 25 (Sat) and  
26 (Sun). Come on out and participate in the festival.**

**Date** **October 25 (Sat) and 26 (Sun)**

**Call for participation** **Stage performances, parade (only 26 (Sun))  
and mixed dance (only 25 (Sat))**

**Application period** **Stage performances, parade and mixed dance  
... Until Jul 11 (Fri)**

**Other** **If there are too many applications, decided by lottery**

**How to Apply** **Send the application form to the City Festival Executive  
Committee. Application forms are available on the City Festival special website, as well  
as the City Promotion Division, each Civic Center of  
Tobu, Ajioka and Kitasato, the City Center, Manabi  
Sozo Hall, and Park Arena Komaki.**

**\* Application is available via mail, FAX, e-mail or at the City Hall service counter, or by QR code.**

**See Komaki City Festival Special Website for details: <http://komaki-shimin-matsuri.jp/>**

**Inquiries**

**Komaki City Festival Executive Committee Office (City Promotion Division)**

〒485-8650 Address not necessary TEL.0568-76-1173 FAX.75-8283 E-mail:matsuri@city.komaki.lg.jp



**Apply here**



Stage  
performances



Parade



Mixed dance






## Mother/Child Health Examination Calendar

Type	Date	Venue	Reception Hours	Eligibility/Description/Application/etc.
Health examinations for 4-month-old infants, dental examinations for mothers	Jul 1 (Tue)	Health Center	13:05 to 13:55	Born Feb 21 to 28, 2025
	Jul 8 (Tue)			Born Mar 1 to 10, 2025
	Jul 15 (Tue)			Born Mar 11 to 20, 2025
Health examinations for 18-month-old infants	Jul 4 (Fri)	Health Center	13:05 to 14:15	Born Jan 1 to 10, 2024
	Jul 11 (Fri)			Born Jan 11 to 20, 2024
	Jul 25 (Fri)			Born Jan 21 to 31, 2024
Dental examinations for children aged 2 years, 3 months	Jul 10 (Thu)	Health Center	9:00 to 10:10	Born Apr 1 to 15, 2023
	Jul 17 (Thu)			Born Apr 16 to 30, 2023
Health examinations for 3-year-old children	Jul 2 (Wed)	Health Center	13:05 to 14:15	Born Jul 1 to 10, 2022
	Jul 9 (Wed)			Born Jul 11 to 20, 2022
	Jul 23 (Wed)			Born Jul 21 to 31, 2022
Health examinations for 5-year-old children	Jul 3 (Thu)	Health Center	13:00 to 14:15	Born Jun 1 to 10, 2020
	Jul 17 (Thu)			Born Jun 11 to 20, 2020
	Jul 24 (Thu)			Born Jun 21 to 30, 2020

\*Those eligible were sent an examination card. Please check the details on the card.

\*Don't forget to bring your Maternal and Child Health Handbook and a bath towel.

\*Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

Baby food class (Initial Gokkun (swallowing) class)	Jul 9 (Wed)	Health Center	10:00 to 11:00	<ul style="list-style-type: none"> <li>● Eligibility: Guardians of children 4 months or older. Babies can participate too.</li> <li>● What to bring: Maternal and Child Health Handbook, bath towel, tea and writing utensils.</li> <li>● Fee: 0 yen ● Application: Health Center</li> </ul>	Reservation required
Baby food class (Later kami-kami (biting) class)	Jul 25 (Fri)	Health Center	10:00 to 11:00	<ul style="list-style-type: none"> <li>● Eligibility: Guardians of children 9 months or older. Babies can participate too.</li> <li>● What to bring: Maternal and Child Health Handbook, bath towel, tea and writing utensils.</li> <li>● Fee: 0 yen ● Application: Health Center</li> </ul>	Reservation required
Niko-niko cavity prevention class	Jul 28 (Mon)	Health Center	10:00 to 11:30	<ul style="list-style-type: none"> <li>● Eligibility: Nursing children (especially about one-year-old)</li> <li>● Content: Consultation regarding worries/concerns about brushing teeth or teeth alignment</li> <li>● What to bring: Maternal and Child Health Handbook, toothbrush and bath towel</li> <li>● Fee: 0 yen ● Applications: Health Center</li> </ul>	Reservation required
Provision of Maternal and Child Health Handbook	Apply here			<ul style="list-style-type: none"> <li>● Content: A public health nurse or the midwife will hand out the maternal and child health handbook. Please consult about your worries about pregnancy with us.</li> <li>● Location: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) Tel: 0568-71-8611</li> <li>● What to bring: Pregnancy notification or medical certificate, Zairyu Card, Individual Number Card, the pregnant woman's bank book to receive financial help</li> <li>● Application: Make a reservation using the QR code</li> </ul>	Reservation required
Nursing counseling	Apply here			<ul style="list-style-type: none"> <li>● Description: Nursing and parenting consultation including breastfeeding</li> <li>● Location: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) Tel: 0568-71-8611</li> <li>● Fee: 0 yen ● Application: Make a reservation using the QR code</li> </ul>	Reservation required
Parenting, pregnancy, and giving birth health counseling	Jun 7 (Mon) Oshiro Jidokan TEL.0568-78-0046 Jul 15 (Tue) Komaki Minami Jidokan TEL.0568-77-0454 Jul 18 (Fri) Kitasato Jidokan TEL.0568-71-1183	Oshiro Jidokan Komaki Minami Jidokan Kitasato Jidokan	10:00 to 11:15 10:00 to 11:15 10:00 to 11:15	Applications: <ul style="list-style-type: none"> <li>● Make a reservation by phone or at the Oshiro Jidokan or through the QR code.</li> <li>● Make a reservation by phone or at the Komaki Minami Jidokan or through the QR code.</li> <li>● Please make an appointment using the QR code.</li> </ul>	● Description: Consultation about parenting, measuring growth and blood pressure (on request) Reservation required
Low-weight Infant Notice	Please submit the Low-weight Infant Notice if your child's birth weight is under 2,500g. ● Submit: Kosodate Sedai Houkatsu Shien Center (Lapio 3F), City Hall (Hoken Iryou Division) or using the QR code.				
1st Birthday Celebration	About 10 months after birth, we will send a questionnaire to the baby's home. You can receive a gift by sending in the questionnaire. ● Locations: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) or at the City Hall (Hoken Iryouka Division 1st F)				

For more information,  
please contact below.

**Inquiries**

**Health Center TEL.0568-75-6471 FAX.0568-75-8545**  
**Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor)**  
**TEL.0568-71-8611 FAX.0568-71-8612**

## Information about examinations for adults

### ▼Cancer screening, etc.

	Type	Date	Venue	Eligibility/Fees/Application/etc.
Group screening	Screening test for stomach cancer (Abdominal X-ray)	Sep 24 (Wed) AM	Health Center	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 30 years old</li> <li>●Fee: 1,000 yen</li> </ul>
	Screening test for colorectal cancer (Testing of the stool for occult blood)	Sep 24 (Wed) AM	Health Center	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 30 years old</li> <li>●Fee: 500 yen</li> </ul>
	Screening test for breast cancer (Mammography screening)	Sep 8 (Mon) Sep 30 (Tue)	Health Center Tobu Community Center	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 40 years old who fall under one of the★ in the chart below</li> <li>●Fee: 1,000 yen</li> </ul>
	Osteoporosis screening	Sep 19 (Fri) AM	Health Center	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 30 years old</li> <li>●Fee: 500 yen</li> </ul>
	Chest X-ray examination (including tuberculosis exam)	Sep 19 (Fri) AM	Health Center	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 65 years old</li> <li>●Fee: Free</li> </ul>
	Lung cancer (Sputum test)	<ul style="list-style-type: none"> <li>●Examination period: Jul 1 (Tue) to Feb 28 (Sat), 2026</li> <li>* Sputum exam. Three days of sputum will be collected and submitted by postal mail.</li> </ul>		<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 50 years old who smokes cigarettes more than 600 (calculating, number of cigarettes you smoke a day × number of years you have been smoking)</li> <li>●Fee: 500 yen</li> <li>●Application: Come to the counter at the Health Center between Jul 1 (Tue) and Feb 13 (Fri) 2026.</li> </ul>
Individual examination	Young checkup	Sep 19 (Fri) 9:30 to 12:00	Health Center	<ul style="list-style-type: none"> <li>●Physical measurements (height, weight, abdominal circumference), blood pressure measurement, urinalysis, blood tests (lipid test, liver function test, blood sugar test, albumin, uric acid, anemia test, creatinine), electrocardiogram, fundus examination, physician consultation</li> <li>*Test items are the same as those in the specified health checkups.</li> <li>●Eligibility: Born April 1, 1986 to April 1, 1991, without company provided health examination</li> <li>●Capacity: 60</li> <li>●Fee: 0 yen</li> <li>●Application: Apply from Jul 7 (Mon). Please call the Health Center</li> </ul>
	Individual cervical cancer screening (Gynecological, visual and cytological screening)	<ul style="list-style-type: none"> <li>●Consultation period until Mar 31, 2026 (Tue)</li> </ul>	Ob/Gyn clinics in Komaki City	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 20 years old who applies to the chart★ below</li> <li>●Fee: Cervical cancer screening: 1,000 yen / Pelvic screening: 2,000 yen</li> <li>*Pelvic screening is only for people determined to require the examination by the physician</li> <li>●Applications: Persons applies to ① ② ③ in the eligibility chart★ below: Ob/Gyn clinics in Komaki City, Persons applies to ④ in the chart★ below: Please contact the Health Center in advance.</li> </ul>
	Individual breast cancer screening (Mammography)		Komaki Daiichi Hospital/ Miwa Lady's Clinic	<ul style="list-style-type: none"> <li>●Eligibility: Registered Komaki residents over 40 years old who applies to the chart★ below</li> <li>●Fee: 1,500 yen</li> <li>●Applications: Persons applies to ① ② ③ in the eligibility chart★ below: Komaki Daiichi Hospital (TEL. 0568-71-4390), Miwa Lady's Clinic (TEL. 0568-76-2603), Persons applies to ④ in the chart★ below: Please contact the Health Center in advance.</li> </ul>
	Cancer screening, (Gastric cancer, colorectal cancer, prostate cancer), hepatitis screening, etc	<ul style="list-style-type: none"> <li>●Consultation period until Feb 14, 2026 (Sat)</li> </ul>	Designated local medical institutions in Komaki City	<ul style="list-style-type: none"> <li>●Call the designated local medical facility to make a reservation. Please use the QR code below for more information.</li> </ul>

[Regarding breast cancer (Mammography) screening/cervical cancer screening]

Screening performed once every two years according to the Ministry of Health, Labour and Welfare's guidelines. Thank you for your understanding and cooperation.

★ Eligibility	① Persons that have received a free coupon	② Born on Jan 7, 1989 and even numbered years before
	③ Born on Jan 8, 1989 and odd numbered years after	④ Persons don't apply to ①, ② or ③ and did not receive the screening on FY2024

\*Application for group health checkup: Application form or Health Center from 8:30 on July 7 (Mon)

\*500 yen for people that are 70 or older.



◀For details about Health Center interpretation



◀[Group screening] Application for cancer screening



◀Cancer screening details

### ▼Komaki City medical checkup

Komaki City medical checkup	<ul style="list-style-type: none"> <li>●Consultation period until Feb 14, 2026 (Sat)</li> </ul>	Designated local medical institutions in Komaki City	<ul style="list-style-type: none"> <li>●Content: Physical measurement, blood pressure, urine examination, blood test, X-ray on stomach, large intestine, chest for cancer screening</li> <li>●Eligibility: Registered Komaki residents over 40 years old who is enrolled in National Health Insurance or Late-Term Medical Insurance for the Elderly, and dependents of Japan Health Insurance Association</li> <li>●Fees: 4,800 yen for insured person of National Health Insurance and Late-Term Medical Insurance for the Elderly (1,800 yen if 70 or older), 6,100 yen for dependents of Japan Health Insurance Association (3,100 yen if 70 or older) *Medical checkup ticket sent from each insurance is required when receiving thorough medical checkup.</li> <li>●Application: Implementing local Komaki medical institution</li> </ul>
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**Inquiries** Health Center TEL.0568-75-6471 FAX.0568-75-8545



## Consultation for residence in Japan

You can consult about status of residence with the staff of the Nagoya Regional Immigration Bureau ("Nagoya Nyukan").

July and August  
consultation dates

Date/time	Jul 2 (Wed), Aug 6 (Wed) From 13:00, 14:00, 15:00 and 16:00		
Consultation time	45 min per group	Fees	0 yen
Venue	Komaki City Hall (Multicultural Symbiosis Promotion Room) It is possible to consult from home by phone or Zoom.		
Languages	Simple Japanese, Spanish, English, Portuguese, Vietnamese (interpretation available) Other languages can be used for consultation using an automated interpreting device.		
Application	Reservation required. Call the Multicultural Symbiosis Promotion Room at least two days before the consultation.		

## Notice regarding counseling for Foreigners

**Multicultural Symbiosis Promotion Room,  
Main Government Office Bldg 2F,  
City Hall 9:00-17:00**

Portuguese/Spanish/English/  
Vietnamese

Monday through Friday

In addition, the Health Insurance and Medical Division (9:00 to 17:00) has staff available to help in Portuguese, and the Nursery and Child Education Division (9:00 to 17:00), the Welfare Administration Division (9:00 to 16:30), and Parenting Generation General Support Center (9:30 to 17:30) have staff available to help in Portuguese and Spanish. Children's Policy Section (9:00-17:00) 4 days a week from Monday to Friday with Portuguese and Spanish speaking staff.

\* Consult in Japanese as well. \* Automatic Translation Machine is also available for other languages.

**Inquiries** Multicultural Symbiosis Promotion Room TEL.0568-39-6527, 0568-76-1675 (Direct interpretation)

## Joint Consultation Meeting for Foreigners

You can consult directly with Nagoya Immigration Bureau, Aichi Labor Bureau, Pension Office, and other personnel

Date/time Jul 27 (Sun) 10:00 to 16:00

Venue Komaki City Hall, Main Building,  
2F Multipurpose Space

Interpreters  
are available.

Portuguese/Vietnamese/Spanish/  
Tagalog/English

Topics you can consult about

- Working environment (Aichi Labor Bureau)
- Legal affairs (HouTerasu Aichi)
- Finding a job (Hello Work Kasugai)
- Pension (Japan Pension Service Nagoya North Branch Office)
- Immigration procedures (Nagoya Immigration Bureau)
- Tax payments, payment methods (Komaki Tax Collection Division)
- Daily life (Multicultural Symbiosis Promotion Room)

Reservation **Until Jul 24 (Thu)** Call the Multicultural Symbiosis Promotion Room or the Nagoya Immigration Bureau or make an appointment in person at the counter.

**Inquiries** Multicultural Symbiosis Promotion Room TEL.0568-76-1675 / Nagoya Immigration Bureau 0570-052259-(140#)

## H. pylori examination for Second-year Junior High Students

Komaki City performs an examination for H. pylori for second year junior high students living in Komaki on request. Those who wish to be tested can apply through the QR code or the contact information below.

\* The presence of H. pylori can lead to stomach or duodenal ulcer, or stomach cancer.  
After applying, put urine in the exam container and submit it for screening.

Fees Free Survey period August to October

Submission location Health Center, Tobu/Ajioka/Kitasato Civic Center, Seibu Community Center



For more information or questions about submission dates or other information, contact using the city website or the contact information below.

**Inquiries** Health Center TEL.0568-75-6471

## Next tax payment deadline: July 31 (Thu)

**Fixed Asset & City Planning  
Tax (2nd term)**

**National Health Insurance  
Tax (2nd term)**

**Nursing care insurance  
(1st term)**

**Submit your  
payments  
promptly!**

Avoid missed payments by setting up direct debit payments from your bank account.  
If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due.

You can pay taxes using smartphone apps including PayB or PayPay.

\* Persons using direct deposit to account cannot use payment by app.

Instructions are available on the website of the app.



**When you are unable to pay by the predetermined date due to decreased wages or other reason, consult with the taxation division.**

**If the deadline passes, you will need to pay arrears (penalty for late payment).**

If you are too busy during the day on weekdays to make your payment...

**A tax payment  
service counter  
will be open every  
Sunday.**  
(Except year end/  
New Years)

① The main building's second floor will be open to answer tax-payment related questions. Payments are accepted as well.

**Hours ▶ Jul 13 (Sun), Jul 27 (Sun) 8:30 to 17:15**

② The main building's first floor will be open to pay taxes.

**Hours ▶ Jul 6 (Sun), 13 (Sun), 20 (Sun), 27 (Sun) 8:30 to 17:15**

③ You can pay for payment notices with bar codes at convenience stores.

\*Only effective during the period written on the payment slip.

\*Certificates ..... Tax payment certificates are available at the Tax Collection Division (2F⑥).  
Income tax certificates are available at the Citizens Tax Division (2F④).

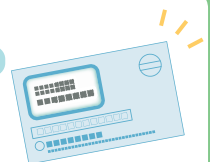
**Inquiries Tax Collection Division TEL.0568-76-1117/0568-76-1118**

## Unable to pay National Pension Premiums? Please consult with us!

If your household has low income, you may apply to have your national health insurance premiums lowered. (This is called an application for exemption.) Persons under 50 years of age can apply based on a review of their household income with themselves and their spouse.

To make a request, apply at the Citizen Registration Division.

You can apply for a period up to 25 months before the time of application. Persons that have applied in the past and received an exemption (reduced or no fee) or deferment (payment period delay) must apply for an update each year from July.



The laws of Japan specify that foreign nationals living in Japan (aged 20 to 59) must enroll in national pension and pay the premiums. There are three kinds of national pension.

**Basic pension  
for the elderly**

People that have paid national pension premiums for at least 10 years (or had approved exemptions) can apply to receive benefits from 65 years old.

**Basic disability  
pension**

During enrollment in national pension, persons determined to have a level 1 or 2 disability under the National Pension Act due to sickness or injury can receive benefits upon approval of their application.

**Basic survivor  
pension**

Survivors (parent of children under 18 or children under 18) of persons that die during enrollment in national pension can receive benefits upon approval of their application.

\* Lump sum withdrawal... Foreign nationals that have paid 6 months or more worth of national pension premiums may apply for a lump sum withdrawal within two years of leaving Japan. Please come to city hall before leaving Japan.

**Inquiries Citizen Registration Division TEL.0568-76-1124**

Multilanguage  
information  
here▶



## Recruiting Komaki Volunteers for Disaster Support for Foreigners

We are recruiting volunteers to support foreigners if a major disaster strikes.

**Eligibility** Persons living, working or studying in Komaki with an interest in local disaster prevention, and persons able to communicate in daily life in both Japanese and another language.



**Application** Persons that want to become new volunteers must answer the survey after studying online using the QR code, or contact the Multicultural Symbiosis Promotion Room.



### There is a training course for volunteers

You need to register as a volunteer in advance to attend the online training.

**Training** **Hearing the needs of foreign evacuees Aug 3 (Sun) 10:00 to 14:30**  
**Manabi Sozo Hall Training Room 1, etc.**

Session 1 Trying aid meals

Session 2 Discussion and workshop (Instructor: Kayo Tsubaki)

**Fee** 0 yen **Application period** Jul 1 (Tue) to 19 (Sat)

**Instructor** Kayo Tsubaki

**Application** Apply by the QR code on the right by Jul 19 (Sat).



**Inquiries** Komaki International Association (KIA) TEL.0568-76-0905 / Multicultural Symbiosis Promotion Room TEL.0568-39-6527



## Japanese Language Expedition NAKAMA

Try a lot of things with Japanese you learned and be more active!

**Date/time** Jul 13 (Sun) 9:30 to 12:45

**Destination** **Shinpukuji Temple**  
 (Meeting place: Lapio 4F Manabi Sozo Hall Multipurpose Room 2)

**Description** Learn how to ride Komakuru, Komaki's bus, and take Komakuru to a temple to experience Zen meditation and green tea!

**Eligibility** Junior high school students and older.

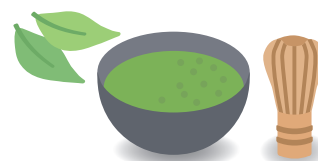
\* Persons living, working or studying in Komaki. KIA members have priority.

**Number of participants** 10 persons (Application required. in order of application)

**Fees** Members 300 yen, General 500 yen

**Application period** Jul 1 (Tue) to Jul 9 (Wed)

**Application** Please come to the Komaki International Association (KIA) Administration Office directly with the fee.



**Inquiries** Komaki International Association (KIA) TEL.0568-76-0905 FAX.0568-71-8396 E-mail: [kia@ma.ccnw.ne.jp](mailto:kia@ma.ccnw.ne.jp)  
 Komaki Civic Hall 4F, 2-107 Komaki, Komaki City  
 \*9:00 to 17:00 (Closed 12:00 to 13:00, Sundays, Mondays, and Holidays)

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3-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650

Tel: 0568-39-6527 Fax: 0568-72-2340 <http://www.city.komaki.aichi.jp/admin/lifeinfo/10821.html>

※Please see the relevant service counter for more details regarding any of the items contained herein.

Komaki Life Information

Search

