

Life Information News KOMAKI

12
2022

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Illumination

The roads near Komaki Station will be light up brightly with beautiful illumination. This year's illumination will feature experiences including characters that change color when clapping and projection mapping that reacts to motion.

Schedule Dec 1 (Thu), 2022 through Feb 15 (Wed), 2023

Venue Streets near Komaki Station

Inquiries City Promotion Division TEL.0568-76-1173



Learn Japanese at preschool before entering elementary school

Contents

At preschool, children study Japanese and about elementary school before they start at a local municipal elementary school.

- ① Reading and writing hiragana
- ② Reading numbers
- ③ Learning about the rules at school.

Date

Saturdays (Jan 7 to March 25, 2023) 11 times

*There is no class on Feb 11. Study is for one hour.

Eligibility

Children with foreign roots that will go to a Japanese elementary school in April 2023

Place

4F Komaki Civic Hall

Fee

Free

Application

Please call or come to the Komaki International Association (KIA) directly by Dec 15 (Thu).



Inquiries

Komaki International Association (KIA) TEL.0568-76-0905 FAX.0568-71-8396

E-mail: kia@ma.ccnw.ne.jp Komaki Civic Hall 4F, 2-107 Komaki, Komaki City

*9:00 to 17:00 (Closed 12:00 to 13:00, Sundays, Mondays, and Holidays)

Mother/child Health Examination Calendar

*Schedule may change or canceled for prevention of spread of Coronavirus.

| Type | Date | Venue | Reception Hours | Eligibility/Description/Application/etc. |
|--|--------------|---------------|-----------------|--|
| Health examinations for 4-month-old infants, dental examinations for mothers | Dec 6 (Tue) | Health Center | 13:05 to 14:15 | Born Aug 1 to 10, 2022 |
| | Dec 13 (Tue) | | | Born Aug 11 to 20, 2022 |
| | Dec 20 (Tue) | | | Born Aug 21 to 31, 2022 |
| Health examinations for 18-month-old infants | Dec 2 (Fri) | Health Center | 13:05 to 14:15 | Born Jun 1 to 10, 2021 |
| | Dec 9 (Fri) | | | Born Jun 11 to 20, 2021 |
| | Dec 16 (Fri) | | | Born Jun 21 to 30, 2021 |
| Dental examinations for children aged 2 years, 3 months | Dec 8 (Thu) | Health Center | 9:00 to 10:10 | Born Sep 1 to 15, 2020 |
| | Dec 15 (Thu) | | | Born Sep 16 to 30, 2020 |
| Health examinations for 3-year-old children | Dec 7 (Wed) | Health Center | 13:05 to 14:15 | Born Dec 1 to 10, 2019 |
| | Dec 14 (Wed) | | | Born Dec 11 to 20, 2019 |
| | Dec 21 (Wed) | | | Born Dec 21 to 31, 2019 |

*Those eligible were sent an examination card in advance. Please check the details on the card. *Make sure to wear mask and bring your Mother and Child Health Handbook and bath towel. *Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

| | | | | | |
|---|--|---|----------------|---|----------------------|
| Baby food class (Initial Gokkun (swallowing) class) | Dec 7 (Wed) | Health Center | 10:00 to 11:00 | ●Eligibility: Guardians of children 4 months or older. Babies can participate too ●What to bring: Mother and Child Health Handbook, bath towel, tea and writing utensils. ●Fee: 0 yen ●Application: Health Center | Reservation required |
| Baby food class (Later kami-kami (biting) class) | Dec 23 (Fri) | Health Center | 10:00 to 11:00 | ●Eligibility: Guardians of children 9 months or older. Babies can participate too ●What to bring: Mother and Child Health Handbook, bath towel, tea and writing utensils. ●Fee: 0 yen ●Application: Health Center | Reservation required |
| Class for new moms and dads | Jan 15 (Sun) | Health Center | 10:00 to 11:30 | ●Eligibility: Komaki resident pregnant women with due dates in April 2023 through July 2023 and their husbands (woman can also participate alone) | Reservation required |
| | ●Content: Information about life with a baby, the role of the father, nutrition during pregnancy, practice holding baby doll and know your home-made flavor (measure salt concentration)* Subject to change ●What to bring: Mother and Child Health Handbook, writing utensils, soup for measuring salinity concentration (about 30cc), drinks and a bath towel for each one ●Fee: 0 yen ●Application: Contact the Health Center to make a reservation | | | | |
| Niko niko cavity prevention class | Dec 5 (Mon) | Ajioka Jidokan Tel.0568-75-4999 | 10:00 to 11:15 | ●Eligibility: Nursing children (especially about one-year-old) ●Content: Consultation regarding worries/concerns about brushing teeth or teeth alignment ●What to bring: Mother and Child Health Handbook, toothbrush and bath towel ●Fee: 0 yen ●Applications: Ajioka Jidokan | Reservation required |
| Baby visit | About 1 to 3 months after birth, a health contact or a veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.) | | | | |
| Grant Mother and Child Health Handbook | Mon through Fri (Excluding National Holidays and Year End/ New Year Holidays) | Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor) | 9:30 to 17:30 | ●Content: A Public Health Nurse or a Midwife will hand out the Mother and Child Health Handbook. Please consult your anxiety and worry about pregnancy with us. ●What to bring: Pregnancy notification or medical certificate, Zairyu Card and "My Number Card" (If you do not have it, bring the "My Number's Notification Card") | |
| Nursing counseling | Dec 6 (Tue) | Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor) | 10:00 to 12:00 | ●Fee: 0 yen ●Application: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) TEL.0568-71-8611 | Reservation required |
| | Dec 12 (Mon) | | 13:00 to 16:00 | | |
| | Dec 13 (Tue) | | 10:00 to 12:00 | | |
| | Dec 20 (Tue) | | 10:00 to 12:00 | | |
| | Dec 27 (Tue) | | 10:00 to 12:00 | | |
| Parenting, pregnancy and giving birth health counseling | Dec 5 (Mon) | Ajioka Jidokan Tel.0568-75-4999 | 10:00 to 11:15 | ●Content: Consultation regarding worries/concerns for raising children, body measurements, blood pressure measurement, urine inspection (optional) ●Applications: Each Jidokan | Reservation required |
| | Dec 16 (Fri) | Komaki Jidokan Tel.0568-77-0906 | 10:00 to 11:15 | | |
| Low-weight Infant Notice | Please submit a Low-weight Infant Notice if your child's birth weight is under 2,500g. ●Submit: Kosodate Sedai Houkatsu Shien Center(Lapio 3F) or at the City Hall (Hoken Iryouka Division 1st F) | | | | |
| 1st Birthday Celebration | You will be send a questionnaire about 10 months after birth. Submit your questionnaire by the due date to receive a gift. ●Locations: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) or Jidokan in Komaki city. | | | | |

For more information,
please contact at right.

Inquiries

Health Center TEL.0568-75-6471 FAX.0568-75-8545

Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor) TEL.0568-71-8611 FAX.0568-71-8612

Information about medical examinations for adults

*Schedule may change or canceled for prevention of spread of Coronavirus.

| | Type | Date | Time | Venue | Eligibility/Fees/Application/etc. |
|------------------------|--|---|--|---|--|
| Individual examination | Screening test for stomach cancer (Abdominal X-ray) | Jan 30 (Mon) | 9:00 to 11:05 | Health Center | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 30 years old ●Capacity: 45 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Use the QR code below to apply from the Komaki City Website or call the Health Center. |
| | Screening test for colorectal cancer (Testing of the stool for occult blood) | *The samples will be collected at the health center, etc. The schedule for the collection date will be notified with the sample container distribution. | | | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 30 years old ●Fee: 500 yen ●Application: Use the QR code below to apply from the Komaki City Website or call the Health Center. |
| | Breast cancer screening (Mammography) | Jan 23 (Mon) | 9:30 to 15:00 | Kinro Center | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 40 years old those who applies to the chart below ●Capacity: 110 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Use the QR code below to apply from the Komaki City Website or the Health Center. |
| | Breast cancer screening (Ultrasound) | Dec 10 (Sat) | 9:30 to 11:30 | Kinro Center | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 30 to 39 years old ●Capacity: 60 ●Fee: 1,000 yen ●Application: Use the QR code below to apply from the Komaki City Website or call the Health Center. |
| | Osteoporosis screening (Ultrasound) | Jan 12 (Thu) | 9:00 to 11:00 | Health Center | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 30 years old ●Capacity: 75 ●Fee: 500 yen ●Application: Use the QR code below to apply from the Komaki City Website or call the Health Center. |
| | Chest X-ray screening | Dec 6 (Tue) | 9:30 to 11:00 | Tobu Community Center | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 65 years old ●Capacity: 70 ●Fee: Free ●Application: Use the QR code below to apply from the Komaki City Website or call the Health Center. |
| | Lung cancer screening (Sputum test) | <ul style="list-style-type: none"> ●Examination period until Feb 28 (Tue), 2023. *Examination to take sputum. Store three days of phlegm in a container to be collected by the Health Center, etc. You will be informed of the collection date when you apply. | | | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 50 years old who has smoked more than 600 cigarettes (calculated by the number of cigarettes you smoke a day × number of years you have been smoking) ●Capacity: Unlimited ●Fee: 500 yen ●Application: by Feb 14 (Tue), 2023 at the Health Center |
| Group screening | Individual cervical cancer screening (Gynecological, visual and cytological screening) | ●Examination period Until Mar 31 (Fri), 2023. | Ob/Gyn clinics in Komaki City | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 20 years old who applies to the eligibility chart below ●Fee: Cervical cancer screening: 1000 yen Cervical/body cancer screening: 2,000 yen (500 yen if 70 or older) *Pelvic examination is only for people determined to require the examination by the physician ●Applications: Persons applies to ① ② ③ in the eligibility chart below: Ob/Gyn clinics in Komaki City, Persons applies to ④ in the chart below: Please contact the Health Center in advance. | |
| | Individual breast cancer screening (Mammography) | | Miwa Ladies Clinic | <ul style="list-style-type: none"> ●Eligibility: Registered Komaki residents over 40 years old who applies to the eligibility chart below ●Fees: 1500 yen (500 yen if 70 or older) ●Applications: Persons applies to ① ② ③ in the eligibility chart below: Miwa Lady's Clinic (TEL. 0568-76-2603), Persons applies to ④ in the eligibility chart below: Please contact the Health Center in advance. | |
| | Detailed medical checkup | ●Examination period Until Feb 14 (Tue), 2023 | Designated local medical institutions in Komaki City | <ul style="list-style-type: none"> ●Content: Physical measurement, blood pressure, urine examination, blood test, X-ray on stomach, large intestine, chest for cancer screening ●Eligibility: Registered Komaki residents over 40 years old enrolled in National Health Insurance or Late-Term Medical Insurance for the Elderly, and dependents of Japan Health Insurance Association ●Fees: 4,800 yen for insured person of National Health Insurance or Late-Term Medical Insurance for the Elderly (1,800 yen if 70 or older), 6,150 yen for dependents of Japan Health Insurance Association (3,150 yen if 70 or older) *Detailed medical checkup ticket sent from each insurance is required when receiving medical checkup. ●Application: Designated local medical institution in Komaki City | |

| | | |
|-------------|---|--|
| Eligibility | ① Persons that have received a free coupon | ② Born before Jan 7, 1989 in odd numbered years |
| | ③ Born after Jan 8, 1989 in even numbered years | ④ Persons don't apply to ①, ② or ③ and did not receive the screening on FY2021 |

Regarding breast cancer / cervical cancer screening

*Breast cancer (Mammography screening) and cervical cancer screening are promoted to receive once in every two years according to Ministry of Health, Labor and Welfare's Guideline of Cancer Screening.

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Apply using the Komaki City Website by the QR Code for (group) cancer screening.



You can contact medical facilities to apply for cancer screenings other than breast or cervical cancer.

Next tax payment deadline: Dec 26 (Mon)

- Fixed Asset & City Planning Tax (3rd Term)
- National Health Insurance Tax (7th term)
- Nursing Care Insurance Fees (6th term)
- Late-Term Medical Insurance for the Elderly (5th term)

Pay

promptly!

Avoid missed payments by setting up direct debit payments from your bank account. If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due.

Payments for Municipal Tax etc., are available on the Smartphone App, PayB, PayPay and LINEPay.

**Persons using direct deposit to account cannot use payment by app. Instructions are available on the website of the relevant website.*



When you are unable to pay by the predetermined date due to decreased wages or other reason, consult with the Tax Collection Division. If the deadline passes, you will need to pay arrears (penalty for late payment).

If you are too busy during the day on weekdays to make your payment...

▶ A tax payment service counter will be open every Sunday. (Except year end/New Years)

① The main building's second floor will be open to answer tax-payment related questions. Payments are accepted as well.

Hours ▶ Dec 11 (Sun) / Dec 25 (Sun) 8:30 to 17:15

② The main building's first floor will be open to pay taxes.

Hours ▶ Dec 4 (Sun), 11 (Sun), 18 (Sun), 25 (Sun) 8:30 to 17:15

③ You can pay payment slips with bar codes at convenience stores.

**Only effective during the payment period.*

*Certificates Tax payment certificates are available at the Tax Collection Division (2F⑤).

Income tax certificates are available at the Municipal Tax Division (2F③).

Inquiries Tax Collection Division TEL.0568-76-1117/0568-76-1118

Komaki Emergency Clinic

Oh, no... Illness and injuries on a holiday. Have you ever been sick on a holiday?

- Sudden fever of child. ● Accidentally cutting yourself with a knife, and bleeding won't stop. ● Child's injury at a park.
- Teeth hurting too bad to eat.



Emergency Clinics are prepared for such cases.

It is located in the lot of Health Center.



Subject of treatment Internal medicine/pediatrics/surgery/dentistry

Open

Sunday, Holiday and Year end/New Years (Dec 31 to Jan 3)

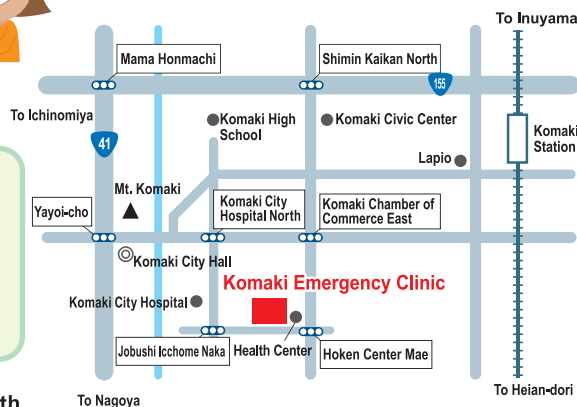
Reception Hours

Internal medicine/pediatrics/surgery...8:30 to 11:30, 13:00 to 16:30 Dentistry...8:30 to 11:30

*This clinic is not a worker's compensation insurance designated health

facility. Please use a designated facility for work related injury covered by worker's compensation insurance.

Inquiries Emergency Clinic TEL.0568-75-2070 1-318 Joubushi, Komaki city





Japanese Language Expedition NAKAMA3

Increase the things you can do
by using the Japanese you have learned.

Date/time Dec 18 (Sun) Around 9:00 to 14:00

Destination Inuyama Castle Town
(Meet at: Chess Room, 4F Komaki Civic Hall)

Content Walk and discover Inuyama Castle Town!
Hear the history!

Eligibility Junior high school students and older KIA members, Komaki City residents or persons working or studying in Komaki.

Participants 10 (in order of application, members will be prioritized)

Fees Members 300 yen, Non members 500 yen

Application period Dec 1 (Thu) to 14 (Wed)

Application Please come to the Komaki International Association (KIA) with the fee.



▲ As part of NAKAMA 2 we made library cards.



Inquiries

Komaki International Association (KIA)
Komaki Civic Hall 4F, 2-107 Komaki, Komaki City
TEL.0568-76-0905 FAX.0568-71-8396 E-mail: kia@ma.ccnw.ne.jp
*9:00 to 17:00 (Closed 12:00 to 13:00, Sundays, Mondays, and Holidays)

Komaki coming-of-age ceremony (Seijin Shukuga Shiki) 2023

Date Jan 8 (Sun), 2023

Venue Main Arena, Park Arena Komaki

Content and Time Exhibition...13:30 to 13:50
*Entrance from 12:45
Stage Event "Video Letter" (13:50 to 14:20)

Eligibility Persons born between April 2, 2002 to April 1, 2003 registered as a resident of Komaki as well as graduates from Komaki City junior high schools currently living outside of Komaki may participate.
To participate, inquire using the following contact information.
*Eligible persons received guidance around November.



Inquiries Child Policy Division TEL.0568-76-1179

Emergency support benefit for rising cost of living (electric/gas/food/etc.)

As cost of living (electric/gas/food/etc.) increases, emergency support is available to support the daily life of households not subject to residential taxes and other specific conditions.

Households not subject to residential taxes

Covered households ▶ Households living in Komaki City as of September 30, 2022 where all members of the household fulfill both ①, ② of the following criteria

① Not taxed for municipal residential taxes in FY2022

② Not a household only of dependents of persons subject to municipal residential taxes

Amount of support ▶ 50,000 yen per household

How to receive ▶ ① For households able to receive the benefits, a confirmation form will be sent by postal mail in mid-November. ② When the confirmation form arrives, check the content thereof and fill in the required information before sending it back to the City Hall by postal mail.

Application period ▶ **Until Jan 31 (Tue), 2023**

* If the confirmation form is not returned to City Hall within the reception period, the benefit will not be provided.

Households with sudden change (loss) in income

Households other than the above that suffered sudden changes (loss) to household income after January 2022 wherein all other members of the same household are deemed to be in the situation of a household not subject to residential taxes

Amount of support ▶ 50,000 yen per household

How to receive ▶ Submit the application form to City Hall. Documentation of your income (pay slip or other document) will be required.

Application period ▶ **Until Jan 31 (Tue), 2023**

Inquiries **Emergency Support Benefits Call Center TEL.0568-54-1517**
*9:00 to 17:00 (Closed from Dec 29 to Jan 3 and Saturdays, Sundays, and Holidays)

Regarding consultation about status of residence (VISA)

You can consult about status of residence with the staff of the Nagoya Regional Immigration Bureau ("Nagoya Nyukan").



December and January consultation dates

Date/time **Dec 7 (Wed), Jan 4 (Wed) From 13:00, from 14:00, from 15:00, from 16:00**

Consultation hours 45 min/group (1 or 2 persons) **Fees** 0 yen

Venue Komaki City Hall (Multicultural Symbiosis Promotion Room)
(It is possible to consult from home by phone or Zoom.)

Languages Simple Japanese, Spanish, English, Portuguese (interpretation available)
For other languages using an automated interpreting device.

Application Reservation required. Call the Multicultural Symbiosis Promotion Room to make a reservation for December by Dec 5 or for January by Dec 27.

Notice regarding counseling for Foreigners

*Consultation available in Japanese as well.

*For other languages using an automated interpreting device.

**Multicultural Symbiosis Promotion Room,
Main Government Office Bldg 2F, City Hall**

9:00 to 17:00 (Closed 12:00 to 13:00)

Portuguese/Spanish/English | Mon to Fri

In addition, Hoken Iryouka Division (9:00 to 17:00), Nursery and Child Education Division (9:00 to 16:30), Welfare General Affairs Division (9:30 to 17:30) and Kosodate Sedai Houkatsu Shien Center (9:30 to 17:30) have staff available to help in Portuguese and Spanish. **City Hall will be closed December 29 to January 3.**

Inquiries **Multicultural Symbiosis Promotion Room TEL.0568-39-6527, 0568-76-1675 (interpreters)**

Edited
and
Published

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3-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650

Tel: 0568-39-6527 Fax: 0568-72-2340

<http://www.city.komaki.aichi.jp/admin/lifeinfo/10821.html>

※Please see the relevant service counter for more details regarding any of the items contained herein.

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