

Life Information News KOMAKI

7
2022

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Accepting Applications for Municipal Housing Residents (Public Housing and Fix Rent Public Housing [Lottery]) (For general households)



Takanohashi
Housing



Daiwa
Housing



Municipal Housing	Public Housing	Fix Rent Public Housing
Overview	2 Apartments Takanohashi Housing Room 103 and 306, 3DK, no elevator	1 Apartment Daiwa Housing Bldg. 3 room 602, 3DK w/elevator
Rent	21,700 yen to 33,700 yen	75,000 yen
Application Requirements	Living or working in Komaki	None
Income Criteria	Monthly Income 158,000 yen or less	Monthly Income 158,000 yen to 487,000 yen or less

* Monthly income criteria calculated by national standards

- ①How to apply** Send by post or bring to the Construction Division (1F East Building, City Hall)
- ②Schedule (tentative)**
 ▶Application forms available Jul 19 (Tue), 2022 through Aug 15 (Mon), 2022
 ▶Application period Aug 8 (Mon), 2022 to Aug 15 (Mon), 2022
 ▶Date of lottery Aug 30 (Tue), 2022
 ▶Date for move in (tentative) Nov 1 (Tue), 2022

Inquiries Construction Division TEL.0568-76-1143

Mother/child Health Examination Calendar

*Schedule may change or canceled for prevention of spread of Coronavirus.



Type	Date	Venue	Reception Hours	Eligibility/Description/Application/etc.
Health examinations for 4-month-old infants, dental examinations for mothers	Jul 5 (Tue)	Health Center	13:05 to 13:55	Born Mar 1 to 8, 2022
	Jul 12 (Tue)			Born Mar 9 to 16, 2022
	Jul 19 (Tue)			Born Mar 17 to 24, 2022
	Jul 26 (Tue)			Born Mar 25 to 31, 2022
Health examinations for 18-month-old infants	Jul 1 (Fri)	Health Center	13:05 to 14:15	Born Jan 1 to 10, 2021
	Jul 8 (Fri)			Born Jan 11 to 20, 2021
	Jul 15 (Fri)			Born Jan 21 to 31, 2021
Dental examinations for children aged 2 years, 3 months	Jul 7 (Thu)	Health Center	9:00 to 10:10	Born Apr 1 to 15, 2020
	Jul 14 (Thu)			Born Apr 16 to 30, 2020
Health examinations for 3-year-old children	Jul 6 (Wed)	Health Center	13:05 to 14:15	Born Jul 1 to 10, 2019
	Jul 13 (Wed)			Born Jul 11 to 20, 2019
	Jul 27 (Wed)			Born Jul 21 to 31, 2019

*Those eligible were sent an examination card in advance. Please check the details on the card.

*Make sure to wear mask and bring your Mother and Child Health Handbook and bath towel.

*Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

Baby food class (Initial Gokkun (swallowing) class)	Jul 6 (Wed)	Health Center	10:00 to 11:00	●Eligibility: Guardians of children 4 months or older Babies can participate too ●What to bring: Mother and Child Health Handbook, bath towel, tea and writing utensils. ●Fee: 0 yen ●Application: Health Center	Reservation required
Baby food class (Later kami-kami (biting) class)	Jul 22 (Fri)	Health Center	10:00 to 11:00	●Eligibility: Guardians of children 9 months or older Babies can participate too ●What to bring: Mother and Child Health Handbook, bath towel, tea and writing utensils. ●Fee: 0 yen ●Application: Health Center	Reservation required
Class for new moms and dads	Jul 10 (Sun)	Health Center	10:00 to 11:30	●Eligibility: Komaki resident pregnant women with due dates in October 2022 through January 2023 and their husbands (woman can also participate alone)	Reservation required
	●Content: Information about life with a baby, the role of the father, nutrition during pregnancy, practice holding babies and know your home-made flavor (measure salt concentration)* Subject to change ●What to bring: Mother and Child Health Handbook, writing utensils, soup for measuring salinity concentration (about 30cc), drinks and a bath towel for each ●Fee: 0 yen ●Application: Contact the Health Center to make a reservation				
Niko niko cavity prevention class	Jul 4 (Mon)	Seibu Jidokan TEL. 0568-42-0205	10:00 to 11:15	●Eligibility: Nursing children (especially about one-year-old) ●Content: Consultation regarding worries/concerns about brushing teeth or teeth alignment ●What to bring: Mother and Child Health Handbook, toothbrush and bath towel ●Fee: 0 yen ●Applications: Seibu Jidokan	Reservation required
Baby visit	About 1 to 3 months after birth, a health contact or a veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.)				
Grant Mother and Child Health Handbook	Mon through Fri (Excluding National Holidays and Year End/New Year Holidays)	Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor)	9:30 to 17:30	●Content: A Public Health Nurse or a Midwife will hand out the Mother and Child Health Handbook. Please consult your anxiety and worry about pregnancy with us. ●What to bring: Pregnancy notification or medical certificate, Zairyu Card and "My Number Card" (If you do not have it, bring the "My Number's Notification Card")	
Nursing counseling	Jul 5 (Tue)	Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor)	10:00 to 12:00	●Fee: 0 yen ●Application: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) TEL.0568-71-8611	Reservation required
	Jul 11 (Mon)		13:00 to 16:00		
	Jul 19 (Tue)		10:00 to 12:00		
	Jul 25 (Mon)		13:00 to 16:00		
	Jul 26 (Tue)		10:00 to 12:00		
Parenting, pregnancy, and giving birth health counseling	Jul 1 (Fri)	Shinooka Jidokan TEL. 0568-79-0690	10:00 to 11:15	●Content: Consultation regarding worries/concerns for raising children, body measurements, blood pressure measurement, urine inspection (optional) ●Applications: Each Jidokan	Reservation required
	Jul 4 (Mon)	Seibu Jidokan TEL. 0568-42-0205	10:00 to 11:15		
	Jul 12 (Tue)	Komaki Minami Jidokan TEL. 0568-77-0454	13:00 to 14:15		
Low-weight Infant Notice	Please submit a Low-weight Infant Notice if your child's birth weight is under 2,500g. ●Send to: Kosodate Sedai Houkatsu Shien Center(Lapio 3F) or at the City Hall (Hoken Iryouka Division 1st F)				
1st Birthday Celebration	You will be send a questionnaire about 10 months after birth. Submit your questionnaire by the due date to receive a gift. ●Locations: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) or Jidokan in Komaki city.				

For more information, please contact at right.

Inquiries

Health Center TEL.0568-75-6471 FAX.0568-75-8545

Kosodate Sedai Houkatsu Shien Center (Lapio 3rd floor) TEL.0568-71-8611 FAX.0568-71-8612

Information about medical examinations for adults

*Schedule may change or canceled for prevention of spread of Coronavirus.

	Type	Date	Time	Venue	Eligibility/Fees/Application/etc.
Group screening	Screening test for stomach cancer (Abdominal X-ray)	Jul 20 (Wed) Jul 29 (Fri)	9:00 to 11:05	Health Center	●Eligibility: Registered Komaki residents over 30 years old ●Capacity: 45 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Health Center
	Screening test for colorectal cancer (Testing of the stool for occult blood)	*The samples will be collected at the health center. The schedule for the collection date will be notified with the sample container distribution.			Health Center ●Eligibility: Registered Komaki residents over 30 years old ●Fee: 500 yen ●Application: Health Center
	Cervical cancer screening (cervix only)	Aug 22 (Mon)	9:00 to 15:30	Health Center	●Eligibility: Registered Komaki residents over 20 years old who applies to the eligibility chart below ●Capacity: 120 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Health Center
	Breast cancer (Mammography screening)	Jul 21 (Thu) Jul 28 (Thu)	9:00 to 15:30	Health Center	●Eligibility: Registered Komaki residents over 40 years old who applies to the eligibility chart below ●Capacity: 110 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Health Center
		Aug 29 (Mon)	9:30 to 15:30	Labor Center	
	Breast cancer (Ultrasound)	Aug 25 (Thu)	9:00 to 11:00	Health Center	●Eligibility: Registered Komaki residents over 30 to 39 years old ●Capacity: 60 ●Fee: 1,000 yen ●Application: Health Center
	Chest X-ray	Aug 26 (Fri)	9:00 to 10:30	Health Center	●Eligibility: Registered Komaki residents over 65 years old ●Capacity: 70 ●Fee: 0 yen ●Applications: Appointment not required
	Lung cancer (Sputum test)	●Examination period until Feb 28 (Tue), 2023. *Examination to take sputum. Collect three days amount of your sputum in the container and send them to the Health Center on the designated date.			●Eligibility: Registered Komaki residents over 50 years old who has smoked more than 600 cigarettes (calculated by the number of cigarettes you smoke a day × number of years you have been smoking) ●Capacity: Unlimited ●Fee: 500 yen ●Application: by Feb 14 (Tue), 2023 at the Health Center *The submission date will be notified to you when applying.
Young examination	Aug 22 (Mon)	9:30 to 12:00	Health Center	●Content: Body measurements (height, weight, abdomen), blood pressure, urine and blood analysis (lipid analysis, blood sugar analysis, anemia analysis), consultation with a dental health professional/consultation with a nurse/ examination by a physician ●Eligibility: Registered residents of Komaki without opportunity to get health examination from their workplace, etc. (Born April 1, 1983 to April 1, 1988) ●Capacity: 60 ●Fee: 0 yen ●Application: Contact the Health Center to make a reservation	
Individual examination	Individual cervical cancer screening (Gynecological, visual and cytological screening)	●Examination period: Jun 1 (Wed), 2022 through Mar 31 (Fri), 2023.		Ob/Gyn clinics in Komaki City	●Eligibility: Registered Komaki residents over 20 years old who applies to the eligibility chart below ●Fee: Cervical cancer screening: 1000 yen Cervical/body cancer screening: 2,000 yen (500 yen if 70 or older) *Body cancer examination is only for people determined to require the examination by the physician ●Applications: Persons applies to ① ② ③ in the eligibility chart below: Ob/Gyn clinics in Komaki City, Persons applies to ④ in the chart below: Please contact the Health Center in advance.
	Individual breast cancer screening (Mammography screening)			Miwa Ladies Clinic	●Eligibility: Registered Komaki residents over 40 years old who applies to the eligibility chart below ●Fees: 1500 yen (500 yen if 70 or older) ●Applications: Persons applies to ① ② ③ in the eligibility chart below: Miwa Lady's Clinic (TEL. 0568-76-2603), Persons applies to ④ in the eligibility chart below: Please contact the Health Center in advance.
	Medical checkup	●Consultation period Until Feb 14 (Tue) , 2023		Designated local medical institution in Komaki City	●Content: Physical measurement, blood pressure, urine examination, blood test, X-ray on stomach, large intestine, chest for cancer screening ●Eligibility: Registered Komaki residents over 40 years old who is enrolled in National Health Insurance or Late-Term Medical Insurance for the Elderly, and dependents of Japan Health Insurance Association ●Fees: 4,800 yen for insured person of National Health Insurance or Late-Term Medical Insurance for the Elderly (1,800 yen if 70 or older), 6,150 yen for dependents of Japan Health Insurance Association (3,150 yen if 70 or older) *Health checkup ticket sent from each insurance is required when receiving Thorough medical checkup. ●Application: Designated local medical institution in Komaki City

Regarding breast cancer / cervical cancer screening

*Breast cancer (Mammography screening) and cervical cancer screening are promoted to receive once in every two years according to Ministry of Health, Labour and Welfare's Guideline of Cancer Screening.

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Next tax payment deadline: Aug 1 (Mon)

- Fixed Asset Tax (2nd term)
- National Health Insurance Tax (2nd term)
- Nursing Care Insurance Fees (1st term)

Pay promptly!

Avoid missed payments by setting up direct debit payments from your bank account.

If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due. Payments for Municipal Tax etc., are available on the Smartphone App, PayB, PayPay and LINEPay.

*Persons using direct deposit to account cannot use payment by app. Instructions are available on the website of the relevant website.



When you are unable to pay by the predetermined date due to decreased wages or other reason, consult with the Tax Collection Division. If the deadline passes, you will need to pay arrears (penalty for late payment).

If you are too busy during the day on weekdays to make your payment...

▶ A tax payment service counter will be open every Sunday. (Except year end/New Years)

① The main building's second floor will be open to answer tax-payment related questions. Payments are accepted as well.

Hours ▶ Jul 10 (Sun) and Jul 24 (Sun) From 8:30 to 17:15

② The main building's first floor will be open to pay taxes.

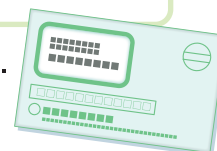
Hours ▶ Jul 3 (Sun), 10 (Sun), 17 (Sun), 24 (Sun), 31 (Sun) 8:30 to 17:15

③ You can pay payment slips with bar codes at convenience stores.

*Only effective during the payment period.

[Certificates] Tax payment certificates are available at the Tax Collection Division (2F⑤).

Income tax certificates are available at the Citizens Tax Division (2F③).



Inquiries Tax Collection Division TEL.0568-76-1117 / 0568-76-1118

Come study Kanji with us

Let's learn kanji and Japanese.

水山
私人木



Date Sundays in July and September (total 8 times)

Venue July 3, 17Komaki Civic Hall Study Room 4-4
August 14, 28Komaki Civic Hall Study Room 3-1
September 4, 11, 18Komaki Civic Hall Study Room 3-1
September 25Komaki Civic Hall Study Room 4-4

Eligibility All foreigners that want to study kanji can come

Time 13:00 to 16:30

Application Come to the study venue. No application necessary

Fee 0 yen

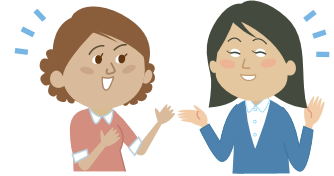
Other Wear a mask.

Inquiries Kanji volunteer class (Yatsugi) TEL.090-9194-1801

Unable to pay National Pension Premiums? Please consult with us!

If you or family have low income, you may apply to have your national pension premiums lowered. (This is called an application for exemption.) Your and spouse under 50 years of age can apply with only their income at the Citizen Inquiry Division.

- ★Applicable for the period from 2 years and one month before the day of application. Persons that have applied for exemptions or deferrals in the past that were approved must apply for renewal each year after July.



The laws of Japan specify that foreign nationals living in Japan (aged 20 to 59) must enroll in national pension and pay the premiums. There are three kinds of national pension.

Basic pension for the elderly

People that have paid national pension premiums for at least 10 years (or had approved exemptions) can apply to receive benefits from 65 years old.

Basic disability pension

During enrollment in national pension, persons determined to have a level 1 or 2 disability due to sickness or injury can receive benefits upon approval of their application.

Basic survivor pension

Survivors of persons that die during enrollment in national pension can receive benefits upon approval of their application.

*Foreign nationals that have paid 6 months or more worth of national pension premiums may apply for a lump sum withdrawal within two years of leaving Japan. Please come to city hall before leaving Japan.

Inquiries Citizen Division TEL.0568-76-1124



COVID-19 Vaccination Certificates

People with Individual Number Cards can have certificates issued using smartphone app.

Google Play



App Store



If you do not have an Individual Number Card but require certification for traveling abroad, it is possible to apply for COVID-19 Vaccination Certificate but it cannot be received on the same day. (It takes about one week to receive it) If you need a certificate, please apply in advance.

How to apply

▼ Electronic Application (available 24H)

Application Form ▶



▼ Applying at the counter

Komaki City Hall Main Government Office Bldg 4F (weekdays 9:00 to 17:00) COVID-19 Vaccination Phone Consultation Service *Portuguese, Spanish and English interpretation available.

Inquiries COVID-19 vaccination phone consultation TEL.0568-48-7311

Regarding consultation about status of residence (VISA)

You can consult about status of residence with the staff of the Nagoya Regional Immigration Bureau ("Nagoya Nyukan").



July and August
consultation dates

Date/time	Jul 6 (Wed), Aug 3 (Wed) From 13:00, from 14:00, from 15:00, from 16:00	Fee	0 yen
Consultation hours	45min/group (1 or 2 persons)		
Venue	Komaki City Hall (Multicultural Symbiosis Promotion Room) It is possible to consult from home by phone or Zoom.		
Languages	Simple Japanese, Spanish, English, Portuguese (interpretation available) For other languages using an automated interpreting device.		
Application	Reservation required. Call the Multicultural Symbiosis Promotion Room at least two days before the consultation.		

Inquiries Multicultural Symbiosis Promotion Room TEL.0568-39-6527, 0568-76-1675 (interpretation)

Call for Participants for the 43rd Komaki Citizen's Festival

We're going to have a great time together!
Come and participate in the Komaki Citizen's Festival, the largest local event; held October 15 (Sat) and 16 (Sun).
Come on out and participate in the festival.



Date	Oct 15 (Sat), 16 (Sun)
Description	Stage performance Dance Mix (Only 15 (Sat)) Volunteer



- ▶ **Deadline of application:** Stage performance/Dance Mix...Until **Jul 13 (Wed)**
Volunteer...Until **Sep 22 (Thu)**

- ▶ **How to apply:** Send the application form to the City Festival Executive Committee.
Application forms are available on the City Festival special website, as well as the City Promotion Division, Tobu, Ajioka and Kitasato Civic Center, Manabi Sozo Hall, and Park Arena Komaki.
*Application is available via mail, FAX, e-mail or you can hand it in.

For more information, please see the Komaki City Festival Special Website:
<http://komaki-shimin-matsuri.jp/>



Inquiries Komaki City Festival Executive Committee Office (City Promotion Division) 485-8650
(address not necessary) TEL.0568-76-1173 FAX.0568-75-8283 E-mail: citypromotion@city.komaki.lg.jp

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※Please see the relevant service counter for more details regarding any of the items contained herein.

Komaki Life Information



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Printed with soy ink for the sake of the environment.