

Life Information News KOMAKI

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2020

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Castle Tower with
Autumn
Leaves

(Photographs taken
by Cultural Asset Section)

Komaki City History Museum

(The castle shaped building on
the top of the Mt. Komaki)

The building was designed based on Hiunkaku, a gorgeous building that is a part of a famous temple in Kyoto. The building was completed on March 26, 1968 and donated to Komaki city. Later, the interior design of the museum was refurbished to resemble a wooden castle and reopened on March 31, 2007 including partial changes to exhibitions in 2019.

Komaki Seijin Shukuga Shiki (coming of age ceremony) 2021

Date/time

Jan 10, 2021 (Sun)

13:30 to 14:30 (Venue open from 12:45)

Venue

Park Arena Komaki

Eligibility

Registered Komaki residents

born between April 2, 2000 and Apr 1, 2001;

come directly to the venue on the day

Content (tentative)

1st Term...Exhibition 2nd Term...Event (Video Letter)

Eligible persons will be sent guidance in mid-November. Second floor seating will be used for eligible persons as well so only eligible persons can enter the venue (inside the building) on the day. Thus, Komaki City will ask guardians and other general persons to refrain from entering or viewing. Thank you for cooperating with efforts to prevent the spread of COVID-19.

Inquiries

Child Policy Division TEL.0568-76-1179



View a Replica of the Komaki Meteorite

(Photograph) Nagoya
City Science Museum

"Komaki" is the 52nd meteorite found in Japan. It fell in Komaki City in September 2018.

A Replica of the "Komaki" meteorite is available to view. Please come and see it.



●Hours: From Nov 1 (Sun) ●Venue: 1F Lobby, Komaki Central Civic Hall

●Fees: 0 yen

●Application: Not required

Inquiries

Komaki Central Civic Hall TEL.0568-75-1861

Medical Checkup Information

*Schedule may change or cancel for prevention of spread of Coronavirus.

Mother/child Health Examination Calendar

*Make sure to wear a mask and bring parent-child (maternal and child) health handbook and a bath towel.

母子手帳

Type	Date	Venue	Reception Hours	Eligibility/Description/Application/etc.
Health examinations for 4-month-old infants, dental examinations for mothers	Nov 10 (Tue)	Health Center	13:05 to 13:55	Born Jul 1 to 10, 2020
	Nov 17 (Tue)			Born Jul 11 to 20, 2020
	Nov 24 (Tue)			Born Jul 21 to 31, 2020
Health examinations for 18-month-old infants	Nov 5 (Thu)	Health Center	13:05 to 14:15	Born Apr 11 to 20, 2019
	Nov 6 (Fri)			Born Apr 21 to 30, 2019
	Nov 12 (Thu)			Born May 1 to 10, 2019
	Nov 13 (Fri)			Born May 11 to 20, 2019
	Nov 20 (Fri)			Born May 21 to 31, 2019
Dental examinations for children aged 2 years, 3 months	Nov 5 (Thu)	Health Center	9:00 to 10:10	Born Aug 1 to 15, 2018
	Nov 12 (Thu)			Born Aug 16 to 31, 2018
Health examinations for 3-year-old children	Nov 4 (Wed)	Health Center	13:05 to 14:15	Born Sep 11 to 20, 2017
	Nov 11 (Wed)			Born Sep 21 to 30, 2017
	Nov 18 (Wed)			Born Oct 1 to 10, 2017
	Nov 26 (Thu)			Born Oct 11 to 20, 2017
BCG Vaccination	Nov 9 (Mon)	Health Center	13:45 to 14:30	From 5 months old to under 1 year old
	Nov 19 (Thu)			(Standardized vaccination period is from 5 months old to under 9 months old)
	Nov 25 (Wed)			

*Schedule may change or canceled for prevention of spread of Coronavirus. *Those eligible were sent an examination card in advance.

Please check the details on the card. *Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

Grant Maternal and Child Health Handbook	Weekdays (Excluding National Holidays and Year End/New Year Holidays)	Kosodate Sedai Houkatsu Shien Center (Lapio 3F)	9:30 to 17:30	<ul style="list-style-type: none"> Content: A Public Health Nurse or Midwife will hand out the Maternal and Child Health Handbook. Please consult your anxiety and worry about pregnancy with us What to bring: Pregnancy notification or medical certificate, Zairyu Card and the "My Number Card" (If you do not have it, bring "the My Number's Notification Card")
Baby food class (Initial Gokkun (swallowing) class)	Nov 4 (Wed)	Health Center	10:00 to 11:00 (tentative)	<ul style="list-style-type: none"> Eligibility: Guardians of children 4 months or older (babies can participate too) Fee: 0 yen Application: Health Center What to bring: Parent-child (maternal and child) health handbook, bath towel, tea, pen or pencil
Baby food class (Later kami-kami (biting) class)	Nov 20 (Fri)	Health Center	10:00 to 11:00 (tentative)	<ul style="list-style-type: none"> Eligibility: Parents and children 9 months or older Fee: 0 yen Application: Health Center What to bring: Parent-child (maternal and child) health handbook, bath towel, hand towel, tea, pen or pencil
Class for new moms and dads	Nov 8 (Sun)	Health Center	10:00 to 12:00	<ul style="list-style-type: none"> Eligibility: Komaki resident pregnant women and their husbands (woman can also participate alone) Contents: Information about life with a baby, the role of the father, nutrition during pregnancy, dental health, holding babies experience and know your home-made flavor (measure salt concentration) Application: Health Center What to bring: Parent-child (maternal and child) health handbook, writing utensils, soup for measuring salinity concentration (about 30cc), drinks and bath towel for each Fee: 0 yen
Nursing counseling	Nov 4 (Wed) Nov 6 (Fri) Nov 13 (Fri) Nov 18 (Wed) Nov 24 (Tue)	Kosodate Sedai Houkatsu Shien Center (Lapio 3F)	10:00 to 12:00 10:00 to 12:00 10:00 to 12:00 10:00 to 12:00 13:00 to 16:00	<ul style="list-style-type: none"> Fee: 0 yen Application: Kosodate Sedai Houkatsu Shien Center (Lapio 3F)
Parenting, pregnancy, and giving birth health counseling	Nov 10 (Tue) Nov 20 (Fri) Nov 30 (Mon)	Ajioka Jidokan Komaki Jidokan Kitasato Jidokan	TEL.0568-75-4999 TEL.0568-77-0906 TEL.0568-71-1183	<ul style="list-style-type: none"> Content: Consultation regarding worries, concerns for raising children, body measurements, blood pressure measurement, urine analysis (optional) Applications: Each Jidokan
Niko niko cavity prevention class	Nov 30 (Mon)	Kitasato Jidokan TEL.0568-71-1183	10:00 to 11:15	<ul style="list-style-type: none"> Eligibility: Nursing children (especially about one-year-old) Content: Consultation regarding worries/concerns about brushing teeth or teeth alignment What to bring: Parent-child (maternal and child) health handbook, toothbrush, bath towel Fee: 0 yen Applications: Each Jidokan
Baby visit	About 1 to 3 months after birth, a health contact or a veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.)			
Low-weight Infant Notice	Please submit a Low-weight Infant Notice if your child's birth weight is under 2,500g. Send to: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) or at the City Hall (Hoken Iryouka Division 1st floor)			
1st Birthday Celebration	Around the 10 months of the baby, we will send a questionnaire to the baby's home. Let's get a gift by sending the questionnaire. Locations: Kosodate Sedai Houkatsu Shien Center (Lapio 3F) or Jidokan in Komaki city			

For more information,
please contact at right.

Inquiries

Health Center TEL.0568-75-6471 FAX.0568-75-8545

Kosodate Sedai Houkatsu Shien Center (Lapio 3F) TEL.0568-71-8611 FAX.0568-71-8612

Medical Checkup Information

<Information about examinations for adults>

*Schedule may change or canceled for prevention of spread of Coronavirus.

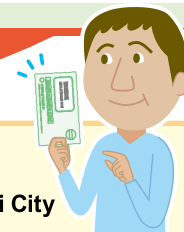
	Type	Date	Time	Venue	Eligibility/Fees/Application/etc.
Group screening	Screening test for stomach cancer (Abdominal X-ray)	Nov 25 (Wed) Dec 16 (Wed)	9:00 to 11:05	Health Center	●Eligibility: Registered Komaki residents over 30 years old ●Capacity: 24 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Health Center
	Screening test for colorectal cancer (Testing of the stool for occult blood)	*The samples will be collected at the health center. The schedule for the collection date will be notified with the sample container distribution.			Health Center ●Eligibility: Registered Komaki residents over 30 years old ●Fee: 500 yen ●Application: Health Center
	Cervical cancer screening (cervix only)	Nov 18 (Wed)	13:30 to 15:30	Tobu Community Center	●Eligibility: Registered Komaki residents over 20 years old who applies to the chart below ●Capacity: 40 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Health Center
	Screening test for breast cancer (Mammography screening)	Nov 30 (Mon) Dec 21 (Mon)	9:00 to 15:30	Health Center	●Eligibility: Registered Komaki residents over 40 years old who applies to the chart below ●Capacity: 80 ●Fees: 1,000 yen (500 yen if 70 or older) ●Application: Health Center
	Screening test for breast cancer (Mammography screening)	Dec 5 (Sat)	9:30 to 11:00	Labor Center	●Eligibility: Registered Komaki residents over 30 to 39 years old ●Capacity: 15 ●Fee: 1,000 yen ●Application: Health Center
	Osteoporosis screening (ultrasound)	Nov 17 (Tue) Dec 24 (Thu)	13:30 to 14:30 9:00 to 10:30	Tobu Community Center Health Center	●Eligibility: Registered Komaki residents over 30 years old ●Capacity: 75 ●Fee: 700 ●Application: Health Center
	Chest X-ray	Dec 15 (Tue)	9:00 to 11:00	Health Center	●Eligibility: Registered Komaki residents over 65 years old ●Capacity: 30 ●Fee: 0 yen ●Application: Health Center
	Lung cancer (Sputum test)	●Examination period until Feb 26 (Fri), 2021. *Examination to take sputum. Collect three days amount of your sputum in the container and send them.			●Eligibility: Registered Komaki residents over 50 years old who smokes cigarettes more than 600 (calculating, number of cigarettes you smoke a day × number of years you have been smoking) ●Capacity: Unlimited ●Fee: 500 yen ●Application: Come to the counter in Health Center by Feb 12 (Fri), 2021.
Individual examination	Young examination	Nov 19 (Thu) Dec 5 (Sat)	9:30 to 12:00	Health Center (Dec 5 is at the Labor Center)	●Body measurements (height, weight, waist), blood pressure, urine testing, blood testing (lipids, blood sugar, anemia) ●Eligibility: Registered resident of Komaki City without company provided health examination born April 1, 1981 to April 1, 1986 ●Capacity: 70 (In order of application) ●Fee: 0 yen ●Application: Select the day to receive a checkup first and then contact the Health Center.
	Individual cervical cancer screening (Gynecological, visual and cytological screening)	●Examination period until Mar 31 (Wed), 2021.		Ob/Gyn clinic in Komaki City	●Eligibility: Registered Komaki residents over 20 years old who applies to the chart below ●Fee: Cervical cancer screening 1000 yen Cervical/body cancer screening: 2000 yen (500 yen if 70 or older) *Body cancer examination is only for people determined to require the examination by the physician ●Applications: Persons applies to ① ~ ③ in the chart below: Ob/Gyn clinic in Komaki City. Persons applies to ④ in the chart below: Please come to the Health Center in advance.
	Individual screening test for breast cancer (Mammography screening)			Miwa Lady's Clinic	●Eligibility: Registered Komaki residents over 40 years old who applies to the chart below ●Fees: 1500 yen (500 yen if 70 or older) ●Applications: Persons applies to ① ~ ③ in the chart below: Miwa Lady's Clinic (TEL. 0568-76-2603), persons apply to ④ in the chart below: Please come to the Health Center in advance.
	Medical checkup	●Examination period until Feb 14 (Sun), 2021.		Designated local medical institution in Komaki City	●Physical measurement, blood pressure, urine examination, blood test, X-ray on stomach, large intestine, chest for cancer screening ●Eligibility: Registered Komaki residents over 40 years old who is enrolled in National Health Insurance or Late-Term Medical Insurance for the Elderly, and dependents of Japan Health Insurance Association ●Fees: Insured person of National Health Insurance, subscriber of Late-Term Medical Insurance for the Elderly 4,900 yen (1,900 yen if 70 or older), dependents of Japan Health Insurance Association: 6,280 yen (3,280 yen if 70 or older) *Health checkup ticket received from each insurance is required when receiving thorough medical checkup. ●Application: Designated local medical institution in Komaki City

Eligibility	① Persons that have received a free coupon	② Born on Jan 7, 1989 and odd numbered years before
	③ Born on even numbered years after Jan 8, 1989	④ Others that did not receive the screening of FY2019

Regarding breast cancer / cervical cancer screening *Breast cancer (Mammography screening) and cervical cancer screening are promoted to receive once in every two years according to Ministry of Health, Labor and Welfare's Guideline of Cancer Screening.

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Information for Rubella Antibody Exam/Vaccinations



Eligibility Male persons born April 2, 1962 to April 1, 1979

Fees 0 yen (Free coupon required) **Application** Local medical institution in Komaki City

First you can receive a exam for antibodies and then find out whether you can get rubella easily.

Next, persons that can easily get rubella (persons lacking antibodies) can receive vaccination.

Getting rubella may cause fever, swollen throat or face, and many red spots. This sickness spreads easily wherever people gather such as trains and companies. In cases of pregnancy, getting rubella can result in the child being born with serious illness or permanent handicap.

◎Free coupons were sent in FY2019 and FY2020.

People who received a free coupon in FY2019 can still use it because the coupon effective period has been extended.

Persons that have not received an antibody exam should receive one.

Persons who did not receive an antibody exam and do not have a coupon should ask the Health Center.

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Next tax payment deadline: Nov 30 (Mon)

●National Health Insurance Tax (6th term) ●Nursing Care Insurance Fees (5th term)

●Late-Term Medical Insurance for the Elderly (4th term)

Submit your
payments
promptly!

Avoid missed payments by setting up direct debit payments from your bank account. If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due. Payments for Municipal Tax etc., are available on the Smartphone App, PayB. Please check PayB website (<https://payb.jp>) for more information.

If you are too
busy during the
day on weekdays
to make your
payment...

A tax payment service counter will be open every Sunday. (Except year end/New Years)

① The main building's second floor will be open to answer tax-payment related questions. Payments are accepted as well.

Hours: Nov 8 (Sun)/Nov 22 (Sun) 8:30 to 17:15

② The main building's first floor will be open to pay taxes.

Hours: Nov 1 (Sun), 8 (Sun), 15 (Sun), 22 (Sun), 29 (Sun) 8:30 to 17:15

③ You can pay for payment notices with bar codes at convenience stores.

*Only effective during the payment period.

Inquiries Tax Collection Division TEL.0568-76-1117/0568-76-1118

Various events may change or canceled in order to prevent spreading COVID-19 (Coronavirus).

*Please ask the relevant inquiries for more details.

○Information about
COVID-19 (Coronavirus)

<http://www.city.komaki.aichi.jp/admin/lifeinfo/28919.html>



Notice regarding counseling for Foreigners



**Multicultural Symbiosis Promotion Room,
Main Government Office Bldg 2F, City Hall
9:00 to 17:00 (Closed 12:00 to 13:00)**

Portuguese/Spanish/English | Monday through Friday

* Consultation available in Japanese as well

In addition, the Health Insurance and Medical Division and Nursery and Child Education Division have staff available to help in Portuguese (9:00 to 17:00), the Welfare Administration Division in Portuguese (9:00 to 16:30), Parenting Generation General Support Center in Portuguese and Spanish (9:30 to 17:30). Automatic Translation Machine is also available for other languages.

Inquiries Multicultural Symbiosis Promotion Room TEL.0568-76-1675 (Direct consultation)

FY2021 Children's club applications



Eligibility

Children attending 1st to 6th grade at a local elementary school meeting certain criteria such as guardians (parents) are not at home during day due to work. (Application required every year.)

Open Hours

- ▶ Weekdays: End of classes to 19:00 ▶ Saturday: 8:30 to 18:00
- ▶ Long vacation period: 7:30 to 19:00 (excludes Saturdays)
- ▶ School rollover days off/graduation ceremony: 7:30 to 19:00

*Except Sundays, holidays and year end/New Years. *Please pick up and drop off in time.

Fees

Monthly amount: 5,000 yen (August only 8,000 yen) * Snack fee charged separately.

*Snack Fee: 500 to 1,000 yen per month * Direct withdrawal (paid by withdrawal from the bank account.)

Application period and venue

① Nov 9 (Mon) to Nov 20 (Fri), 2020 ● Applications venue: The kids club you want to apply
Weekdays: 13:30 to 18:00 Saturday: 13:00 to 17:00 * Not available on holidays or Sundays

② Nov 24, 2020 (Tue) and later ● Applications venue: Child Policy Division
Weekdays: 8:30 to 17:15 * Saturday, Sunday, Holiday and Year end/New Years
(Dec 29 to Jan 3) are unavailable.

Application Deadline: Jan 15, 2021 (Fri)

Where application forms are left

Child Policy Division, each Children's Club, Community center

The Kids Club List

Club name	Address	TEL
Momogaoka	2-3 Momogaoka, Komaki (Inside Momogaoka E.S.)	0568-79-2110
Isshiki	3500 Oaza-Kuboishiki, Komaki (Inside Ishiki E.S.)	0568-77-3275
Komeno	5-339 Chuo, Komaki (Inside Komeno E.S.)	0568-77-3357
Kitasato	2-50 Shimooobari Nakashima, Komaki (Inside Kitazato E.S.)	0568-71-2584
Honjo	2597-18 Oaza-Honjo, Komaki (East side of Honjo E.S.)	0568-78-5711
Hikarigaoka	3-50 Hikarigaoka, Komaki (Inside Hikarigaoka E.S.)	0568-78-2110
Shinooka	2-25 Shinooka, Komaki (Inside Shinooka E.S.)	0568-79-8041
Komaki	3-17 Komaki, Komaki (Inside Komaki E.S.)	0568-77-5122
Ajioka	5-150 Komatsuji, Komaki (Inside Ajioka E.S.)	0568-77-8666
Komakihara	1125 Oaza-Komakiharashinden, Komaki (Inside Komakihara E.S.)	0568-73-7339
Koki	2-1 Kokinishi, Komaki (Inside Koki E.S.)	0568-72-8655
Muranaka	1045 Oaza-Muranaka, Komaki (Inside Muranaka E.S.)	0568-76-2655
Komaki Minami	82 Wakakusacho, Komaki (Inside Komaki Minami E.S.)	0568-76-8851
Mitsubuchi	480 Oaza-Mitsubuchi, Komaki (Inside Mitsubuchi E.S.)	0568-76-8100
Sue	3450-282 Oaza-Kamizue, Komaki (Inside Sue E.S.)	0568-78-1101
Oshiro	3-2-4 Shiroyama, Komaki (2F inside Oshiro Jidokan)	0568-78-1102

Inquiries

Child Policy Division TEL.0568-76-1129

Eliminate Traffic Accidents!

! Turn on headlights early

From around 16:00 before it gets dark, turn on your car headlights.

Turning on your headlights will help pedestrians and cyclists see your car.

! Wear bright colored clothes

When going out at night, wear bright colored clothes such as white.

Carry something that shines. Cars will be able to see you sooner.



During fall and winter, it gets dark early. This makes it difficult to see pedestrians and cyclists from cars.

Traffic accidents occur in the evening and night.

Inquiries

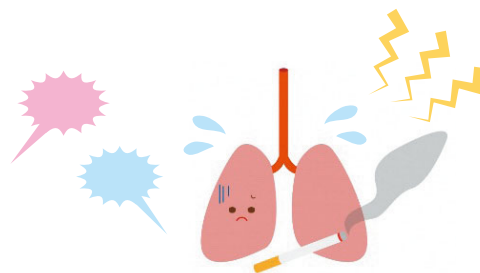
Civic Safety Division TEL.0568-76-1137

Do You Know COPD?



To prevent worsening symptoms from COVID-19, it is important to discover and treat **COPD** as soon as possible. COPD is a sickness of difficult breathing due to lung damage caused by tobacco smoking and other causes. When lungs are severely damaged, they cannot be repaired. That is why it is important not to smoke or stop smoking. It is also important to discover and treat the sickness early.

* COPD (Chronic Obstructive Pulmonary Disease)



Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Foreigners Support Volunteer for Disaster Training Course

What should we do at the time of disaster? Preventing the Spread of COVID-19

Date/time Nov 29 (Sun) 10:00 to 13:00

* Finishes after tasting emergency foods and non-perishable foods.

Venue Komaki Civic Hall 3F Class Room 3-2

Eligibility Persons who are interested in local disaster prevention and able to speak Japanese and another language to communicate in daily conversation level, living, working or studying in Komaki.

Number of hiring About 16 people (in order of application) **Fees** 0 yen

Application Nov 4 (Wed) to 21 (Sat) 9:00 to 17:00, use the online application page (QR Code), or call the Komaki International Association (excluding Sundays, Holidays, Mondays and 12:00 to 13:00) or the Komaki Multicultural Symbiosis Promotion Room (excluding Saturdays, Sundays, Holidays and 12:00 to 13:00).

Instructor

Ms. Kayo Tsubaki



Began activities as disaster volunteer coordinator in 2003. Cooperated in starting the Multi-cultural Disaster Prevention Network Aichi/Nagoya in 2016.



Inquiries Multicultural Symbiosis Promotion Room TEL.0568-39-6527
Komaki International Association (KIA), Komaki Civic Hall 4F TEL.0568-76-0905



Before entering
KIA elementary
school

Let's Learn Japanese at Preschool

At preschool, children study Japanese and about elementary school before they start at a local municipal elementary school. Learning about ①Reading hiragana. Writing ②Reading numbers. ③The rules at school.

Date Saturdays (10 times, January 9 to March 13, 2021)

Study Method By video (on YouTube). Study by computer or smartphone.

Fee 0 yen

Students Children with foreign roots that will go to a Japanese elementary school in 2021

Application Please call or come to the Komaki International Association (KIA) directly by Dec 15 (Tue).

Inquiries Komaki International Association (KIA) TEL.0568-76-0905 FAX.0568-71-8396 E-mail: kia@ma.ccnw.ne.jp
Komaki Civic Hall 4F, 2-107 Komaki, Komaki City *9:00 to 17:00
(Closed 12:00 to 13:00, Sundays, Mondays, and Holidays)

※Please see the relevant service counter for more details regarding any of the items contained herein.

Komaki Life Information



Edited
and
Published

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Promotion Room, Civic Life Department Komaki City Hall
3-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650
Tel: 0568-39-6527 Fax: 0568-72-2340 <http://www.city.komaki.aichi.jp/admin/lifeinfo/10821.html>



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