生活情報誌こまき 英語版 2017年12月号

Life Information News KOMAKI



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From Komaki Civic Cultural Foundation to children in Komaki

Different ways to celebrate Christmas

Christmas, a celebration for the birth of Christ, has now become a famous event for families in many countries. This year, we will celebrate Christmas in different ways you've never done before.

Dec 17 (Sun) 10:00 to 16:00

Komaki Civic Hall

Komaki Seinen no le

2 days are included in one program.



Eligibility

3rd or 4th graders of Elementary Number of participation Schools in Komaki City

Dec 25 (Mon) 10:00 to 16:00



1,000 yen

- Participation fee is free, but the cost of the ingredients for 2 days is 1,000yen.
- Ingredients will be ordered all together. Please note that the fee will not be refunded in case of cancelation
- · The participants will cook by themselves.

What to bring

Apron, towels, water bottle, gloves, pen or pencil *Also bring the fee (1,000yen) on the day

Content

Party item crafting, baking cakes and breads with empty can and a fun party

Application

From Nov 18 (Sat) accepted by phone. (in order of application)

((General Incorporated Foundation) Komaki Civic Cultural Foundation (71-9700) %9:00 to 17:00 Closed on Monday



Required information for the application

- · Name, sex, birthdate, address, phone number, name of the guardian, information for allergies
- · Application with certain allergies and such might be rejected.
- After the application
 - · Once the application is accepted, detailed information will be sent later.
 - · For more information, please contact (General Incorporated Foundation) Komaki Civic Cultural Foundation: Goto / Nonaka.

*Ingredients plan (people with wheat, eggs, dairy products allergies are recommended to decline)

· Pancake mix, flower, egg, butter, heavy cream, milk, jam, vanilla essence, sugar, salt, yeast, chocolate

*Guardians are welcomed to observe or help.

Dec 17 (Sun)

10:00 to 16:00

Komaki Civic Hall (Shimin Kaikan)



Orientation

Friendship building icebreakers

Christmas crafting

Cooking lunch

Popcorn in a can





%Please be aware that the venue will change in each date.

Perfect cake in a can

Chubu Philharmonic Orchestra Special Performance

Date/time Dec 16 (Sat) Start 15:00 (doors open 14:15)

Venue Komaki Civic Center Hall

All seats are reserved. 🌑 General: 3,000yen 🌑 Students: 1,000yen (Elementary to College students) 🌑 Preschoolers: 500yen

● Chubu Philharmonic Orchestra office (in Komaki Civic Center) TEL: 0568-43-4333

Each Civic Center in Komaki City

Ticket Pia (P code: 343-515) and others

%Hours and days of availability differ depending on the location

Program

Fee

○Conductor/Storyteller: Hiroshi Aoshima ○ Tenor: Tsutomu Ono

- ◆Handel "Arrival of Queen of Sheba" from oratorio, Solomon
- ◆"Let's listen to Ave Maria"

⊳Bach (Arranged by Gounod): Ave Maria Schubert: Ave Maria

⊳Mascagni: "Ave Maria" from opera, Cavalleria Rusticana

- ◆Chaikovsky: "March", "Trépak", "Danse de la Fée-Dragée" and "Valse des fleurs" from Ballet music, The Nutcracker
- ◆Handel "Hallelujah" from oratorio, Messiah
- ♦Hiroshi Aoshima: "The Expulsion", "Madonna della seggiola", "Nativity" from Old Famous Pictures for Piano
- ◆"Let's sing and celebrate Christmas (all together)"

"Jingle Bell", "Rudolph the Red-Nosed Reindeer", "Christmas Hymns", "O Come All Ye Faithful",

"Angels We Have Heard on High", "Joy to the World", "Silent Night"

Inquiries Chubu Philharmonic Orchestra Office TEL,0568-43-4333 **Closed Mondays

Dec 25 (Mon) 10:00 to 16:00 Komaki Seinen no le (on Mt. Komaki)

- Orientation
- Cooking for Christmas Party

play and cook in the cold

Handmade Christmas Party

Eat and play having fun with everybody

Make ice cream by just rolling it





Inquiries

Komaki Civic Cultural Foundation TEL.0568-71-9700 %9:00 to 17:00, Closed on Monday

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Medical Checkup Information Information about examinations for adults



Persons born on even

numbered years.
Persons born on odd
numbered years.

	Туре	Date	Time	Vei	nue	Eligibility/Description/Application/etc.		
Group screening	Screening test for stomach cancer (Abdominal X-ray)	Dec 12 (Tue)	9:00 to 11:00	Tobu Community Center		●Eligibility: Registered Komaki residents over 30 years old		
		Dec 22 (Fri) Jan 31 (Wed)	9:30 to 11:00	Health	Center	Capacity: 40 Fees: 1,000 yen, 500 yen if 70 or older Application: Health Center		
	Screening test for colorectal cancer (Testing of the stool for occult blood)	*The annual schedul container collection da with the sample conta	ate will be	pe notified Center		●Eligibility: Registered Komaki residents over 30 years old ●Fee: 500 yen ■Application: Health Center		
	Cervical cancer screening (cervix only)	Jan 30 (Tue) **This is the last time for this fiscal year.	14:00 to 15:00		ommunity	 Eligibility: Registered Komaki residents over 20 years old who applies to ①, ② or ③. ① Persons applies to the chart below ② Persons that have received a free coupon ③Persons don't apply to ① or ② and did not receive the screening on FY2016. Capacity: 200		
	Screening test for breast cancer (Mammography	Dec 25 (Mon)	9:00 to 14:30	Health Center		 Eligibility: Registered Komaki residents over 40 years old who applies to ①, ② or ③. ① Persons applies to the chart below ② Persons that have received a free coupon ③ Persons don't apply to ① or ② and did not receive the screening on FY2016. Capacity: 120 ●Fees: 1,000 yen, 500 yen if 70 or older ◆Application: Health Center 		
	screening)	Jan 24 (Wed)	9:30 to 14:15	Tobu Community Center				
	Breast cancer (ultrasound)	Dec 13 (Wed) *This is the last time for this fiscal year.	9:00 to 10:30	Health	Center	● Eligibility: Registered Komaki residents 30 to 39 years old ■ Number of participants: 60 ■ Fee: 1,000 yen ■ Application: Health Center		
	Osteoporosis screening (ultrasound)	Dec 21 (Thu)	11:00		Center	●Eligibility: Registered Komaki residents over 30 years old		
		Jan 25 (Thu)	9:30 to 11:00	Tobu Comm	nunity Center	●Number of participants: 75		
	Chest X-ray	Dec 21 (Thu) Jan 25 (Thu) *This is the last time for this fiscal year.	9:30 Health Center to 11:00 Tobu Community Ce			 Eligibility: Registered Komaki residents over 65 years old Capacity: Unlimited Fee: Free Applications: appointment not required. If you are interested, come directly to the venue on the day. 		
	Lung cancer (Sputum test)	Consultation period Feb 20, 2018 (Tue)	od until *Collect three days amount over 50 years old who applie			of your sputum in the container and send them. Registered Komaki residents as to (number of cigarettes you smoke per day) × (number of years you have smoked) = 600 or more Unlimited Fee: 500 yen Application: Health Center by Feb 14 (Wed)		
Individual examination	Individual cervical cancer screening (Gynecological, visual and cytological screening Consultation period until Mar 31, 2018 (Sat)		ocal Ob/ Syn clinic	●Fee	 Eligibility: Registered Komaki residents over 20 years old who applies to ①, ② or ③. ① Persons applies to the chart below ②Persons that have received a free coupon ③ Persons don't apply to ① or ② and did not receive the screening on FY2016. ●Fees: cervical cancer examination 1,000 yen, cervix/body cancer examination 2,000 yen (70 years old and over 500 yen) ※Body cancer examination is only for people determined to require the examination by the physician ●Applications: Persons apply to ① and ② Ob/Gyn clinic in Komaki City Persons apply to ③ Please contact the Health Center in advance. The examination card will be sent after the recipient did not receive the examination on FY2016. 			
	Individual screening test for breast cancer (Mammography screening)		Miwa Lady's Clinic		 Eligibility: Registered Komaki residents over 40 years old who applies to ①, ② or ③. ① Persons applies to the chart below ② Persons that have received a free coupon ③ Persons don't apply to ① or ② and did not receive the screening on FY2016. ⑤ Fees: 1,500 yen (500 yen if 70 or older) ⑥ Applications: Persons apply to ① and ② Miwa Lady's Clinic Persons apply to ③ Please contact the Health Center in advance. Health Center The examination card will be sent after the recipient did not receive the examination on FY2016. 			

 ${\it \%} \textbf{Regarding breast cancer (Mammography screening) / cervical cancer screening}$

Cervical cancer screening and breast cancer (Mammography screening) are promoted to receive once in every two years according to Ministry of Health, Labour and Welfare's

Guideline of Cancer Screening.

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Eligibility

Born on Jan 7, 1989 and before

Born on Jan 8, 1989 and later

Medical Checkup Information





Mother/child Health Examination Calendar *Make sure to bring your Maternal and Child Health Handbook

		*Make Sure to bring your Maternal and Child Health Handbi		
Туре	Date	Venue	Reception Hours	Eligibility/Description/Application/etc.
	Dec 5 (Tue)		13:05 to 13:55	Born Aug 1 to 8, 2017
Health examinations for	Dec 12 (Tue)	Health Center		Born Aug 9 to 16, 2017
4-month-old infants, dental examinations for mothers	Dec 19 (Tue)	ricalii ociiici		Born Aug 17 to 23, 2017
	Jan 9 (Tue)			Born Aug 24 to 31, 2017
	Dec 8 (Fri)		13:05 to 14:15	Born Jun 1 to 12, 2016
Health examinations for	Dec 15 (Fri)	Health Center		Born Jun 13 to 20, 2016
18-month-old infants	Dec 22 (Fri)			Born Jun 21 to 30, 2016
Dental examinations for	Dec 7 (Thu)		9:00 to 10:10	Born Sep 1 to 15, 2015
children aged 2 years, 3 months	Dec 14 (Thu)	Health Center		Born Sep 16 to 30, 2015
	Dec 6 (Wed)		13:05 to 14:15	Born Dec 1 to 11, 2014
Health examinations	Dec 13 (Wed)	Health Center		Born Dec 12 to 22, 2014
for 3-year-old children	Dec 20 (Wed)			Born Dec 23 to 31, 2014
	Dec 4 (Mon)	Health Center	13:45 to 14:30	From 5 months old to under 1 year old
BCG Vaccination	Dec 11 (Mon)			(Standardized vaccination period is from 5 months old to
	Dec 18 (Mon)			under 8 months old)

[%]You will be sent a letter in advance if it applies to you. Please check the reception time details on the letter.

[%]Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

Baby food class (Initial Gokkun (swallowing) class)	Dec 6 (Wed)	Health Center	10:00 to 11:00	27 guardians of children 4 months or older (babies can participate too) Fee: Free Application: Health Center Reservation required			
Baby food class (Later kami-kami (biting) class)	Dec 15 (Fri)	Health Center	10:00 to 11:00	21 sets of parents and children 9 months old Fee: Free Application: Health Center			
	Dec 3 (Sun)	Health Center	10:00 to 12:00				
Class for new moms and dads	practice holding babies, 30 Komaki resident pre	, pregnancy experience	coaby, the role of the father, nutrition during pregnancy, dental health, ience and know your home-made flavor their husbands (woman can also participate alone) child) health handbook, soup (about 30cc) Application: Health Center				
	Dec 5 (Tue)		10:00 to 12:00				
	Dec 12 (Tue)			Fee: Free			
Nursing counseling	Dec 18 (Mon)	Health Center	13:00 to 16:00	Application: Health Center			
	Dec 19 (Tue)		10:00 to 12:00				
Parenting, pregnancy, and	Dec 8 (Fri)	Seibu Jidokan	10:00 to 11:15	 Content: Consultation regarding worries/concerns for raising children, body measurements, blood pressure measurement, 			
giving birth health counseling	Dec 15 (Fri)	Komaki Minami Jidokan		urine inspection (optional)			
	Dec 15 (Fri)	Komaki Minami Jidokan	10:00 to 11:15	●Eligibility: Nursing children (especially about one-year-old)			
Niko niko cavity prevention class	Content: Consultation regarding worries/concerns about brushing teeth, teeth alignment or raising children, No application necessary What to bring: Parent-child (maternal and child) health handbook, toothbrush Fees: Free						
Baby visit	About 2 or 3 months after birth, a health contact and veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.)						
Low-weight Infant Notice	Please submit a Low-weight Infant Notice if your child's birth weight is under 2,500g. Send to: Health Center or Health Insurance & Pension Division						

Inquiries Health Center TEL.0568-75-6471 FAX.0568-75-8545

Next tax payment deadline: December 25th (Mon)

- Fixed Asset Tax (3rd term)
- National Health Insurance Tax (7th term)
- ●Nursing Care Insurance Fees (6th term) ●Late-Term Medical Insurance for the Elderly (5th term)

Submit your payments promptly!

Avoid missed payments by setting up direct debit payments from your bank account. If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due.

If you are too busy during the day on weekdays to make your payment...

1 The main building's second floor will be open to answer tax-payment related questions. Payments are accepted as well.

Hours ▶ Dec 10 (Sun)/Dec 24 (Sun) 8:30 to 17:15

2 Tax payments can be paid every day at the Komaki Station Branch Office. Please stop by at your convenience.

8:30 to 17:15 % Closed during year-end/New Years.

3 You can pay for payment notices with bar codes at convenience stores.

**Only effective during the payment period.

Tax Collection Division TEL.0568-76-1117

Komaki Civic Cultural Foundation Founding Commemoration

Komaki Rakugo Association Shinosuke Tatekawa's One-man Show

One-man show by Shinosuke Tatekawa, a comic storyteller featured in many TV shows and movies is going to be held at Komaki Civic Center!

Feb 4, 2018 (Sun) Start 14:00 (Doors open 13:30)

Shinosuke Tatekawa

Venue

Great Hall, Komaki Civic Center

All seats reserved

General: 3,500yen Art friend members General: 3,000yen

U25: 1.000 ven

Art friend members U25: 800yen

*U25 tickets are only available for persons who is 25 years old or younger on the day of the show.

**Persons who use the U25 tickets need to bring an ID to verify age (student's ID, driver's license etc.) on the day of the show.

※Preschoolers are not eligible.

Application

Ticket sales

Starting Dec 8 (Fri) 9:30

Available at

●Civic Center ●Tobu, Ajioka and Kitasato Community Centers ●Manabi Sozo Hall

● Ticket Pia (P-code: 483-031) ※Hours and days of availability differ depending on the location

●Dec 8 (Fri) 13:00 to 17:00 ●Dec 9 (Sat) 9:00 to 17:00

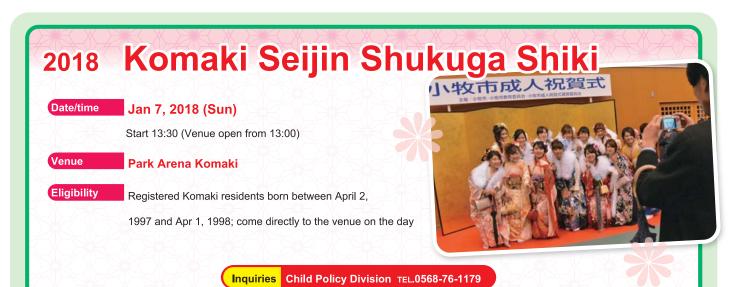
Phone reservations Komaki Civic Cultural Foundation Tel: 0568-71-9700 (Closed on Monday)

*Phone reservations can advise the most suitable seats.

*Exchange the tickets at the ticket counter or send the fee in cash registered mail to Komaki Civic Cultural Foundation within

2 weeks after the reservation is made. Admission tickets will be given on the day show at the venue.

Inquiries Komaki Civic Cultural Foundation TEL.0568-71-9700







Notice regarding counseling for Foreigners

Civic Safety Division, Main Government Office Bldg 2F, City Hall

9:00 to 17:00 (Closed 12:00 to 13:00)

Portuguese/Spanish/English: Monday through Friday

In addition, the Health Insurance and Pension Division and Childcare Division have staff available to help in Portuguese (9:00 to 17:00), the Welfare Administration Division in Portuguese (9:30 to 16:30).

Inquiries Civic Safety Division TEL.0568-76-1675(Direct consultation)

Komaki City Website is available in foreign languages

You can browse the Komaki City Website in Portuguese, Spanish, English, Chinese, Korean and Vietnamese. Utilize to search any information you need for daily life.

How to browse in other languages

***Make sure to browse on PC.** It does not work on cell phone or smartphone.

Access to Komaki City Website on PC. URL http://www.city.komaki.aichi.jp

Click as indicated below.



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> Inquiries City Promotion Division TEL.0568-76-1173

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*Please see the relevant service counter for more details regarding any of the items contained herein.

