生活情報誌こまき 英語版 2014年11月号

Life Information News KOMAKI



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Check the routes to your evacuation sites

In order to prepare for when disaster strikes, there are predetermined locations to evacuate to in case of earthquake, wind and rain. Walk to your nearest evacuation site to make sure you are familiar with the route. It also helps to talk with other members of your household to make sure everyone goes to the same place. Even if you can normally take the route to your evacuation site without problems, consider that signs or block walls may collapse interrupting your progress. Observe surrounding dangers and choose several optional routes. Please walk to the site as vehicles may block the paths of ambulances or fire engines.

Inquiries

Crisis Management Division TEL.0568-76-1171

Sorting/setting out recyclables and garbage

Please dispose of small appliances with metals.



Small home appliances includes

A

All items that are powered by electricity or batteries

Komaki's Environmental Character Ecorin

Small home appliances

Example small appliances

| -Manipio oman appin | | | | |
|------------------------------------|-----------------------|---------------------|---------------------|----------------|
| Iron | Portable music player | Scale | Calculator | Computer mouse |
| Toaster oven | Video game console | Digital camera | Phone | Blender |
| Microwave oven | Coffee maker | Electric range | Toaster | Sewing machine |
| Flashlight | Portable stereo | Electric razor | Dryer | Radio |
| Humidifier | Rice cooker | Electric cord | Video camera | Boom boxes |
| Gas convection oven | Stereo system | Electric lamp | VCR | Remote control |
| Portable gas stove (battery pilot) | Stove | Electric stoves | Fax machine | Word processor |
| Camera | Kerosene fan heater | Electric water pot | Futon dryer | |
| Ventilation fan | Fan | Microwave ovens | Printer | |
| Air cleaners | Vacuum cleaner | Electric toothbrush | Electric frying pan | |

Disposal procedure

Place in the recyclable material collection bag (green) and place at the collection location on the day for metals.



Not covered



- ●Items containing fabric, wood, etc. (such as electric carpets)
- Computers
- Bulky garbage

- Cell phones
- Items covered by the home appliance recycling law (TVs, air conditioners, washing machines, fridges, freezers, clothes driers)

※For information about how to dispose of items from each category, contact the Waste Management Section at City Hall.



Waste Management Division TEL.0568-76-1187

Skills Olympics: Abilympics Aichi Festival 2014

52nd National Skills Olympics Nov 28 (Fri) to Dec 1 (Mon)

The Komaki Venue (Chubu Workplace Skills Development Promotion Center) will host 4 events



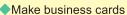






Events held simultaneously at the Komaki Venue

- **★**Try manufacturing at this booth (free)
- ◆Make POV displays
- Use a planer to make small things from rounded wood
- Create a lampshade from PET bottles



- Cut logs
- Make and launch bottle rockets (reservation required)
- Create an alarm clock (reservation required)

Please apply with the return post card for making bottle rockets or alarm clocks.

For details contact the Commerce Development Section

Nov 29 (Sat) 30 (Sun) 10:00 to 16:00

- ★Komaki Tankentai mystery solving quiz rally
- ★Eat hotpot with Nagoya Cochin (local chicken) Fees: Free ※300 meals on both 29th and 30th (only while supplies last)
- ★Famous Komaki booths

Recipes using Nagoya Cochin chicken

- **★**Moving sales carts selling food and drink
- ★ Shops recommended by the Komaki City Tourism Association (recommended food and drink of Komaki) and Tourism PR Corner
- **★Street performer corner**



Access

⊝By car

Please try to park near the Komaki Municipal Sports Facilities or the Komaki Civic Ballpark.

Approx. 15 minutes from Komaki IC on the Tomei Expressway or approx. 10 minutes from Kasugai IC.

○By bus

· From Meitetsu Komaki Station

Shuttle bus available.

▶ Peach Bus: 15 minutes-walk from Kamizue bus stop 15 minutes-walk from Civic Ballpark Kita Bus Stop

➤ Komaki Junkai Bus: Tobu Komaki Ajioka Course (approx.. 25 minutes)

Walk 1 minute from the Sogo Undojo-mae Bus Stop



Inquiries

Komaki City Commerce Development Section TEL.0568-76-1134

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IKI-IKI Komaki 2014

"Good living in Komaki: food / green / lifestyle / peace / safety" is our theme as we learn about food, environment and consumption at this event.



Date/time Nov 15 (Sat) / 16 (Sun) 10:00 to 15:00

Venue

Komaki Civic Center, Civic Hall

Farming Fair

Buy local grown fruits and vegetables

- Produce corner ··· Many local foods are available.
- ■Buy direct from the grower · · · Persimmon, jinenjo (local yam cultivar), and chicken eggs for sale.
- ■Rice consumption promotion··· Try goheimochi, mitarashi dango and other glutinous rice treats.
- Forestry promotion · · · Distributing seedlings for free.



Increase your disaster prevention awareness and experience fires and earthquakes.

- **●**Earthquake experience
- ※Fire prevention: prevent fires
- Home disaster prevention device exhibit
- Disaster prevention volunteers present disaster prevention topics
- Rescue Tots (kids rescue service experience)

Environment Fair

Earth-friendly lifestyle

- Crafting corner
- ●Candle making (only on 16)
- "Niko-Niko" Nicolas (food and beverages)
- ●Eco-car display, etc.



Lifestyle Exhibition

Information for lifestyle and consumption group panels on display

- Local consumer group panel exhibition
- ●Komaki Toy Hospital Toy-toy (fix your toys)
- ●Save your coins in this PET bank (only on 15)
- Quiz rally (morning and afternoon on both 15 and 16, presents for 150 people)



Inquiries

Agricultural Policy Division

TEL.0568-76-1131

Notice regarding counseling for Foreigners

Civic Safety Division, Main Government Office Bldg 2F, City Hall 9:00 to 17:00 (12:00 to 13:00 excluded)

Portuguese: Mon-Fri

Spanish & English: Mon/Tues/Thurs

In addition, the Health Insurance and Pension Division and Childcare Division have staff available to help in Portuguese (9:00 to 17:00), the Welfare Administration Division in Portuguese (9:30 to 16:30) and Citizen's Division in Chinese (9:00 to 16:30).

Inquiries

Civic Safety Division

TEL.0568-76-1120



City Promotion Division TEL.0568-76-1173



KIA's 20th Anniversary and International Friendship Festival

Inquiries

Listen to the Rakugoka (sharing traditional Japanese comedy) performance by Hitsura Kaishi. From the afternoon the friendship festival will feature national dances, prizes, tea ceremony, kimono wearing, games of the world, foreign clowns, international booths and many other events.



Food tickets Apply directly to KIA office from Nov 1 (Sat) **Can be purchased on the day as well.

500 yen/ticket (Foods of five countries, one PET bottle, and a lottery ticket)

Ceremony and festival are free (Please purchase a food ticket to eat at the food stalls)

Inquiries

Entrance

Komaki International Association (KIA)
TEL.0568-76-0905 FAX.0568-71-8396 E-mail: kia@ma.ccnw.ne.jp
Tuesday through Saturday 9:00–17:00 (Closed Sundays, Mondays, Holidays, and daily between 12:00 and 13:00 for lunch)

FY2015 Children's club application (Jidou club)





The children's club has been expanded to grade five students.

Eligibility

Children attending a local elementary school in grades 1 through 5 meeting certain criteria such as parents not home due to work.

(Application required every year.)

Weekdays.....End of lessons to 18:30 Extended vacation period...7:30 to 18:30 (not avaiable on Saturdays)

Time

Saturday.....8:30 to 18:00

School rollover days off.....7:30 to 18:30

※Excludes Sundays, holidays and the year-end/ new year period

Monthly: 5,000 yen (snacks, etc. are separate)

Nov 17 (Mon) to Nov 28 (Fri)

※Not available on holidays or Sundays

Weekdays...13:30 to 18:00

Saturdays...8:30 to 17:00

Application The kids club to apply for venue

Application forms available at

Application

period

Child Policy Division, each Children's Club, community centers and the city center

*Distribution starts October 15

| Club name | Address (Location) | | | |
|---------------|--|---------|--|--|
| Momogaoka | 2-3 Momogaoka (Inside Momogaoka E.S.) | | | |
| Isshiki | 3500 Oaza-Isshiki, Komaki (Inside Isshiki E.S.) | | | |
| Komeno | 5-339 Chuo (Inside Komeno E.S.) | | | |
| Kitazato | 2-50 Shimoobari Nakashima (Inside Kitazato E.S.) | 71-2584 | | |
| Honjo | 2597-18 Oaza-Honjo (East side of Honjo E.S.) | | | |
| Hikarigaoka | 3-50 Hikarigaoka (Inside Hikarigaoka E.S.) | | | |
| Shinooka | 2-25 Shinooka (Inside Shinooka E.S.) | | | |
| Komaki | 3-17 Komaki (Inside Komaki E.S.) | | | |
| Ajioka | 585-1 Oaza-Komatsuji (Inside Ajioka E.S.) | | | |
| Komakihara | 1125 Oaza-Komakiharashinden (Inside Komakihara E.S.) | | | |
| Koki | 2-1 Kokinishi (Inside Koki E.S.) | | | |
| Muranaka | 1045 Oaza-Muranaka (Inside Muranaka E.S.) | | | |
| Komaki Minami | 82 Wakakusa-cho (Inside Komaki Minami E.S.) | | | |
| Mitsubuchi | 480 Oaza-Mitsubuchi (Inside Mitsubuchi E.S.) | | | |
| Sue | 3450-282 Oaza-Kamizue (Inside Sue E.S.) | 78-1101 | | |
| Oshiro | 3-2-4 Shiroyama (2F inside Oshiro Jidokan) | 78-1102 | | |

Inquiries Child Policy Division TEL.0568-76-1129

Senior influenza vaccinations



1 Persons 65 or older or



Oct 15 (Wed) to Dec 31 (Wed) Please come early if you would like a shot

Venue

Komaki hospitals (Some hospitals do not give shots. Please ask at the hospital.)

*People getting the vaccine at hospitals not in Komaki should contact the Health Center in advance.

1,000 yen/shot (May cost more if not in Komaki City)

Application

Make a reservation with a local hospital

Inquiries

Health Center TEL.0568-75-6471

Next tax payment deadline: Dec 1 (Mon)

- National Health Insurance Tax (6th term)
- Nursing Care Insurance Fees (5th term)
- Late-Term Medical Insurance for the Elderly (4th term)

Submit your payments promptly! Avoid missed payments by setting up direct debit payments from your bank account. If you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due.

If you are too busy during the day on weekdays to make your payment...

- The main building's second floor will be open to answer tax-payment related questions and accept payments.
- Tax payments can be paid every day at the Komaki Station Branch Office. Please stop by at your convenience.
 - 8:30 to 17:15 % Closed Nov 22 (Sat), Nov 23 (Sun), Nov 24 (Mon) and for year-end/New Years
- 3 You may pay your taxes at a local convenience store if your payment slip has a barcode.
- *Only effective during the indicated payment period.

Inquiries

Tax Collection Division

TEL.0568-72-2101(Rep.) Ext.276~279 TEL.0568-76-1117 / 0568-76-1118(Direct)

Notice: Komaki Station Branch Office closing temporarily

For three days from Nov 22 (Sat) to 24 (Mon) the office will be closed. No documents will be issued (certificates of residence or seal certification) and tax payments will not be accepted during this time.

Inquiries

Citizens Division TEL.0568-76-1121



Young examination for 35-year-olds

To prevent lifestyle sicknesses why not get examined for visceral fat.

Body measurements (height, weight, abdomen), blood pressure, urine and blood analysis (lipid analysis, blood sugar analysis, anemia analysis), testing for likelihood of cavities, consultation with oral hygienist

Schedule

Course content

Dec 7, 2014 (Sun) through Jan 21, 2015 (Wed)

Venue

Komaki Health Center

Time

9:30 to 12:00 Your time will be determined when you apply.

Registered residents of Komaki without opportunity to get health examination from their workplace, etc., aged 35-39 (Born April 1, 1975 to April 1, 1980)

50 (in order of application)

Fee

Application

Please apply to the Health Center with your preferred date, time and location. Applications closed after 50 persons apply.

Inquiries

Health Center TEL.0568-75-6471



Medical checkup information



Make sure to bring your Maternal and Child Health Handbook.

| | and only risquiri and oscillations | | | |
|--|------------------------------------|-----------------|----------------|---|
| Description | Date/time | Venue | Time | Eligibility/Description/Application/etc. |
| Health examinations for 4-month-old infants, dental examinations for mothers | Nov 11 (Tue) | - Health Center | 13:05 to 13:55 | Born Jul 1 to 9, 2014 |
| | Nov 18 (Tue) | | | Born Jul 10 to15, 2014 |
| | Nov 25 (Tue) | | | Born Jul 16 to 23, 2014 |
| | Dec 2 (Tue) | | | Born Jul 24 to 31, 2014 |
| Health examinations for 18-month-old infants | Nov 7 (Fri) | Health Center | 13:05 to 14:15 | Born May 1 to 11, 2013 |
| | Nov 14 (Fri) | | | Born May 12 to 20, 2013 |
| | Nov 21 (Fri) | | | Born May 21 to 31, 2013 |
| Dental examinations for children aged 2 years, 3 months | Nov 6 (Thu) | | 9:00 to 10:10 | Born Aug 1 to 15, 2012 |
| | Nov 27 (Thu) | Health Center | | Born Aug 16 to 31, 2012 |
| Health examinations for 3-year-old children | Nov 5 (Wed) | Health Center | 13:05 to 14:15 | Born Nov 1 to 9, 2011 |
| | Nov 12 (Wed) | | | Born Nov 10 to 21, 2011 |
| | Nov 26 (Wed) | | | Born Nov 22 to 30, 2011 |
| BCG Vaccination | Nov 6 (Thu) | Health Center | 13:45 to 14:30 | From 5 months old to under 8 months old (standardized vaccination period) |
| | Nov 17 (Mon) | | | |
| | Nov 27 (Thu) | | | |

^{*}You will be sent a letter in advance if it applies to you. Please check the reception time details on the letter.

^{*}Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

| Baby food class (Initial Gokkun (swallowing) class) | Nov 12 (Wed) | Health Center | 10:00 to 11:00 (approx.) | 27 sets of parents and children 4 months old Fees: Free Application: Health Center Reservation required | |
|--|---|--|--|--|--|
| Baby food class (Later kami-kami (biting) class) | Nov 28 (Fri) | Health Center | 10:00 to 11:00 (approx.) | 21 sets of parents and children 9 months old Fees: Free Application: Health Center Reservation required | |
| Class for new moms and dads | Dec 8 (Mon) Health Center 14:00 to 16:00 30 Komaki resident pregnant women and their husbands (woman can also participate alone) Description: Information about life with a baby, the role of the father, nutrition during pregnancy, dental health, practicing holding baby dolls, pseudo-pregnancy experience What to bring: Parent-child (maternal and child) health handbook Application: Health Center | | | | |
| Nursing counseling | Nov 4 (Tue) Nov 11 (Tue) Nov 17 (Mon) Nov 18 (Tue) Nov 25 (Tue) | Health Center | 10:00 to 12:00 13:00 to 16:00 10:00 to 12:00 | Fees: Free Application: Health Center Reservation required | |
| Parenting, pregnancy, and giving birth health counseling | Nov 21 (Fri) Nov 14 (Fri) Nov 25 (Tue) | Kitasato Jidokan Komaki Jidokan Shinooka Jidokan | 10:00 to 11:15 | Content: Consultation regarding worries/concerns for raising children, body measurements, blood pressure measurement, urine inspection (optional) Fees: Free | |
| Niko niko cavity prevention class | Nov 14 (Fri) Kitasato Jidokan 10:00 to 11:15 Nursing children (especially about one-year-old) Content: Consultation regarding worries/concerns about brushing teeth, teeth alignment or raising children, What to bring: Parent-child (maternal and child) health handbook, toothbrush Fees: Free | | | | |
| Baby visit | About 2 or 3 months after birth, a health contact and veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.) | | | | |
| Low-weight Infant Notification | Please submit a Low-weight Infant Notification if your child's birth weight is under 2,500g. Submit your notice to the Health Center or Health Insurance & Pension Division | | | | |

Inquiries

Health Center TEL.0568-75-6471

Edited and **Published** Activity Creation, City Promotion Section, Regional Revitalization Division, Komaki City Hall TEL: 0568-76-1173 FAX: 0568-75-8283

%Please see the relevant service counter for more details regarding any of the

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