# Life Information News, Komaki



Komaki City population 154,006 Foreign resident population 9,644 《 As of January 1, 2009 》



Annual Bumper Festival (Hounensai) at Tagata Jinja (March 15)

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# Guide map in three languages (Portuguese, Spanish, English)

Do you know where to escape to in an emergency situation?

We have created a map that contains detailed disaster prevention information including evacuation locations for use in case of a disaster, such as a major earthquake, as well as a list of things to prepare for such an emergency. The map, needless to say, marks a number of municipal facilities such as the City Hall, schools, and parks. It is an easy-to-fold B2 size map. Please use this map at your convenience, for example, attached to a wall of your house or carried on your person.



#### Distribution locations

City Hall (Life-Exchange Division, Civic Affairs Division, reception at the main building and the south building)

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Health Center, Komaki Manabi Souzou Kan, Komaki City Hospital, Ajioka Shimin Center, Toubu Shimin Center, Kitazato Shimin Center, Komaki City Center, Park Arena Komaki, Onsui pool, Komaki International Association

# Designated evacuation locations in case of an earthquake

Evacuate to the nearest evacuation location in case of any danger expected in the event of a disaster. You may evacuate to a location prearranged with your family members in prior discussions.



Area	Name of institution	Address	TEL
Komaki	Komaki Elementary School	Komaki 3-chome 17	77-4148
	Komaki Junior High School	Horinouchi 4-chome 30	77-6321
	Komaki High School	Komaki 1-chome, 321	77-1231
	Shimin Kaikan	Komaki 2-chome, 107	77-8205
	Daiwa Gym	Komaki 1-chome, 114	73-1524
	Komaki Chuubu Kouminkan	Komaki 5-chome, 253	75-1861
Muranaka	Muranaka Elementary School	Muranaka 1045	73-7677
	Komaki Nishi Junior High School	Nishinoshima 2200	75-1451
	Seibu Community Center	Nishinoshima 528-1	42-2030

Komakiminami	Komaki Minami Elementary School	Wakakusa-cho 82	72-2210
Mitsubuchi	Mitsubuchi Elementary School	Mitsubuchi 480	73-3175
Ajioka	Ajioka Elementary School	Komatsuji 585-1	77-6271
	Ajioka Junior High School	Komatsuji 366	77-8245
	Iwasaki Junior High School	lwasaki 2588	75-2081
Ajioka	Ajioka Civic Center (Ajioka Shimin Center)	Kubo Shin Machi 60	76-7000
Shinooka	Shinooka Elementary School	Shinooka 2-chome 25	79-8018
	Shinooka Junior High School	Shinooka 2-chome 28	79-8027
	Toubu Civic Center (Toubu Shimin Center)	Shinooka 2-chome 23	79-0011
Kitazato	Kitazato Elementary School	Shimoobari Nakashima 2-chome 50	77-3194
	Kitazato Junior High School	Shimoobari Nakashima 2-chome 170	73-3171
	Komaki Minami High School	Koki Higashi 2-chome 183	73-1911
	Minami Sports Center (Budoukan)	Gounaka 2-chome 201	72-6200
	Kitazato Civic Center (Kitazato Shimin Center)	Shimoobari Nakashima 2 chome 130	76-2822
Komeno	Komeno Elementary School	Chuuo 5-chome 339	77-3187
	Oji Junior High School	Oji 1-chome 130	72-5207
Ishiki	Ishiki Elementary School	Kubo Ishiki 3500	77-3191
	Komaki Kougyou High School	Kubo Ishiki 3737-1	77-6275
,	Komaki School for Handicapped Children	Kubo Ishiki 1129-2	73-7661
Koki	Koki Elementary School	Koki Nishi 2-chome 1	72-9770
Komakihara	Komakihara Elementary School	Komakihara Shinden 1125	73-5531
	Park Arena Komaki	Mamahara Shinden 737	77-7712
Honjou	Honjou Elementary School	Honjou 2597-40	79-3567
Momogaoka	Momogaoka Elementary School	Momogaoka 2-chome 3	79-3570
	Touryou Junior High School	Momogaoka 2-chome 1	79-8987
Sue	Sue Elementary School	Kamizue 3450 – 282	79-4824
	Chuubu Regional Police School	Shimozue 1551	77-3121
	Komaki Kinro Center	Kamizue 2233-2	79-7711
Hikarigaoka	Hikarigaoka Elementary School	Hikarigaoka 3-chome 50	79-4466
	Hikarigaoka Junior High School	Hikarigaoka 3-chome 52	79-7377
Oshiro	Oshiro Elementary School	Shiroyama 3-chome 8	79-7666
	(S)		

#### Annual Bumper Festival (Hounensai) at Tagata Jinja (March 15 every year)

The deity of harvests and cultivation, Mitoshinokami, and the deity of fertility and safe childbirth, Tamahimenomikoto, are venerated at Tagata Jinja.

The annual festival at Tagata Jinja (Hounensai) is well known domestically and internationally, and takes place on March 15 every year.

At this festival, a 2 m long and 50 cm in diameter otawasegata (sacred phallus – carved from hinoki cypress every year) is carried by men at climacteric ages (42) and paraded to Tagata Jinja. Participants pray for world peace, harvests and the cultivation of all things.

On the day of the festival there is much mirth among visitors, who come from around the world to pray for fertility, safe childbirth, a happy married life, and marriage prospects.





Access: five minutes' walk from Tagata-jinja-mae station on the Meitetsu Komaki line. Address: 152 Tagata-cho, Komaki City



## Japanese cooking classes

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Would you like to learn how to cook Japanese food using basic Japanese?

Date / Time: Sunday, February 22, 2009, 10:00 am Venue: Komaki City Kominkan, 3F, Cooking room

Participants: 24, on a first-come-first-served basis (prior booking essential)

Fees: 500 yen per person

Application: Between February 3 (Tue) and February 20 (Fri)

What to bring: Apron, dish cloth

Contact: Komaki International Association (KIA) Secretariat Shimin Kaikan, 4F

(Tuesday to Saturday, 9:00 am to 5:00 pm)

TEL: 0568 (76) 0905 FAX: 0568 (71) 8396 E-mail: kia@ma.ccnw.ne.jp

If you contact us via fax or e-mail, please state your name, address

and telephone number.





Name of session	Date	Time	Participants / Content / Application	Place
Niko-Niko (Smiley) Dental Class	Feb 24	10:00 to 11:00 am	Participants: 20 children, whose teeth have just emerged Apply to: Health Center	
Decest Fooding	Feb 16	9:00 am to 12:00 noon	Face: Free of charge	Health Center
Breast-Feeding Consultation	Feb 23	1:00 to 4:00 pm	Fees: Free of charge Apply to: Health Center	
	Feb 25	9:00 am to 12:00 noon	Apply to: Health Center	
Child-Rearing Counseling Consultation for pregnant and parturient women	Feb 13	10:00 to 11:15 am	Contents: Counseling for concerns and	Seibu Children's Hall
	Feb 17	10:00 to 11:15 am	anxieties in child-rearing, physical	Ajioka Children's Hall
	Feb 20	10:00 to 11:15 am	check, blood pressure measurement, urine test (for those who wish to take)	Minami Children's Hal
	Second and fourth Mondays	9:00 to 11:30 am	Fees: Free of charge	Health Center
Sunday Class for Dads and Moms	Mar 1 (Sun)	10:00 am to 12:00 noon (Reception: 9:00 to 9:30 am)	Contents: Breast-feeding; bearing and rearing children; fathers' roles; pregnancy simulation; simulations using a baby doll Participants: Pregnant women and their husbands who live in Komaki City (25 couples) What to bring: Mother and Child (Parent and Child) Health Handbook, pen Application: Starts on Jan 15 (Thu)(Apply at the Health Center no later than one week before the session)	
Midwives visit to pregnant, parturient women and infants			Target: Pregnant women, heavily pregnant women, infants (under 2 months) Fees: Free of charge Apply to: Health Center (available at anytime)	

# The due date for the next tax payment is March 2<sup>nd</sup> (Mon).

Fixed asset tax (fourth period)

National health insurance tax (tenth period)

Premium for nursing care insurance (tenth period)

o Premium for public medical insurance for the latter-stage elderly (seventh period)

Early payment! Please follow the regular payment rules.

The account transfer payment method is convenient for avoiding forgetting to pay.

Those who use the account transfer method must be sure to check their account balance.

# If payment is delayed...

If payment is delayed, the City Hall will send you a reminder notice.

Please ensure punctual or early payment.

There may be various circumstances leading to late payment. However, the City cannot make allowances for such circumstances unless you contact the Taxation Division. Please contact us if you have circumstances that may lead to delayed payments.

If residents delay payment without contacting us, this will be regarded as negligent and a delinquency penalty will be charged (seizure order, etc.)

- The payment counter is open and assistance for taxpayers is available on Sundays at the Taxation Division of the City Hall. The schedule is as follows:
  - Date / Time: February 22 (Sun), 9:00 am to 4:00 pm March 8 (Sun), 9:00 am to 4:00 pm
- The payment counter is open everyday except the year-end and New Year holidays at the Komaki Station local office. Please use this service at your own convenience.
  - Opening hours are 8:30 am to 5:15 pm



Contact: Taxation Division

TEL: 72-2101 (main), Extension: 276, 277, 278 or 279 76-1117 / 76-1118 (direct)

# Notice of health checkup

Mother and child medical checkup calendar

Do not forget to bring the maternal and child health handbook with you.

Event	Date	Time	Eligible
Health checkup for 4-month-old infants In addition to child health checkup, there are BCG vaccination and dental examination for mothers.	February 17 (Tue) February 24 (Tue) March 3 (Tue) March 10 (Tue)	Reception: From 13:05 to 13:55	Born in October 2008
Health checkup for 18-month-old children	February 13 (Fri) February 20 (Fri) March 6 (Fri) March 13 (Fri)	Reception: From 13:05 to 14:15	Born in August 2007  Born in September 2007
Dental examination for 27-month-old children	February 26 (Thu) March 5 (Thu)	Reception: From 9:00 to 10:10	Born in November 2006 Born in December 2006
Health checkup for 3-year-old children	February 18 (Wed) February 25 (Wed) March 4 (Wed) March 11 (Wed)	Reception: From 13:05 to 14:15	Born in February 2006  Born in March 2006

<sup>\*</sup> Reception time varies according to date of birth.

\* Please confirm the health checkup schedule, which will be sent out.

For more details, please contact the Health Center on 0568-75-6471.

## Cancer checkup (groups)

Examination	Eligible	2009	
Examination	Eligible	February	March
Stomach cancer checkup Stomach X-ray 930 yen	Registered residents of Komaki City who are 40 years or over	18	15
Large intestine cancer checkup Test for blood in the stool 520 yen	Registered residents of Komaki City who are 40 years or over	This is implemented with the stomach cancer checkup.	
Uterine cancer checkup  Cervical region only 750 yen	Registered residents of Komaki City who are 20 years or over and were born in even-numbered years of the Taisho Era (1912-1925), the Showa Era (1925-1989) or in the first year of the Heisel Era. (Note: those who were born in odd-numbered years and did not have the uterine cancer checkup in 2007 are eligible for this checkup.)		5
Breast cancer checkup Mammography  1,200 yen	Registered residents of Komaki City who are 40 years or over and were born in even-numbered years of the Taisho Era (1912-1925) or the Showa Era (1925-1989). (Note: those who were born in odd-numbered years and did not have the breast cancer checkup in 2007 are eligible for this checkup.)	16 27	9





\*Checkups for stomach cancer, large intestine cancer and osteoporosis can be taken once between May and the following March. \*The uterine cancer checkup and breast cancer checkup (mammography) should be taken once every 2 years. (From "Guide for cancer prevention-focused health education and implementation of cancer checkups" issued by the Ministry of Health, Labor and Welfare)

#### How to apply for cancer checkup (group) / osteoporosis checkup

'Available checkups will be announced in each month's issue.

Please feel free to apply to the Health Center (From Monday to Friday, 8:30 to 17:15)

#### Reduction or exemption

Those who meet conditions 1 to 4 can receive cancer checkups (except osteoporosis checkup) for free. Please apply for checkups using the designated form.

- 1 70 years or over
- 2 65 years or over and are bedridden
- 3 Household on welfare
- ④ Exempt from city tax

#### Editing/publication

Komaki City Hall, Department of civil-industry, Life-industry, Life division 1-chome, 1-banchi, Horinouchi, Komaki-city, Aichi 485-8650 TEL 0568-76-1119 FAX 0568-72-2340 http://www.city.komaki.aichi.jp/contents/90000011.html

