生活情報誌こまき 英語版 2016年8月号

Life Information News KOMAK

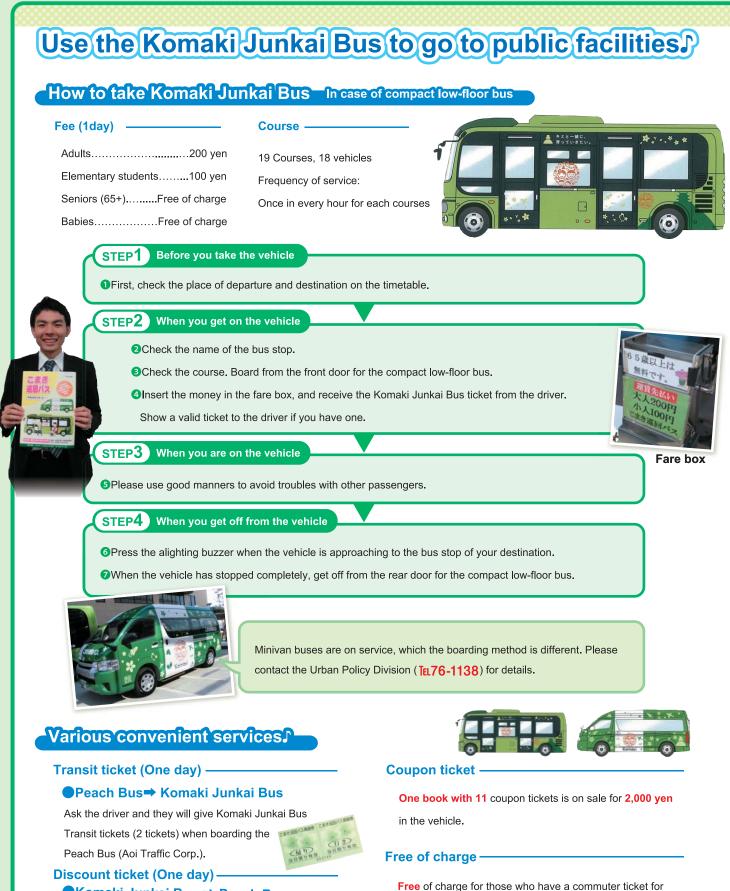
Komaki's famous farm products, Shino-oka Peach The best season in June to August. It's famous with its big size and the sweetness, all over Japan.

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2016

P2 • 3 OUse the Komaki Junkai Bus to go to public facilities

- P4 •KIA Japanese culture classes
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 - Accepting Applications for Residence at the Takanohashi and
 Owa Municipal Housing Project
- P8 •Notice regarding counseling for Foreigners
 - Mother/child Health Examination Calendar



Peach Bus or Meitetsu Bus (Both the start and end point

of the section are within Komaki city).

●Komaki Junkai Bus ➡ Peach Bus

Two Peach Bus 50 yen discount coupon

will be attached to the Komaki Junkai Bus ticket.

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Japanese Culture Classes	Come learn how to wear a yukata and do traditional festival dances. %Please bring your own yukata, obi, waist cord if you have one.
Date/time Aug 27th (Sat) Reception starts at 15:00 Venue	Komaki Civic Hall 4F Melody Park
Eligibility Persons living, working or studying in Komaki and KIA mer	mbers.
Number of participants 50 (in order of application)	
Fee 500 yen (Including lunch and drink fee / Yukata is a gift.)	
Applications Aug 2nd (Tue) to Aug 20th (Sat)	
Please come to the Komaki International Association (KIA)) with the fee
*No refund for cancelation after the application.	
KIA Vietnam Understanding	Lecture
Listen, see and feel the Vietnam changing!	
Date/time Sep 10th (Sat) From 14:00 to 15:30	
Venue Komaki Civic Hall 4F Audio-Visual Room Instruc	Met Ngayen Do Thay Mar
Eligibility Eligible from junior high schoolers. Persons living, working or studying in Komaki and KIA members are prioritized	(Nagoya International Center Global citizenship class instructor)
Number of participants 50 persons (Application required. In order of application)	Fee 0 yen
Applications Aug 2nd (Tue) to Aug 27th (Sat) Apply by phone, fax or email with the following information Komaki, (3) KIA member or general, (4) age and the grade	
Recruiting KIA Spanish Les (Advanced Beginner) stude	
Come study Spanish and make more friends!	※Persons who studied Spanish about three months.
Date/time Saturdays from Sep 3rd to Nov 12th	
16:00 to 18:00 Total 10 lessons (No class on Oct 15th)	
Venue Komaki Civic Hall 4F Chess Room	
Eligibility Persons living, working or studying in Komaki or KIA memb	bers, ages 18 and up.
Number of participants 16 (in order of application)	Instructor Ms. Pilar Iwanaga
* Cancelled if less than 6 people apply	
Fee Members 3,000 yen, General 6,000 yen (Includes text fees	5)
Applications Bring the fee to Komaki International Association (KIA) from	n Aug 3 (Wed) to Aug 20 (Sat).
Inquiries/Application (KIA)Ko (Closed 12:00 to 13:00, Sundays, Monday TEL 0568-76-0905 - EAV0568-71-8396 - E-mail	

TEL.0568-76-0905 FAX0568-71-8396 E-mail: kia@ma.ccnw.ne.jp



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Unable to pay National Pension Premiums? Please consult with us!

If your household has low income, you may apply to have your national health insurance premiums lowered. (This is called an application for exemption.) Persons under 50 years of age can apply with only their income at the Health Insurance and Pension Department.

Applicable for the period from 2 years and one month before the day of application

Persons that have applied for exemptions or deferrals in the past that were approved must apply for renewal each year after July.

The laws of Japan specify that foreign nationals living in Japan (aged 20 to 59) must enroll in national pension and pay the premiums. There are three kinds of national pension.

	Basic pension for the elderly	People that have paid national pension premiums for at least 25 years (or had approved exemptions) can apply to receive benefits from 65 years old.			
	Basic disability pension	During enrollment in national pension, persons determined to have a level 1 or 2 disability due to sickness or injury can receive benefits upon approval of their application.			
	Basic survivor pension	Survivors of persons that die during enrollment in national pension can receive benefits upon approval of their application.			
*Lump sum withdrawalForeign nationals that have paid 6 months or more worth of national pension premiums may apply for a lump sum withdrawal within two years of leaving Japan. Please come to city hall to receive the application form before leaving Japan.					

Inquiries Health Insurance & Pension Division TEL.0568-76-1124

School expense subsidies

Komaki City has subsidies to lessen the burden for families unable to pay for teaching materials and school lunches when they go to school. Please contact the school your child attends or the Komaki School Education Section for details.

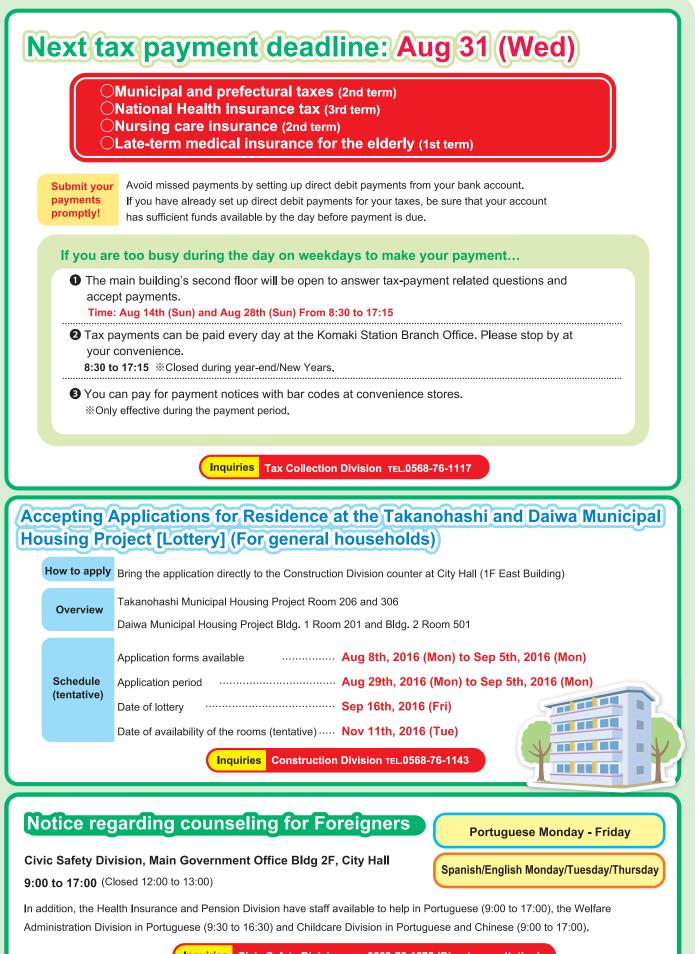
Inquiries School Education Section TEL.0568-76-1165



Portamento Komaki will perform passionate piano plays. Be swept away by th the sound.



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Inquiries Civic Safety Division TEL.0568-76-1675 (Direct consultation)

Medical checkup information

***** Mother/child Health Examination Calendar

*Make sure to bring your Maternal and Child Health Handbook.

	Child Health Handbook.			
Course content	Date/time	Venue	Hours	Eligibility/Description/Application/etc.
Uselth constructions for	Aug 23 (Tue)	Health Center	13:05 to 13:55	Born Apr 1 to 5, 2016
Health examinations for 4-month-old infants, dental	Aug 30 (Tue)			Born Apr 6 to 13, 2016
examinations for mothers	Sep 6 (Tue)			Born Apr 14 to 21, 2016
	Sep 13 (Tue)			Born Apr 22 to 30, 2016
Health examinations	Aug 5 (Fri)	Health Center	13:05 to 14:15	Born Feb 1 to 8, 2015
for 18-month-old infants	Aug 19 (Fri)			Born Feb 9 to 18, 2015
	Aug 26 (Fri)			Born Feb 19 to 28, 2015
Dental examinations for	Aug 4 (Thu)	Health Center	9:00 to 10:10	Born May 1 to 15, 2014
hildren aged 2 years, 3 months	Aug 25 (Thu)			Born May 16 to 31, 2014
Health examinations	Aug 3 (Wed)	Health Center	13:05 to 14:15	Born Aug 1 to 8, 2013
for 3-year-old children	Aug 17 (Wed)			Born Aug 9 to 17, 2013
	Aug 24 (Wed)			Born Aug 18 to 31, 2013
	Aug 1 (Mon)	Health Center	13:45 to 14:30	From 5 months old to under 1 year old
BCG Vaccination	Aug 10 (Wed)			(Standardized vaccination period is from 5 months old to
	Aug 25 (Thu)			under 8 months old)

%You will be sent a letter in advance if it applies to you. Please check the reception time details on the letter.

%Please receive your checkup. If you are unable to attend for some reason, please contact the Health Center.

Baby food class (Initial Gokkun (swallowing) class)	Aug 10 (Wed)	Health Center	10:00 to 11:00	27 guardians of children 4 months or older (babies can participate too) Fee: 0 yen Application: Health Center Reservation required	
Baby food class (Later kami-kami (biting) class)	Aug 26 (Fri)	Health Center	10:00 to 11:00	21 sets of parents and children 9 months old Fee: 0 yen Application: Health Center Reservation required	
	Sep 11 (Sun)	Health Center	10:00 to 12:00	30 Komaki resident pregnant women and their husbands (woman can also participate alone)	
Class for new moms and dads	 Description: Information about life with a baby, the role of the father, nutrition during pregnancy, dental health, practice holding babies and pregnancy experience What to bring: Parent-child (maternal and child) health handbook Application: Health Center 				
	Aug 2 (Tue)	 Health Center 	10:00 to 12:00	Fee: 0 yen Reservation required	
	Aug 9 (Tue)				
Nursing counseling	Aug 23 (Tue)				
	Aug 29 (Mon)		13:00 to 16:00		
	Aug 30 (Tue)		10:00 to 12:00		
Niko niko cavity prevention class	Aug 19 (Fri)	Child-Raising Plaza	10:00 to 11:15	Nursing children (especially about one-year-old)	
	 Content: Consultation regarding worries/concerns about brushing teeth, teeth alignment or raising children, What to bring: Parent-child (maternal and child) health handbook				
Baby visit	About 2 or 3 months after birth, a health contact and veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.)				
Low-weight Infant Notice	Please submit a Low-weight Infant Notice if your child's birth weight is under 2,500g. Send to: Health Center or Health Insurance & Pension Division				
Inquiries Health Center TEL.0568-75-6471					

Edited and Published

Activity Creation, City Promotion Section, Regional Revitalization Division, Komaki City Hall

3-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650 TEL: 0568-76-1173 FAX: 0568-75-8283 http://www.city.komaki.aichi.jp/otherlanguage/english.html

Please see the relevant service counter for more details regarding any of the items contained herein.

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