生活情報誌こまき 英語版 2011年8月号

### **Life Information News** KON K

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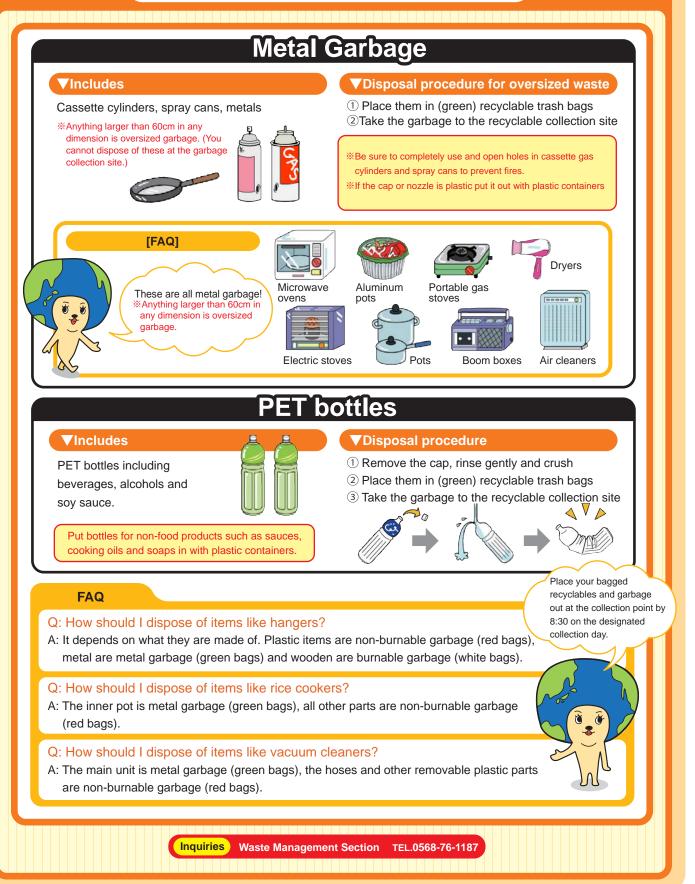
2010 Akiba Festival

Cancer Screening

D/D



### This time is about metals and PET bottles





### Is it permissible to not carry the Residence Card if I carry a passport instead?

Regardless of whether you carry a passport, you must always carry your Residence Card.

Disaster

Prevention

Topics

### Must I always carry my Residence Card?

You must always carry your Residence Card, and must comply with requests to show it made by Immigration Inspectors, Immigration Officers, and Police Officers. Persons under 16 years of age are not required to always carry their Residence Cards with them as an exemption to the obligation to always carry the Residence Card.

\*Please see the websites of the Ministry of Internal Affairs and Communications (http://www.soumu.go.jp/) and the Ministry of Justice (http://www.moj.go.jp/) for more details regarding the legal revision.

## **Protecting Yourself from Heavy** Localized Rains



Municipal Website: Disaster Prevention Information http://www.city.komaki.aichi.jp/contents/ctg20.html

On July 15, 2010, heavy localized rain at the end of the monsoon season caused flooding of a river in Kani, Gifu resulting in the death of one person who's car was swept away, in two persons going missing, and in damage to 28 large trucks that were washed away from a parking lot near the river.

Inquiries Citizens Division TEL.0568-76-1121

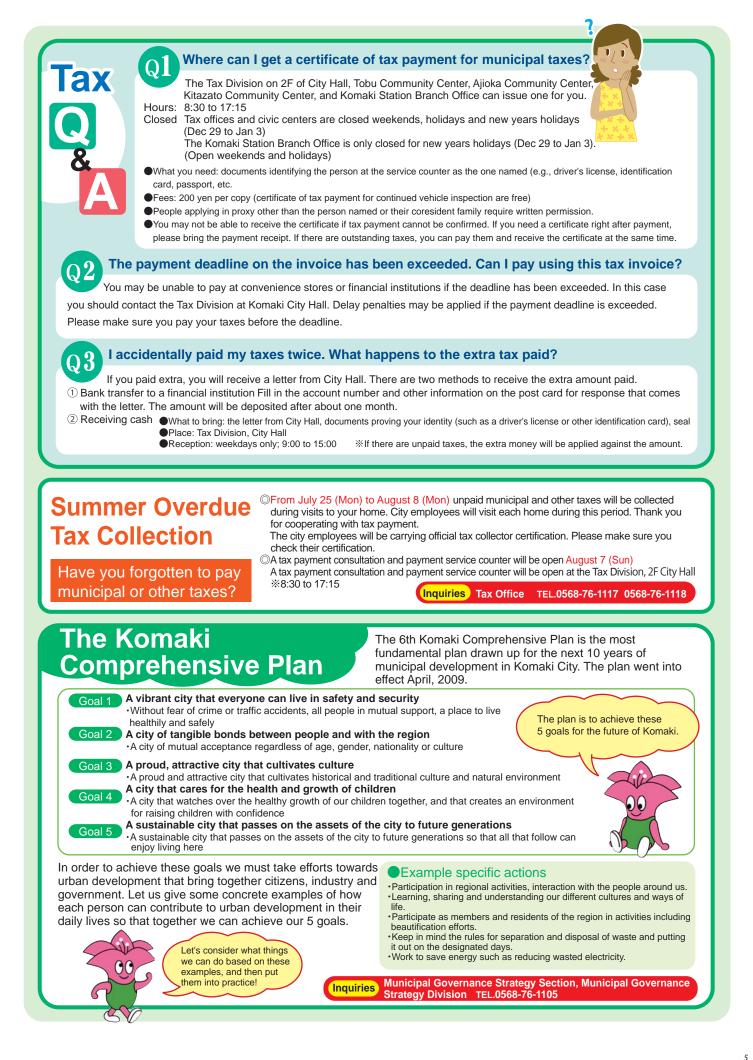
Komaki also took an emergency posture and established a disaster response team. An evacuation order was issued for areas in danger of damage due to landslides and city employees made house calls and contacted residents by phone and other means. The heaviest rainfall at the Fire Department East Branch was 74mm per hour recorded between 5:50 and 6:50pm.

Disaster prevention information provided on the Komaki City website introduces water prevention methods for home and information about wind and water damage and typhoons or concentrated rainfall. The Ministry of Land, Infrastructure, Transport and Tourism also provides information about rainfall, weather warnings and river information, and images and information about landslides are available from Aichi Prefecture. We are also distributing a multilingual disaster prevention pamphlet.

Take enough care with weather information provided by TV and radio and make sure you are ready in the event of a typhoon or heavy rain.

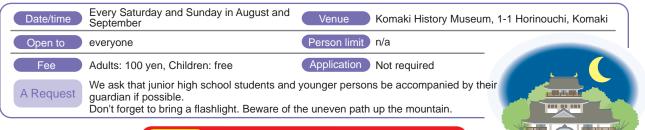


#### Weather warnings and advisories are issued on a per-municipality basis. The Nagoya Meteorological Observatory moved to announcing warnings From May 27 Last year as necessary on a per-municipality basis including Komaki from a per-region basis including East Owari for warnings and advisories regarding heavy rains. You can check the names of municipalities with warnings and advisories in many ways including the website of the observatory, the mobile website of the MLIT Disaster Prevention Information Provision Center and by terrestrial digital broadcasts. Please contact us regarding any inquiries using the information below. How to check for warnings or advisories TV .....Terrestrial digital TV data broadcasts Internet <u>Nagoya Meteorological Observatory Website</u> http://www.jma-net.go.jp/nagoya/ Mobile website ...... Mobile website provided by the MLIT Disaster Prevention Information Center http://www.mlit.go.jp/saigai/bosaijoho/i-index.html Nagoya Meteorological Observatory Disaster Prevention Operations Division TEL.052-751-5124 Komaki Disaster Prevention Division TEL.0568-76-0247 Induiries Komaki Elementary Renovation of Komaki Elementary School will take place for two **School Renovation** years during the 2011 and 2012 school years. During this time the Komaki Elementary can not be gymnasium will not be available for use as an evcuation shelter. Thank you for your understanding. used as an evacuation shelter In place of this facility, high schools, Komaki Civic Center and other facilities near the school have been designated as evacuation Inquiries General Affairs TEL.0568-76-1176 shelters. Are you aware of Using Waterworks with Care emergency alarm devices? It is not true that you may dispose of anything using the Security Lighting sewer system, just because it is there. Most sewer facilities are underground. If they clog, it is very difficult Device to repair. These public facilities are shared assets. Security lighting devices are setup as an Please use them properly and carefully. emergency alarm system connected directly to the police when a button is pressed to alert them in case of an emergency such as an Please do not flush hard papers, paper diapers, cigarettes accident or other event. or other such items in toilets. Installations Do not flush vegetable scraps, leftovers or cooking oil. In front of Nigiwai Square, Melody Park Alarm Device The west side of Meitetsu Komaki Hotel Waterworks Division (Found in the Water Inquiries Management Center) TEL.0568-79-1373 Inquiries Transport and Security Division TEL.0568-76-1137 Next tax payment deadline: Aug 31 (Wed) Municipal and Prefectural Taxes National Health Insurance Tax (2nd term) (3rd term) Nursing Care Insurance Fees Late-Term Medical Insurance for the Elderly(1st term) 2nd term Submit your payments promptly! Smooth functioning of the system requires that everyone make timely payments. Avoid missed payments by setting up direct debit payments from your bank account. f you have already set up direct debit payments for your taxes, be sure that your account has sufficient funds available by the day before payment is due. 1. The City Hall Income Tax Office will be open on the following Sundays to answer tax-related questions and accept payments. Obate/time: Aug 14 (Sun) and Aug 28 (Sun) 8:30 to 17:15 If you are too busy during the 2. Tax payments will be accepted at the Komaki Station branch office every day. Please stop by at your day on weekdays to make your convenience. payment ... $\odot$ Reception hours: 8:30–17:15 $\odot$ The Komaki Station branch office is closed during the New Year holidays. 3. If your payment slip has a barcode, you may pay your taxes at a local convenience store. Convenience store payments can only be made prior to the payment due date. Inquiries Tax Office TEL0568-76-1117 / 0568-76-1118 (Direct)



## Visiting the Komaki Museum at Night

The Komaki History Museum is open until 21:00 on weekends in August and September. *\**Entrance is finished at 20:30 The first 700 junior high school students or younger persons (accompanied by guardians) to come between 19:30 and 20:30 will receive original Warring States bookmarks. (Except during the Otsukimi Festival)



Inquiries Komaki City History Museum TEL.0568-72-0712

## **KIA Japanese Culture Lessons**

\*\*As a rule, you will need to bring your own yukata, obi, two koshihimo, accessories and geta. Please contact the KIA office if you do not have the required items.

Date/time	Aug 27 (Sat) Yukata wearing lessons 15:00 to 17:00 Traditional dance from 19:00
Venue	Chess Room, 4F Komaki Civic Hall Melody Park, Komaki Station East
Open to	KIA members and foreign residents/workers/students of Komaki
Number of participants	50 $\% {\rm In}$ order of application (KIA members have preference)
Fee	Free of charge
Application	Apply directly by phone, fax or email to the Komaki International Association (KIA) office between August 3

Come learn how to wear a yukata and do traditional festival dances.



Make Friends through German

Cuisine!

Inquiries Komaki International Association (KIA) Administration Office, Komaki Civic Hall 4F TEL.0568-76-0905 FAX.0568-71-8396 E-mail kia@ma.ccnw.ne.jp

# KIA international exchange through food

(Wed) and August 19 (Fri).

Date/time August 24 (Wed) 10:00 to 13:00	
Venue Komaki Civic Hall 3F Cooking Rooma	1961
Open to Students of Komaki grade 4 elementary school to grade 3 of junior high school, KIA members, and residents of Komaki	
Number of participants First 24 applicants (foreign and Japanese children, 12 each)	
Participation fees KIA Members: 200 yen, General: 500 yen (you can join KIA here. Annual fee of 500 yen)	
What to bring Apron, Towel	Speaker: Stefanie Sasaki
Application Apply directly to Komaki International Association (KIA) office with the fee, August 2 (Tue) to Au (excluding Sundays, Mondays, Holidays and 12:00 to 13:00).	ug 18 (Thu) 9:00 to 17:00
Inquiries Komaki International Association (KIA) Administration Office, Komaki TEL.0568-76-0905 FAX.0568-71-8396 E-mail kia@ma.ccnw.ne.jp	Civic Hall 4F



## FY2011 Komaki Fertility Treatment Support Program

Komaki city offers financial support for costs related to fertility examinations, fertility treatment (excluding in vitro fertilization and microinsemination). \*\*This program covers second and further pregnancies.

Medical procedures covered	Fertility examination, fertility treatments (except for certain fertility treatments), artificial insemination %Includes expenses not covered by medical insurance that are doctor approved. %Specific fertility treatments are subsidized by the prefecture (in vitro fertilization and microinsemination). For more information, please contact the health center.
Open to	Couples with registered addresses in the city on the application date, without overdue residential taxes (prefectural and municipal tax, fixed asset tax) or National Health Insurance tax.
Subsidy period / amount	Support is limited to 50,000 yen, one time per fiscal year, for expenses not covered by insurance incurred from examinations and treatment approved by a medical practitioner received at a medical facility. Fertility examinations, fertility treatment (excluding specific fertility treatments) and artificial insemination performed during this fiscal year from March 1, 2011 to the last day of February, 2012 are covered.
Application	Apply before March 15, 2012 * Application forms are available until the last day of February.
Other	<ul> <li>% If either one of the couple has received a general fertility treatment cost subsidy from another municipality within Aichi Prefecture in fiscal 2011, the couple will not be able to apply for benefits.</li> <li>% People moving to Komaki can only apply for subsidy against costs incurred after the day they move.</li> <li>% People moving away from Komaki are only covered until the day they move away, so please finish application before moving.</li> </ul>
	Inquiries Health Center (Hoken Center) TEL.0568-75-6471

## Notice regarding counseling for Foreigners

Life Exchange Section (Seikatsukoryu-ka), South Bldg 2F, City Hall

9:00 to 17:00 (excluding 12:00 to 13:00)

### Portuguese: Mon-Fri

Mon/Tues/Thurs Spanish & English

In addition, the Health Insurance & Pension Section and Parenting Support Section have staff available to help in Portuguese (9:00 to 17:00) and the Welfare Section has staff to support in Portuguese (9:30 - 16:30) and Chinese (9:00 - 16:30)

Inquiries Life Exchange Section TEL.0568-76-1173

Medical checkup information 😪 📀 ᡒ Inquiries Health Center (Hoken Center) TEL.0568-75-6471									
Mother/Child Health Examination Calendar ** All years noted on this page use the Japanese Calendar.									
Examination	Schedule	Hours:	Checkups for:						
Health examinations and BCG vaccinations for 4-month-old infants.	Aug 2 (Tue)		Children born in Mar., Heisei 23						
dental examinations for mothers	Aug 9 (Tue), 16 (Tue), 23 (Tue), 30 (Tue)	13:05 - 13:55	Children born in Apr., Heisei 23						
Health examinations for 18-month-old infants	Aug 5 (Fri), 19 (Fri), 26 (Fri)	13:05 - 14:15	Children born in Feb., Heisei 22						
Dental examinations for children aged 2 years, 3 months	Aug 4 (Thu), 25 (Thu)	9:00 - 10:10	Children born in May, Heisei 21						
Health examinations for 3-year-old children	Aug 3 (Wed), 24 (Wed), 31 (Wed)	13:05 - 14:15	Children born in Aug., Heisei 20						
Niko niko cavity prevention class	Aug 24 (Wed) Reservations required	10:00 - 11:00	20 Children that have begun to grow teeth and their parents						
Baby food class, Gokkun (swallowing) level	Aug 3 (Wed) Reservations required	10:00 - 11:00	27 sets of parents 4 months after giving birth						
Baby food class, Kami-kami (biting) level	Aug 26 (Fri) Reservations required	10:00 - 11:00	21 sets of parents 9 months after giving birth						
Class for new moms and dads	Sep 8 (Thu) Reservations required	9:00 - 13:30	25 women 5 to 6 months pregnant and Possible for women their husbands						
	Description: Talk about eating during pregnancy, making food that prevents anemia (cooking and tasting class)     What to bring: Parent-child (maternal and child) health handbook, apron, 1/2 cup of uncooked rice, writing utensils     Application: apply to the Health Center at least one week before the day,								
Constant stars (as now	Sep 4 (Sun) Reservations required	10:00 - 12:00	30 sets of women 6 months pregnant or Possible for women later and their husbands to participate alone						
Sunday class for new moms and dads	<ul> <li>Description: Talk about breastfeeding, giving birth and chi</li> <li>What to bring: Parent-child (maternal and child) health ha</li> </ul>		ather, and experiencing pregnancy, practice holding baby dolls. s						

 Nursing counseling
 Aug 2 (Tue), 30 (Tue)
 9:00 - 12:00
 Aug 8 (Mon), 17 (Wed), 22 (Mon)
 13:00 - 16:00

 Baby visit
 About 2 or 3 months after birth, a health contact and veteran health contact will come visit your home with a few gifts to congratulate you on the birth of your baby. (You will be contacted in advance to set a convenient time.)

%You will be sent a letter in advance if it applies to you. Please check the reception time details on the letter.

### >> Group screening tests for cancer and osteoporosis

Application: apply to the Health Center at least one week before the day

Туре	Schedule	Time	Venue		Eligibility/Description/Application/etc.
Screening test for stomach cancer (Abdominal X-ray)	Nov 8 (Tue)	9:00 - 11:00	Health Center (Hoken Center)	Capacity: 4	Komaki residents over 40 years old 10 people – Fee: 930 yen 1: Health Center
Screening test for colorectal cancer (Testing of the stool for occult blood)	A feces sample container will be collected on the day stomach cancer screening is implemented.		Health Center (Hoken Center)	Registered Komaki residents over 40 years old Fees: 520 yen Application: Health Center	
Screening test for breast cancer (Mammography screening)	Aug 11 (Thu), 15 (Mon) Sep 8 (Thu), 12 (Mon) Oct 19 (Wed), 23 (Sun)	9:00- 15:30	Health Center (Hoken Center)	Registered Komaki residents over 40 years old <sup>(1)</sup> Persons over 40 born in odd years <sup>(2)</sup> Persons born in even years that did not receive an examination in Heisei 22 <sup>(3)</sup> Persons turning 40 years old that were born in Showa 46 <sup>(4)</sup> Application: Health Center Persons that have received a free coupon may apply	
Cervical cancer screening (Cytological screening)	Sep 22 (Thu) Nov 24 (Thu)	14:00 - 15:30	Health Center (Hoken Center)	Registered Komaki residents over 20 years old         ①Persons over 20 born in odd years         ②Persons born in even years that did not receive an examination in Heisei 22         ● Application: Health Center	
Cervical cancer facility screening (Cytological screening)	Consultation period Jun 1 (Wed) to Mar 31 (Sat), Heisei 24 (2012)		Local Ob/Gyn clinic	Registered Komaki residents over 20 years old ( <sup>①</sup> Persons over 20 born in odd years <sup>②</sup> Persons born in even years that did not receive an examination in Heisei 22 Fee: cervical cancer screening 1,250 yen Cervix/body cancer screening: 2,350 yr Application: Health Center (only when determined to be necessary by doct Persons that have received a free coupon may apply directly to a medical facility.	
Osteoporosis screening	Aug 26 (Fri)	10:30 - 15:30	Lapio Komaki <sup>1F near the southwest</sup> entrance		Registered Komaki residents over 30 years old Capacity: 75 people Fee: 830 yen Application: Health Center
	Sep 10 (Sat)	9:30 - 11:30	Nanbu Community Center		
	Oct 30 (Sun)	9.30 - 11.30	Seibu Community Center		
Chest X-ray screening	Sep 10 (Sat)		Nanbu Community Center		Registered Komaki residents over 65 years old
	Sep 21 (Wed) 9:30 - 11:30	Senior Citizens Welfare Center No. 1		Capacity: 100 people     Fee: free     Applications: appointment required	
	Oct 30 (Sun)		Seibu Community Center		If you are interested, come directly to the venue on the da

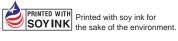
\*From Heisei 19 we have promoted screening once every two years based on even and odd years (using the Japanese calendar). Thank you for your understanding and cooperation.

%Please see the relevant service counter for more details regarding any of the items contained herein.

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http://www.city1.html1.komaki.aichi.jp/contents/90000011.html

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