生活情報誌こまき 英語版 2010年10月号

Life Information News KOMAKI



Contents

- P2 · Komaki Citizens' Festival Information P5 NPO ACENTRI Cultural activities
- P3 · Live Safe Festival
 - KIA Manners Course
 - · Gallery event coming up
- Komaki Castle Event P4 · Clean up after your pets
- · Gift certificates issued for local products
 - Preschool applications (for April)
 - · Kinro Center temporarily closed

- Holiday Emergency Clinics Tax payment deadline
- Police requests
- Subsidy program for school expenses
- · Recipe "Gombo-meshi" P6 Mother and Child Medical Checkup
 - Cancer screening
 - Polio

Foreign residents in Komaki / 8,381 Population of Komaki / 153,743 As of September 1, 2010





3



Gift certificates issued for local products

Details / The Komaki Chamber of Commerce and Industry is selling gift certificates for local products to help promote business at smaller retailers in Komaki city. Support your community by purchasing the quality gifts and services available at participating shops.

On sale / Oct 1, 2010 (Fri)

Purchase locations / Toshun Shinkin Bank, Komaki city Owari Chuo Agricultural Cooperated Association (JA) member shops, the Komaki Chamber of Commerce and Industry, and other locations

Price / Purchase a 11,000 gift certificate for 10,000 yen *Limited to five per person

Validity period / Oct 1, 2010 (Fri) through Feb 15 (Tue). Certificates can be used at participating Komaki shops into 2011.

Komaki Chamber of Commerce and Industry Promotion Division (Shinko-ka) TEL: 0568-72-1111 Inquiries Commerce and Industry Division (Shoko-ka) TEL: 0568-76-1134

Application to public Nursery FY2011

Application forms / Distributed at individual preschools and the Child Welfare Division beginning Oct 1 (Fri)

Eligible children / Children aged at least 57 days who have not yet entered elementary school

Application period / Nov 4 (Thu) and Nov 5 (Fri) 9:00-16:30

Location / Your first choice preschool OBring your Maternal and Child Health Handbook and have your child accompany you to the interview

			,,			
Name of Nursery	Address	TEL	Name of Nursery	Address	TEL	
O Daini Nursery	216, komaki 2-chome	77-0844	Ishiki Nursery	8, Kuboishiki Minami 2-chome	77-8600	
O Daisan Nursery	135, Shinmachi 3-chome	77-0514	* Mitsubuchi Kita Nursery	2130-1, Mitsubuchi	72-9330	
Ø Ajioka Nursery	262, Fumitsu	77-0425	Sakura Nursery	40, Sakurai	73-5536	
O Mitsubuchi Nursery	1622, Mitsubuchi	77-0913	O Yamakita Nursery	98, Yasuda-cho	73-5535	
O Sue Nursery	1, Aza Inabadai, Kamizue	79-2323	O Honjo Nursery	2597-433, Honjo	79-6128	
Shinooka Nursery	30, Shinooka 2-chome	79-8336	© Fujishima Nursery	110-35, Bonten, Fujishima-cho	75-2320	
Oyama Nursery	265, Oji 1-chome	77-1005	Koga Nursery	54, Koga 3-chome	79-2477	
Kitazato Nursery	90, Nakashima 2-chome, Shimoobari	76-3337	Oshiro Nursery	2-1, Shiroyama 3-chome	78-0797	
Iwazaki Nursery	1533-4, Iwazaki	76-2880	★ Muranaka Nursery	1058, Muranaka	42-0053	
Ø Koki Nursery	348, Koki 2-chome	77-8536	*Nev	v class available for babies from 3 mon	ths or older.	
	0	· · Aged on	e year and up ●··3 m	nonths and up ★ · · Aged 57 d	ays and up	
Inquiries Komaki City Hall Child Welfare Division (Kosodate-shien-ka) TEL: 0568-76-1130						

Center temporarily closed

The Kinro Center will be temporarily closed starting Oct 26 (Tue) for a general facilities inspection and other business.



will be held at the Nagoya Congress Center and other locations between mid and late October of this year. Key APEC meetings will also be held at various locations throughout Japan during the year. We will receive many overseas visitors during this time.

★Prevent terrorist activity and other illegal acts!

- · If you notice anything suspicious, please report it to a police officer right away.
- An officer may contact you in the course of looking for suspicious items.
 Your cooperation is appreciated.

★Alleviate road congestion!

• During the international conference, our transportation systems may experience heavy traffic. Please do your best to keep transportation routes open.

Inquiries Traffic Safety Division (Kotsubohan-ka) TEL: 0568-76-1137 Komaki Police Station TEL: 0568-72-0110 In order to ease the financial burden of families in Komaki struggling to pay for their children's educational expenses, we have set up a subsidy program to provide money for school supplies, school lunches, school trips, and other costs. Please contact the School Education Division or your local elementary or junior high school for details.

School Education Division Inquiries (Gakkokyoiku-ka) TEL: 0568-76-1165

5

October Gombo-meshi dishes

Gombo-meishi is a boiled dish of gobo (burdock root), chicken, konnyaku, and other ingredients mixed with rice. In the old days, gombo-meishi was served at local social events and other gatherings.

- Ingredients (serves 4) [Seasoning]
- Gobo (burdock root)·····1 · Sov sauce······1+1/2 tbsp Chicken 200g · Japanese sweet rice wine

Directions

①Cook the rice.

2Cut the gobo into thin shavings and rinse. Cut the konyaku into small pieces and boil. Cut the chicken into small pieces as well. 3 Sautee the chicken, gobo, and konyaku in that order. Add water and bring to a boil. When the mixture has cooked completely, add the seasonings Recipe provided by:

(4)Once the juices have been reduced, remove from heat and mix into freshly cooked rice.

School Lunch Nutrition Group

🗧 💤 Medical Checkup Information 🛸 Mother/child Health Examination Calendar

Make sure to bring your Maternal and Child Health Handbook.

Checkups available	Schedule	Time	Checkups for
Health examinations and BCG vaccinations for 4-month-old infants, dental examinations for mothers	Oct 5 (Tue), 12 (Tue), 19 (Tue), 26 (Tue)	Admissions 13:05–13:55	Children born in Jun 2010
Health examinations for 18-month-old infants	Oct 1 (Fri), 8 (Fri), 15 (Fri)	Admissions 13:05–14:15	Children born in Apr 2009
Dental examinations for children aged 2 years, 3 months	Oct 7 (Thu), 21 (Thu)	Admissions 9:00–10:10	Children born in Jul 2008
Health examinations for 3-year-old children	Oct 6 (Wed), 13 (Wed), 20 (Wed)	Admissions 13:05–14:15	Children born in Oct 2007

*Health examination admission times differ depending on date of birth. Please refer to the health examination schedule that will be sent in the mail.

Group Cancer/Osteoporosis Screening

Examinations		For	November and December 2010	
Screening test for stomach cancer Abdominal X-ray	930yen	Registered Komaki residents aged 40 years and over	Dec 1 (Tue) Dec 13 (Mon)	
Screening test for colorectal cancer Testing of the stool for occult blood	520yen	Registered Komaki residents aged 40 years and over	Screening tests for stomach cancer will also be conducted.	
Screening test for breast cancer Mammography screening	1,200yen	Registered Komaki residents over 40 years born in an even year and those that did or will turn 40 years in 2010. (Examinations will also be given to those born in odd years who did not receive an examination in 2009.)	12/6 (Mon) 12/20 (Mon)	
Screening test for osteoporosis	830yen	Registered Komaki residents aged 30 years and over	●11/13 (Sat)	
Chest X-ray screening test	Free of charge	Registered Komaki residents aged 65 years and over	●11/13 (Sat)	
Chest X-ray screening test	Free of charge	с с ,	• 11/13 (Sat)	

tomach cancer, colorectal cancer, and osteoporosis will e ach be held once in a period of May through March of the following ye *Screening tests for uterine cancer and breast cancer (chest X-rays) can now be done once every two years. (According to the Health, Labour and Welfare Ministry's Vital Cancer Prevention Education and Cancer Screening Test Guidelines.)

will be conducted at Komaki Kominkan. Test dates without a mark will be conducted at the Health Center. *Applications for December screenings will be accepted beginning Oct 20 (Wed).

mmunization

Туре	Schedule	Venues	Time	Vaccine For
Polio -	Oct 7 (Thu)	Ajioka Civic Center		Children from 3 months to
	Oct 14(Thu)	Tobu Civic Center	Admissions	
	Oct 22 (Fri)	Kitazato Civic Center 14:00–15:00		7 1/2 years old
	Oct 28 (Thu)	Civic Hall (Kominkan)		

Inquiries Health Center (Hoken Cenrer) TEL: 0568-75-6471

Edited and Published

Komaki City Hall Department of Civil Industry Life Division

1-1 Horinouchi, Komaki-shi, Aichi-ken 485-8650 TEL: 0568-76-1173 FAX: 0568-72-2340 http://www.city.komaki.aichi.jp/contents/90000011.html

*Please see the relevant service counter for more details regarding any of the items contained herein.

